

1                                   **Integrating and extending ecological river assessment:**  
2                                   **concept and test with two restoration projects.**

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24 **Abstract**

25 While the number of river restoration projects is increasing, studies on their success or failure  
26 relative to expectations are still rare. Only a few decision support methodologies and  
27 integrative methods for evaluating the ecological status of rivers are used in river restoration  
28 projects, thereby limiting informed management decisions in restoration planning as well as  
29 success control. Moreover, studies quantifying river restoration effects are often based on the  
30 assessment of a single organism group, and the effects on terrestrial communities are often  
31 neglected. In addition, potential effects of water quality or hydrological degradation are often  
32 not considered for the evaluation of restoration projects.

33 We used multi-attribute value theory to re-formulate an existing river assessment protocol and  
34 extend it to a more comprehensive, integrated ecological assessment program. We considered  
35 habitat conditions, water quality regarding nutrients, micropollutants and heavy metals, and  
36 five instream and terrestrial organism groups (fish, benthic invertebrates, aquatic vegetation,  
37 ground beetles and riparian vegetation). The physical, chemical and biological states of the  
38 rivers were assessed separately and combined to value the overall ecological state.

39 The assessment procedure was then applied to restored and unrestored sites at two Swiss rivers  
40 to test its feasibility in quantifying the effect of river restoration. Uncertainty in observations  
41 was taken into account and propagated through the assessment framework to evaluate the  
42 significance of differences between the ecological states of restored and unrestored reaches. In  
43 the restored sites, we measured an increase of the width variability of the river, as well as an  
44 increase of the width of the riparian zone and the richness of organism groups. According to  
45 the ecological assessment, the river morphology and the biological states were significantly  
46 better at the restored sites, with the largest differences detected for ground beetles and fish  
47 communities, followed by benthic invertebrates and riparian vegetation. The state of the  
48 aquatic vegetation was slightly lower at the restored sites. According to our assessment, the  
49 presence of invasive plant species counteracted the potential ecological gain. Water quality  
50 could be a causal factor contributing to the absence of larger improvements.

51 Overall, we found significantly better biological and physical states, and integrated ecological  
52 states at the restored sites. Even in the absence of comprehensive before-after data, based on  
53 the similarity of the reaches before restoration and mechanistic biological knowledge, this can  
54 be safely interpreted as a causal consequence of restoration. An integrative perspective across  
55 aquatic and riparian organism groups was important to assess the biological effects, because  
56 organism groups responded differently to restoration. In addition, the potential deteriorating  
57 effect of water quality demonstrates the importance of integrated planning for the reduction of  
58 morphological, water quality and hydrological degradation.

59

60 **Keywords:** aquatic macroinvertebrates, aquatic vegetation, ecological state, fish, ground beetles,  
61 multi-criteria decision analysis, multi-attribute value theory, Thur and Töss Rivers, riparian  
62 vegetation, river restoration, uncertainty.

63

## 64 1. Introduction

65 Freshwater biodiversity is threatened worldwide (Vorosmarty et al., 2010), and scenarios for the  
66 current century predict a continuous loss of biodiversity if human activities remain unchanged (Sala et  
67 al., 2000). To stop biodiversity loss in freshwater environments and to improve the ecological state of  
68 rivers, an increasing number of river restoration projects are undertaken (Bernhardt et al., 2005).  
69 However, the ecological effects of restoration are rarely assessed and only few of such assessments  
70 show an improvement (Palmer et al., 2010).

71 Studies quantifying the ecological state of rivers to assess the effect of river restoration often rely on  
72 one or just a few assessed organism groups, while studies using a comprehensive set of indicators are  
73 rare (despite the existence of such assessment protocols, see e.g. Hering *et al.* 2006; Woolsey *et al.*  
74 2007), and terrestrial communities are often neglected. For this study, we selected five organism  
75 groups (fish, aquatic benthic invertebrates, aquatic vegetation, ground beetles, and riparian vegetation)  
76 to evaluate the ecological state of the rivers and to quantify the effect of restoration on aquatic and  
77 terrestrial communities. These organism groups reflect an important part of the biota living along and

78 within rivers, and they are supposed to react to physical modifications in rivers induced by restoration  
79 measures (e.g. Jähnig et al., 2010; Januschke et al., 2011; Lorenz et al., 2012).

80 Integrative decision support methodologies for river management and for evaluating river restoration  
81 projects have been suggested (Beechie et al., 2008; Convertino et al., 2013; Corsair et al., 2009;  
82 Reichert et al., 2007; Reichert et al., 2015), but are rarely applied in practice due to limited financial  
83 resources for monitoring. They rely on assessment protocols to evaluate the ecological state of rivers,  
84 which were not primarily designed for restoration (Bundi et al., 2000; Hering et al., 2004). Such  
85 protocols have the advantage that they can be applied to any kind of river management and support  
86 integrative river management by raising the awareness for other potential deficits than morphological  
87 ones, even when applied to restoration. On the other hand, modifications to such protocols may be  
88 needed to make them more sensitive to changes induced by restoration (Hering et al., 2006; Woolsey  
89 et al., 2007). Furthermore, uncertainty about observed or expected effects should be considered to  
90 evaluate the significance of changes.

91 To address these issues, we developed an integrative assessment framework based on value functions  
92 that transform environmental attributes measured in the field to degrees of fulfillment of a  
93 comprehensive, hierarchical set of ecological objectives. This framework provides a unified approach  
94 to all assessment areas, allowing us to quantify the overall ecological state of a river reach while still  
95 resolving assessments at lower hierarchical levels. The lower levels may be important for the analysis  
96 of causes of a bad state and for the design of measures for its improvement.

97 This study applies the approach developed for river morphology (Langhans et al 2013) to a much more  
98 comprehensive set of assessment areas. With this approach we explicitly account for uncertainty about  
99 measured or predicted attributes of the river ecosystem by propagating this uncertainty to the  
100 calculated values. The framework is based on multi-attribute value theory, an important methodology  
101 for multi-criteria decision support (Dyer and Sarin, 1979; Eisenführ et al., 2010) that is increasingly  
102 used for environmental management (Reichert et al., 2015). Advantages of using this theory are that  
103 (i) it is based on axioms of "rational choice" which helps justifying decisions; (ii) it focuses explicitly  
104 on the objectives that should be achieved by a management decision (value focused instead of  
105 alternative focused thinking, Keeney 1992); (iii) it is flexible regarding the mathematical formulation

106 of preferences; (iv) it makes it possible to propagate uncertainty and to take risk attitudes into account  
107 (by extending value to utility functions, Dyer and Sarin, 1982); and (v) it naturally allows us to  
108 combine different assessment areas. In this unified framework, we combined physical, chemical and  
109 biological assessments to evaluate the overall ecological state of a river reach.

110 We addressed three goals in our study: 1) to construct a comprehensive ecological assessment  
111 procedure that considers the aquatic and the terrestrial parts of the river ecosystem based on physical,  
112 chemical and biological criteria, 2) to provide and apply a framework that considers uncertainty and  
113 can easily be integrated into decision support methodologies for river management, and 3) to test the  
114 suitability of the suggested approach for quantifying restoration effects on habitat diversity and on  
115 aquatic and terrestrial communities for two case studies in Switzerland.

116 According to ecological theory, habitat diversity promotes species diversity (Jähnig et al., 2009;  
117 Palmer et al., 2005; Palmer et al., 2010). Thus, in the absence of other limiting factors, such as poor  
118 water quality and severe limitations to recolonization processes, we therefore expect that increasing  
119 instream habitat diversity by restoration promotes aquatic biodiversity (i.e. fish, benthic invertebrates,  
120 aquatic vegetation) (Lepori et al., 2005; Palmer et al., 2010). We also expect that enhanced flooding  
121 and morphological dynamics in the river floodplain by restoration increases the heterogeneity of the  
122 floodplain habitats and promotes terrestrial biodiversity (i.e. ground beetles, riparian vegetation)  
123 (Jähnig et al., 2009). In Europe, natural river corridors and floodplains are rare and threatened due to  
124 human alterations (Tockner and Stanford, 2002). Therefore, we expect that restoring alluvial habitats  
125 is favourable for threatened species living within and along rivers. However, dispersal limitations may  
126 be more severe for these species, preventing an increase in their presence at restored habitats. On the  
127 other hand, the creation of empty niches during the restoration process may lead to an increase in the  
128 presence of good colonizers, including alien species (Strayer, 2010). For these reasons, we included  
129 information about threatened and alien species in our integrative assessment procedure.

130

131        **2. Material and methods**

132    2.1. *Study reaches and field study design*

133    We studied the restored and unrestored reaches of two Swiss rivers (the Thur and Töss Rivers) to test  
134    the suitability of the assessment methodology described below for quantifying and valuing the effects  
135    of restoration. Both were highly channelized in the middle of the 19<sup>th</sup> century to increase flood  
136    security and to gain agricultural land. The natural river floodplain was disconnected and the rivers  
137    were reduced to straight channels. The restoration aimed at improving the hydromorphological  
138    conditions, first by lowering the floodplain by removing a layer of fine sediment, and second by  
139    removing the embankments to provide more space for the rivers (Pasquale et al., 2011; Schirmer et al.,  
140    2014). In both cases new gravel bars built-up (expected to be favorable to riparian vegetation and  
141    ground beetles) and the river shifted from a straight channel towards a more naturally braided river (in  
142    the Töss river, a short artificial structure was built at the upstream end of the widening to support  
143    braiding) with development of potential secondary channels absent before restoration (expected to  
144    be favorable to macroinvertebrates, fish and aquatic vegetation). Within each river, we studied a  
145    degraded and a restored reach. The restored reach at the Thur River is 1.5 km long and was restored in  
146    2002. The restored reach at the Töss river is much shorter with 0.2 km length and was restored in 1999  
147    (see Fig. A1 in the supplementary material). In both cases, the degraded reach was representative of  
148    the river in the restored reach before restoration and located upstream (Fig. A1). The restored and  
149    degraded reaches were situated close to each other, with a distance of 650 m and 350 m for the Thur  
150    and Töss Rivers, respectively. In both rivers, no tributaries or differences in the chemical state  
151    occurred between the degraded and restored reaches. With this design, following standards developed  
152    for the European REFORM project (Poppe et al., 2012), the major factor expected to lead to  
153    differences between the biological communities of the reaches should be the morphological changes  
154    induced by restoration measures. For this study, we used data from the REFORM project (Hering et  
155    al., 2015; Poppe et al., 2012) from the regional authorities (AWEL, 2012) and from our own field  
156    campaigns. For the two rivers studied, we combined datasets for habitat conditions, water quality  
157    regarding nutrients, micropollutants and heavy metals in the sediment, as well as data on aquatic and  
158    terrestrial communities, leading to a data set with a comprehensive set of indicators.

159 *2.2. Instream and floodplain habitat conditions*

160 We evaluated habitat diversity and the effects of restoration by means of a principal component  
161 analysis (PCA) (Vaughan and Ormerod, 2005) using the R-package "ade4". Six variables were  
162 calculated to describe habitat types and conditions within the rivers and the floodplains (e.g. Lorenz et  
163 al., 2012). The data necessary to calculate the variables were measured in 2012 along ten transects  
164 distributed uniformly along the length of the reaches following procedures developed for the  
165 REFORM project (Pope et al., 2012). The variables include the diversity of aquatic habitats within  
166 the channel (i.e. Simpson index), the variation of velocity conditions (i.e. ratio of the standard  
167 deviation to the mean), the variation of water depth, and the floodplain conditions: the bankfull width,  
168 diversity of meso-habitats, and the diversity of habitat composition. The habitat data were visualized  
169 along the two first axes of a centered PCA, and the diversity between the data from the different  
170 transects was quantified at all sites (i.e. beta diversity). Beta diversity was quantified as the distances  
171 of the data from the different transects to the centroid of each site. The significance of beta diversity  
172 differences between sites was tested by means of the Wilcoxon rank sum test using the R-package  
173 "stats".

174 *2.3. Biological sampling*

175 Five organism groups representative of instream and floodplain communities were sampled in each  
176 study reach in accordance with European standards, and following the methods described in Pope *et*  
177 *al.* (2012). Below we give a short summary of the methods used within each reach studied and the  
178 expected responses to restoration:

179 1. Ground beetles were sampled in July 2012 with pitfall traps along vegetated areas, and by hand on  
180 open gravel bars. Ground beetles are good indicators for river restoration, and are expected to increase  
181 in richness with the recreation of gravel bars after widening the river (Jähnig et al., 2009; Januschke et  
182 al., 2011).

183 2. Riparian vegetation was sampled in July 2012 within 36 plots distributed along three out of the ten  
184 transects used for habitat description. Riparian vegetation is expected to increase in richness after the  
185 restoration of riparian habitats (Jähnig et al., 2009; Januschke et al., 2011).

186 3. Aquatic invertebrates were sampled in July 2012 within 25 quadrats according to a multi-habitat  
187 sampling approach (Poppe et al., 2012). In the absence of other limiting factors (e.g. lack of  
188 colonization sources, poor water quality), widening the river is expected to increase habitat diversity  
189 and in turn the benthic invertebrate richness (Jähnig et al., 2010).

190 4. Fish were monitored in September 2014 in accordance with a multi-habitat sampling approach by  
191 electrofishing. Fish are sensitive to habitat alterations and restoration increasing instream habitat  
192 diversity is expected to lead to higher fish richness in restored reaches (e.g. Pont et al., 2006; Schmutz  
193 et al., 2014).

194 5. Aquatic vegetation (i.e. macrophytes) was sampled in July 2012 by wading along the river banks,  
195 and by moving from one bank to the other along the river. Macrophytes are expected to increase in  
196 richness after the widening and the creation of more lentic zones (Lorenz et al., 2012).

#### 197 *2.4. Statistical analyses of differences in organism groups*

198 Richness within restored and degraded reaches was calculated for the five organism groups described  
199 above. The aquatic invertebrate community was divided into groups of EPT (Ephemeroptera,  
200 Plecoptera, Trichoptera) and COH (Coleoptera, Odonata, Heteroptera) species to highlight the effect  
201 of restoration on the main species groups inhabiting rivers and requiring different habitat conditions as  
202 explained in Gallardo et al. (2014). Aquatic vegetation was divided into bryophytes and hydrophytes.  
203 Threatened species were identified as such according to well documented national red lists to account  
204 for conservation goals (see Appendix A1). Alien species were identified as such according to a list of  
205 alien species established for Europe and Switzerland (DAISIE, 2009; Wittenberg et al., 2005). To  
206 estimate the effect of restoration on richness, a Wilcoxon signed rank test was applied between  
207 degraded and restored reaches.

#### 208 *2.5. Formulation of assessment protocols as value functions*

209 To assess the ecological state of the river reach, in particular to identify differences between restored  
210 and unrestored sites, we translated existing assessment procedures for morphological, chemical and  
211 biological conditions (i.e. fish and macroinvertebrates) for Swiss rivers (Bundi et al., 2000) into so-



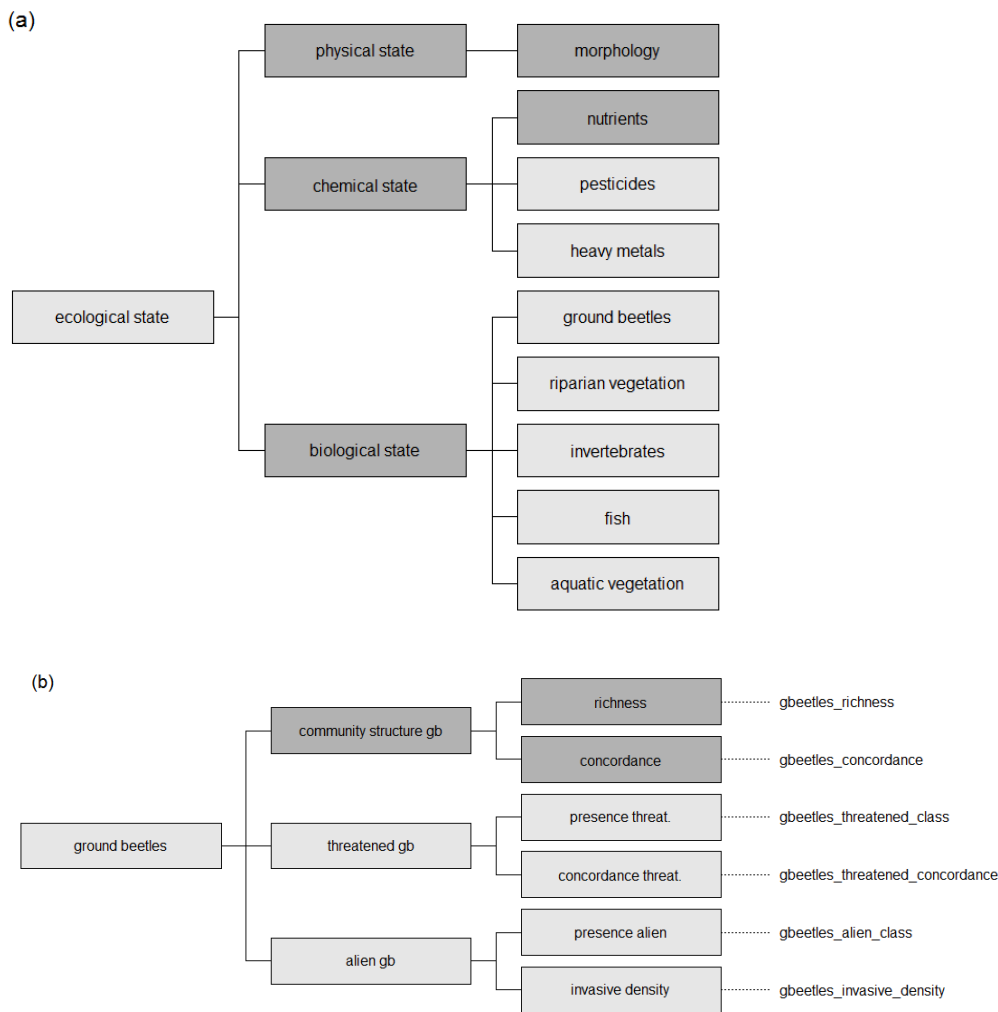
212 called value functions (Langhans et al., 2013) using the R-packages "utility" (Reichert et al., 2013) and  
213 "ecoval" (Schuwirth and Reichert, 2014). These assessment protocols were developed to evaluate the  
214 state of the rivers at the scale of a river reach and not for the entire river, with the length of the studied  
215 river reach adjusted to the width of the river. With this method, the objective of reaching a good  
216 ecological state of a river reach is broken down into a hierarchy of sub-objectives, each covering a  
217 relevant aspect of the corresponding higher level objective (Reichert et al., 2015). The degrees of  
218 fulfillment of the lowest level objectives are then formulated as so-called value functions of  
219 observable attributes of the river. In general, a value function quantifies the degree of fulfillment of an  
220 objective measured by the attribute(s) on a scale between 0 (worst fulfillment of the objective) to 1  
221 (best fulfillment of the objective). When defining these value functions, the choice of attribute ranges  
222 is crucial. For the purpose of river assessment, these ranges should span the range from worst case  
223 river reaches to near natural river reaches (reference conditions). In this case, a value of 0 always  
224 corresponds to the worst-case (= no fulfillment of the objective) and a value of 1 corresponds to near  
225 natural state (= complete fulfillment of the objective). We can then derive five color coded quality  
226 classes analogous to the European Union Water Framework Directive (European Union, 2000): ([0-  
227 0.2[ bad, [0.2-0.4[ poor, [0.4-0.6[ moderate, [0.6-0.8[ good, and [0.8-1.0] high) (examples given in  
228 Fig. A3). At higher hierarchical levels, the values from the lower level are aggregated to the value at  
229 the higher level using aggregation functions as described by Langhans et al. (2014). For this study, we  
230 selected an additive-minimum aggregation technique for the higher level aggregation of the different  
231 assessment areas to emphasize the complementarity of these aspects of a good ecological state  
232 (Langhans et al., 2014). Finally, we get the degrees of fulfillment of objectives at all levels of the  
233 objectives hierarchy on the same scale between 0 and 1.

234 At the highest hierarchical level, the objective of reaching a good ecological state is broken down into  
235 the sub-objectives of a good physical, chemical and biological state (Fig. 1a), which are all important  
236 aspects of a good ecological state, similar to Reichert et al. (2015). While the physical and biological  
237 sub-objectives are expected to respond to river restoration, the chemical state is used to evaluate  
238 potential limiting effects on biodiversity even if the physical state is improved by restoration. The  
239 physical state refers to the morphology of the river and is characterized by the variability of the river

240 bed, degradation of the river bed and banks, and the width and vegetation of the riparian zone (Hütte  
241 and Niederhausser, 1998; Langhans et al., 2013). These indicators cover the full range of habitats that  
242 exist along rivers, and which influence biological communities. To assess water quality, we applied an  
243 existing assessment procedure for nutrients (Liechti et al., 2004) and extensions established for Swiss  
244 rivers for pesticides and heavy metals (AWEL, 2006) to measurements between 2010 and 2011. For  
245 nutrients (ammonia, nitrite, nitrate, phosphate, total phosphorus and dissolved organic carbon) the 90<sup>th</sup>  
246 percentile of 12 monthly grab samples is compared to ecological quality standards that were defined to  
247 prevent a negative impact on aquatic organisms. For pesticides, the concentrations of 12 herbicides  
248 and insecticides from eight monthly grab samples per year were grouped according to their mode of  
249 action and then evaluated depending on the number and timing of exceedances of ecological quality  
250 standards. For heavy metals (Cu, Zn, Pb, Cd, Hg, Ni, Cr), sediment concentrations in the fraction  
251 <0.063mm were compared to ecological quality standards.

252 For the biological state, we used existing assessment procedures developed for aquatic  
253 macroinvertebrates and fish (Schager and Peter, 2004; Stucki, 2010), and developed new value  
254 functions for ground beetles, riparian vegetation and aquatic vegetation. The objectives hierarchies for  
255 riparian and aquatic vegetation follow the same scheme shown in Fig. 1b for ground beetles.

256



257

258

259 **Fig. 1.** Objectives hierarchy. (a) Topmost levels of the objectives hierarchy including a good physical  
 260 state of the river, a good chemical state of the river water, and a good biological state in terms of five  
 261 organism groups: 1) ground beetles, 2) riparian vegetation, 3) aquatic macroinvertebrates, 4) fish, and  
 262 5) aquatic vegetation. (b) Suggested objectives hierarchy for ground beetles. Objective hierarchies for  
 263 floodplain vegetation and aquatic vegetation were structured analogously. The objectives hierarchy  
 264 combined information about community structure, presence of threatened species, and presence of  
 265 alien species. Mandatory endpoints are highlighted in dark grey. Attributes are given on the right side  
 266 of the lowest-level sub-objectives (see Appendix A1 for details about the calculation of attributes).

267 A good state regarding ground beetles considers the sub-objectives of a near natural community  
268 structure, the presence of threatened species, and the absence of alien species. For community  
269 structure, we quantify the concordance of observed taxa with expected taxa under natural conditions  
270 and assess the richness of the community. The attribute range is between 0 and 1 (0: not appropriate to  
271 reference conditions, 1: matching reference conditions), similar to the Ecological Quality Ratios  
272 developed for the European Union Water Framework Directive (WFD, annex V, Section 1.4.1.ii). To  
273 estimate the list and number of species expected to be present in the reach under natural conditions  
274 and in the absence of predictive models, we developed a framework relating habitat types with species  
275 (see Appendix A1, Fig. A2). According to our framework and literature about species present in  
276 Switzerland, we derived the list of species and the corresponding number of expected species for our  
277 reaches (Appendix A1, Tables A1-4). The list of expected species should be as closely representative  
278 of the communities present in similar reaches under near natural conditions as possible. The same list  
279 of species expected to inhabit near natural river habitats was used to measure deviation to observed  
280 species in restored and unrestored reaches. Inaccuracy in our estimate of expected taxa was considered  
281 as a source of uncertainty for the assessment procedure (see next paragraph 2.6). For threatened  
282 species, we assess their presence and concordance with expected species. For alien species, we  
283 distinguish the presence of non-invasive and invasive species. To account for the complementarity of  
284 the sub-objectives at the lowest hierarchical level, we used the minimum-additive aggregation  
285 technique (Langhans et al., 2014) (see Appendix A1 and Fig. A3 for details). As mentioned in the  
286 introduction, due to dispersal limitations of threatened species, we cannot value their absence as a  
287 restoration failure. Similarly, the absence of alien species is not a particular success of restoration  
288 unless their elimination is specifically the target of the restoration project. To account for these  
289 concerns, we designed a specific technique for aggregating community structure with threatened and  
290 alien species. The presence of threatened species leads to a bonus and the presence of alien species  
291 leads to a malus, whereas the absence of threatened or alien species does not influence the basic  
292 assessment (see Appendix A1). For this purpose, we applied an additive aggregation (weighted  
293 averaging with half the weight for the “bonus” and “malus” objectives compared to the main  
294 objective), but only considering the “bonus” objective if it is larger than the main objective and the

295 “malus” objective if it is smaller than the main objective. Therefore, an increase of the number of alien  
296 species after restoration will reduce the fulfillment of the objective for the organism group and an  
297 increase of the number of threatened species will increase the fulfillment.

## 298 2.6. *Quantification and propagation of uncertainty*

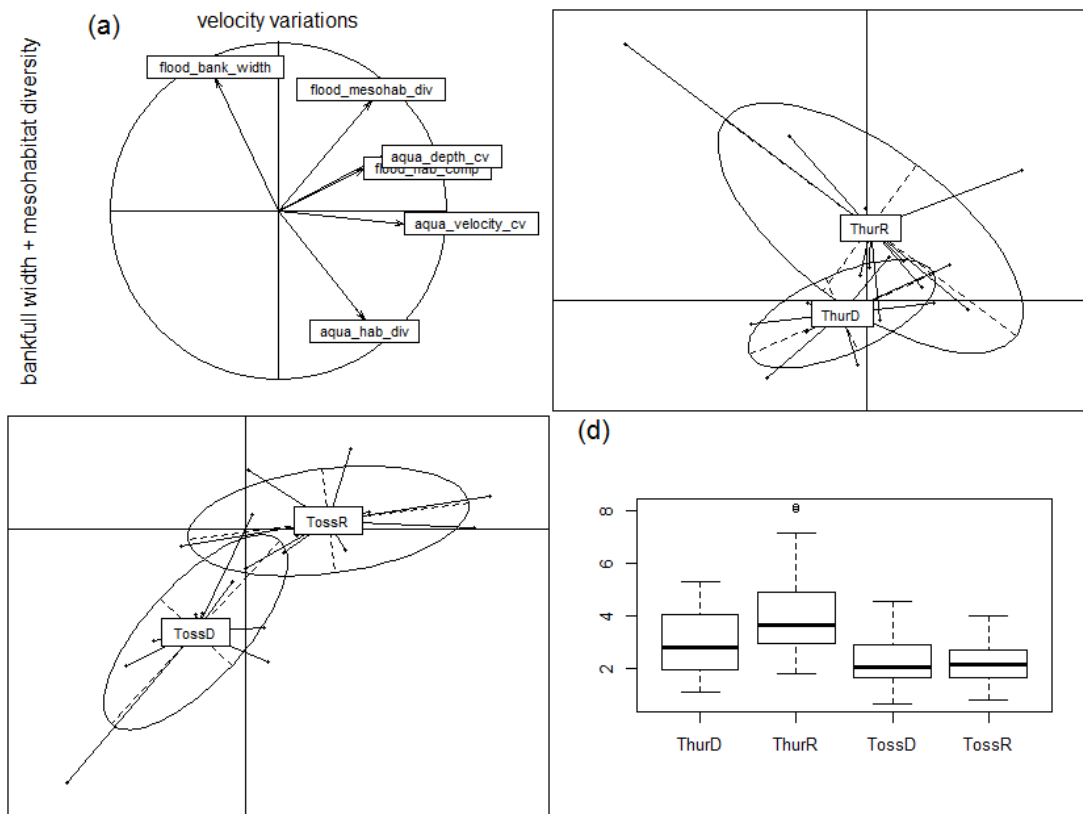
299 Monitoring, taxa identification, and data analysis are all uncertain to different degrees (Hering et al.,  
300 2010). In our framework, we estimated uncertainty for physical-chemical and biological attributes  
301 separately. Uncertainty about attribute values was considered by formulating the uncertain knowledge  
302 as probability distributions based on expert judgment and literature, due to limited data to provide a  
303 data-based measure of uncertainty (e.g. Clarke and Hering, 2006; Lindegarth et al., 2013). For  
304 attributes that can only take positive values, we formulated this knowledge in the form of lognormal  
305 distributions. Probability distributions were truncated when attributes were known to be limited within  
306 a range of values. Standard deviations (coefficients of variation) were estimated according to current  
307 knowledge about uncertainty in monitoring of hydromorphological conditions, water quality and  
308 biological indicators (e.g. Clarke and Hering, 2006; Rode and Suhr, 2007). This lead to a relative  
309 standard deviation of 5% for attributes related to physical measurements, 15% for attributes of the  
310 biological samples (due to imprecision of samplings in the field, difficulties in taxa identification and  
311 inaccuracies in our estimate of expected taxa), and 20% for attributes related to chemical  
312 measurements (high variability, due to expected temporal variability and much less due to  
313 measurement imprecision). While uncertainty in the sampling techniques can vary between organism  
314 groups, a relatively conservative estimate of 15% was chosen for all cases in the absence of more  
315 precise information. The joint probability distribution of all parameters was constructed by assuming  
316 independence of the distributions for different attributes, and was propagated through the assessment  
317 procedure by Monte Carlo simulation. The resulting valuations were visualized as medians and 90%  
318 credibility ranges (Reichert et al., 2013). Since these distributions were based on expert opinion that is  
319 uncertain itself, we tested whether differences in the assessment between restored and degraded  
320 reaches were still significant when doubling the standard deviation of the attributes. Uncertainty was  
321 propagated in the framework with the use of the R package “utility” (Reichert et al., 2013).

322

### 323 3. Results

#### 324 3.1 *Important differences in habitat conditions and communities*

325 Habitat conditions of restored reaches significantly differed from degraded reaches in both rivers (Fig.  
326 2a-c), along the first axis of the PCA for the Töss River (Wilcoxon signed-rank test  $P < 0.004$ ), and  
327 along the second axis for both rivers (Wilcoxon signed-rank test Thur  $P = 0.02$ ; Töss  $P < 0.001$ ).  
328 Aquatic habitat conditions mostly changed along the first axis of the PCA, and terrestrial conditions  
329 along the second axis (Fig. 2a). We observed an increase of velocity and depth conditions in the  
330 restored reach of the Töss (Fig. 2a, c), and an increase of the bankfull width and the diversity of meso-  
331 habitats within the terrestrial part of both river floodplains. Beta diversity of habitat conditions was  
332 significantly higher in the restored reach of the Thur River than in the degraded reach (Wilcoxon  
333 signed-rank test  $P = 0.001$ ; Fig. 2d).



334

335 **Fig. 2.** Habitat differences between restored and degraded reaches in Thur and Töss Rivers measured  
 336 with a principal component analysis. (a) Correlation circle of 6 variables, with names of driving  
 337 variables highlighted along the axes: variability in velocity (coded: aqua\_velocity\_cv) along the first  
 338 axis, and the bankfull width + mesohabitat diversity (coded: flood\_bank\_width and  
 339 flood\_mesohab\_div) along the second axis. (b) Differences within Thur River (ThurD: Thur degraded,  
 340 ThurR: Thur restored). (c) Differences within Töss River (TossD: Töss degraded, TossR: Töss  
 341 restored). (d) Measure of beta diversity of habitat conditions within each reach. Boxes represent the  
 342 interquartile range (Q75-Q25) around the median. Upper whisker represents  $(Q75+1.5*(Q75-Q25))$  of  
 343 the data, and the lower  $(Q25-1.5*(Q75-Q25))$ . Empty circles represent outliers

344 All organism groups showed a higher richness in restored reaches compared to the degraded reaches  
 345 (Table 1), except for the aquatic vegetation in the Töss River, which decreased by three taxa of  
 346 Bryophytes, and the fish in the Töss River, which did not show a difference. Overall differences were  
 347 significant for the Thur River, and not for the Töss River (Wilcoxon signed-rank test Thur  $P = 0.03$ ,  
 348 Töss  $P = 0.3$ ). The largest difference in richness was observed for ground beetles in both rivers (10  
 349 taxa in the Thur and 7 in the Töss), followed by riparian vegetation and aquatic macroinvertebrates in  
 350 the Thur River (9 and 8 taxa, respectively; Table 1). For aquatic macroinvertebrates in the main river  
 351 channel of the Thur, a difference of composition of 16 taxa occurred between the degraded and the  
 352 restored reach, including 6 EPT taxa (Table A5). For the Töss River, this difference of composition  
 353 was smaller (i.e. 4 taxa, Table A5). Differences in COH (Coleoptera, Odonata and Heteroptera) were  
 354 smaller than those of EPT (Table A5).

355

356 **Table 1.** Number of taxa per organism group measured within Töss and Thur Rivers. The number of  
 357 taxa is given within degraded and restored reaches, and between reaches (i.e. difference: restored -  
 358 degraded). \* The number of taxa for the aquatic vegetation is divided into hydrophytes and bryophytes

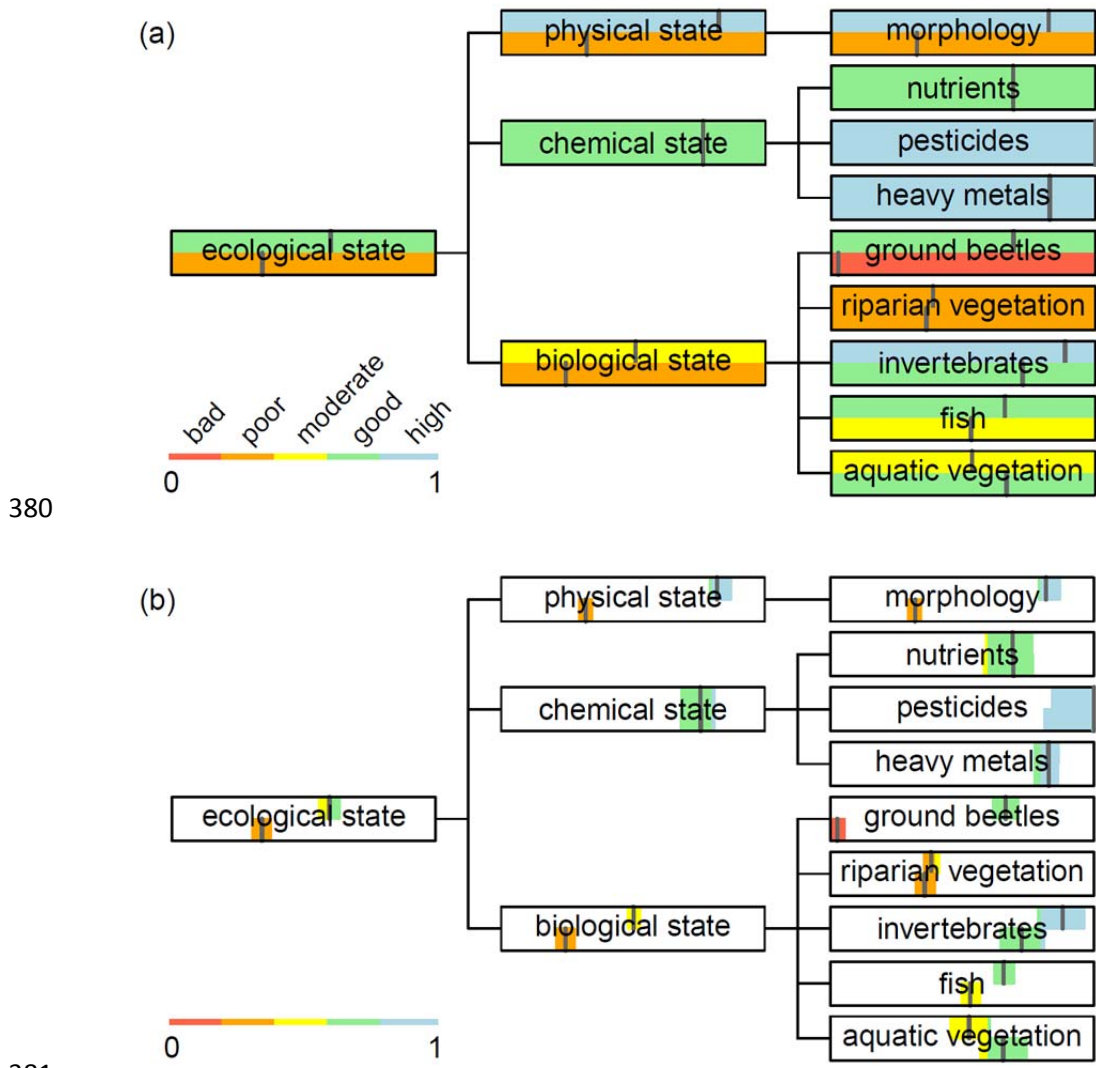
Organism group	Töss			Thur		
	degraded	restored	difference	degraded	restored	difference
Ground beetles	2	9	7	3	13	10
Riparian vegetation	36	39	3	20	29	9
Aquatic macroinvertebrates	47	48	1	39	47	8
Fish	4	4	0	7	10	3
Hydrophytes*	0	1	1	1	5	4
Bryophytes*	4	1	-3	2	4	2

359



360 3.2. Reflection on differences in assessment results

361 Morphology had a higher value for the restored reaches compared to the degraded ones. Moderate and  
362 poor morphological conditions were assessed for the degraded reaches of the Thur and the Töss  
363 respectively, and high conditions for the restored reaches of both rivers (Figs. 3a and 4a, or 3b and 4b  
364 with visualization of uncertainty). In both rivers, the width variability of the river bed and the width of  
365 the riparian zone were larger at the restored reaches (Figs. A4-5). Along the restored reaches, the bank  
366 structure also showed a higher value following the removal of the embankments compared to the  
367 degraded reaches (Figs. A4-5). The biological state had a higher value for the restored reaches  
368 compared to the degraded ones (Figs. 3-4), due to higher values for all organism groups, with the  
369 exception of the aquatic vegetation (-0.13 in the Töss and -0.02 in the Thur, Table 2). The largest  
370 difference in value was reached for ground beetles in both rivers (0.66 in the Töss and 0.63 in the  
371 Thur, Table 2). The higher density and presence of invasive species (*Impatiens glandulifera* and  
372 *Elodea nuttallii*, Table 3) decreased respectively the value of the riparian and aquatic vegetation for  
373 the restored reaches. The chemical state was higher for the Töss River compared to the Thur (Figs. 3-  
374 4), mostly due to the detection of photosynthetic inhibitors in the Thur River (see Fig. A4). A poor  
375 overall ecological state was assessed for the degraded reaches and a moderate state for the restored  
376 reach of the Thur, and a good state in the restored reach of the Töss (Figs. 3-4). The value of the  
377 ecological state for the restored reaches of the Töss and the Thur are 0.60 and 0.58 respectively, and  
378 0.34 and 0.31, respectively, for the degraded reaches (1 being the near natural state and 0 the worst  
379 case).

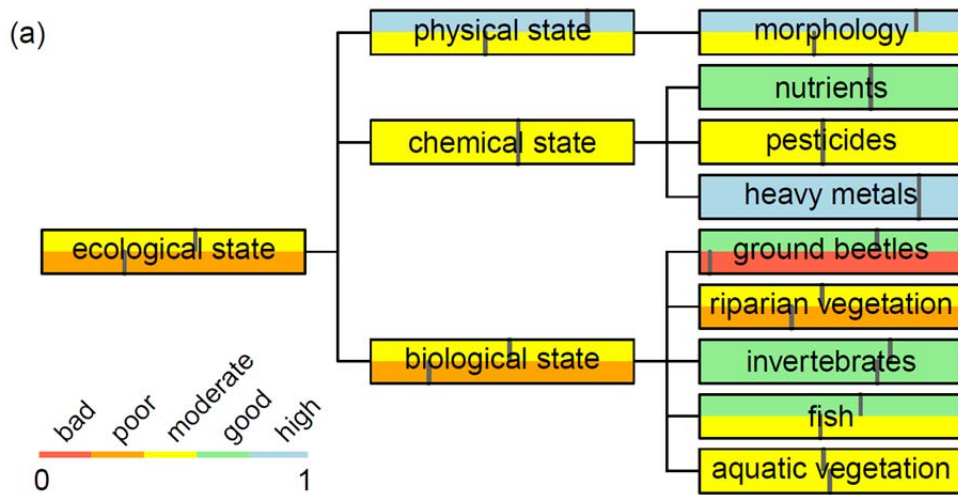


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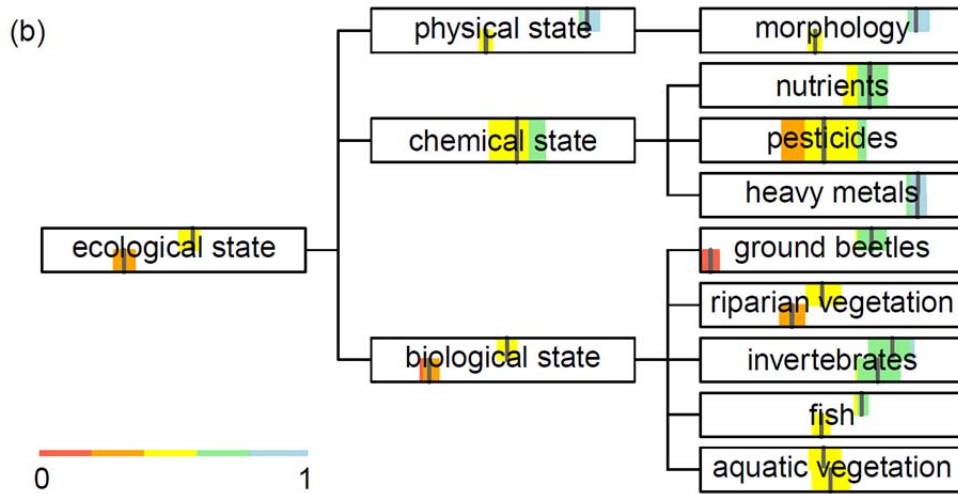
381

382 **Fig. 3.** Ecological valuation of the Töss River in degraded and restored reaches. The restored reach is  
 383 represented in the upper parts of the boxes and the degraded reach in the lower part. (a) Version  
 384 without uncertainty. Vertical grey lines represent the values corresponding to the mean of the  
 385 attributes. Colors belong to five class equally distributed from 0 (no fulfillment, worst case) to 1  
 386 (complete fulfillment, near natural state). (b) Version with uncertainty, vertical black lines represent  
 387 median values, and colored areas represent 5-95% quantile intervals.

388



389



390 **Fig. 4.** Ecological valuation of Thur River in degraded and restored reaches. Treatments are identified  
391 as in Fig. 3. (a) Version without uncertainty and (b) with uncertainty.

392 **Table 2.** Valuation of organism groups in Töss and Thur Rivers (on the value scale from 0 = no  
 393 fulfillment, worst case to 1 = complete fulfillment, near natural state). Reaches are divided according  
 394 to restoration efforts.

Organism group	Töss			Thur		
	degraded	restored	difference	degraded	restored	difference
Ground beetles	0.03	0.69	0.66	0.04	0.67	0.63
Riparian vegetation	0.36	0.39	0.03	0.35	0.47	0.12
Aquatic macroinvertebrates	0.73	0.89	0.16	0.68	0.73	0.05
Fish	0.53	0.66	0.13	0.46	0.61	0.15
Aquatic vegetation	0.66	0.53	-0.13	0.49	0.47	-0.02

395

396 **Table 3.** Alien species present in degraded and restored reaches of the Töss and Thur Rivers. Values  
 397 represent the fraction of the alien species abundance (for macroinvertebrates) or coverage (for  
 398 vegetation) relative to the rest of the community.

Organism group	Species	Töss		Thur	
		degraded	restored	degraded	restored
Macroinvertebrates	<i>Potamopyrgus antipodarum</i>	0	0	0.001	0.027
Riparian vegetation	<i>Solidago canadensis</i>	0.047	0.029	0.096	0.074
	<i>Impatiens glandulifera</i>	0	0.043	0.054	0.042
Aquatic vegetation	<i>Elodea nuttallii</i>	0	0	0	0.05

399

### 400 3.3. *Uncertainty*

401 We found larger uncertainty ranges for results concerning aquatic macroinvertebrate communities and  
402 aquatic vegetation than for the other organism groups (Figs. 3b-4b). A larger uncertainty was detected  
403 in the valuation of pesticides in the Thur River than for the uncertainty in the nutrients and the heavy  
404 metals (Fig. 4b). Values concerning physical and biological states for the restored reaches had similar  
405 levels of uncertainty compared to the degraded reaches (Figs. 3b-4b). For both rivers, the difference in  
406 the ecological state between restored and degraded reaches was significant, even when taking  
407 uncertainty into account (Figs. 3b-4b, A6-7). When doubling the uncertainty of the attributes, the  
408 difference in the ecological state between restored and degraded reaches was still significant (change  
409 in standard deviation of the ecological state for each reach: Töss restored +0.009, Töss degraded  
410 +0.006, Thur restored +0.005, Thur degraded +0.004).

411 **4. Discussion**

412 4.1. *Quantification of restoration effects on habitat conditions and biodiversity expressed as results of*  
413 *the ecological assessment*

414 We observed significantly better physical and biological states for the restored reaches of both rivers.  
415 Even in the absence of comprehensive before-after data, based on the similarity of the reaches before  
416 restoration and mechanistic biological knowledge, this can be safely interpreted as a causal  
417 consequence of restoration. All organism groups benefited from restoration to different degrees,  
418 except the aquatic vegetation. Improvement was most pronounced for ground beetles, which benefited  
419 in both rivers from the creation of gravel bars following the river widening. The assessment procedure  
420 showed a significant difference from bad to good between degraded and restored sites. Riparian  
421 vegetation developing on gravel bars also benefited to a lesser degree from restoration (assessment  
422 results remained in the poor class for the Töss River and became moderate in the Thur River). A  
423 similar increase in the diversity of ground beetles was also observed for other restoration projects in  
424 Europe (Hering et al., 2015), which corroborated assumptions about the positive effect of restoration  
425 on ground beetles (Januschke et al., 2011; Lambeets et al., 2008). Two reasons may explain the lower  
426 improvement of the state of the riparian vegetation compared to the ground beetles. First, the close  
427 proximity of agricultural land and intensively managed forests could negatively influence the species  
428 composition by propagating seeds unrelated to floodplains that can germinate in the restored reaches.  
429 Unexpected species could also be present due to the inaccuracy in our methodology in establishing the  
430 list of expected plants in natural conditions. In both rivers, many of the observed species on the  
431 floodplain were not the expected ones, leading to a lower assessed state for the restored site. Second,  
432 the success of those unexpected species, if they are correctly not expected to occur at the sites, could  
433 also be an indication that the seed bank for floodplain species is impoverished (Brederveld et al.,  
434 2011) and that recolonization needs more time than the time span between restoration and  
435 investigation in both rivers.

436 In addition to these changes, restoration had measurable positive effects on instream conditions, with a  
437 higher variability in the water depth, river width and flow velocity. The removal of the embankments

438 along the Thur River increased the width variability of the river. In the Töss River, the creation of a  
439 secondary connected channel increased the variability of flow velocity and water depth. Aquatic  
440 organism status also improved, especially for fish, followed by macroinvertebrates, but not for the  
441 aquatic vegetation. Fish and benthic invertebrates were both expected to increase in richness in the  
442 absence of other limiting factors (e.g. lack of colonization sources, poor water quality) (e.g. Jähnig et  
443 al., 2010; Pont et al., 2006; Schmutz et al., 2014), which was corroborated for fish and  
444 macroinvertebrates in the Thur River and to a lesser extent for the macroinvertebrates in the Töss  
445 River. At a higher spatial scale, the presence of many barriers within the Töss River could explain the  
446 lack of new fish species colonizing the restored reach. However, the species already present in the  
447 reach showed a higher density at the restored site compared to the degraded one, thereby increasing  
448 the assessment value for fish at the restored Töss River site.

449 While most indicators improved with restoration, the aquatic vegetation showed a negative response  
450 due to a lower richness in the Töss River and the occurrence of an invasive species at the restored  
451 reach of the Thur (i.e. *E. nuttallii*), both of which lowered the improvement by restoration. The  
452 increase in bed movement could explain the reduced number of aquatic plants in a restored reach  
453 compared to a degraded and more stable reach, but large widening of a river by restoration could also  
454 recreate slow flowing habitats, which in turn are favorable to specific species of aquatic plants  
455 (Madsen et al., 2001). This case is exemplified by the presence of *E nuttallii* in the Thur River,  
456 indicating that shallow, slow flowing habitats have been created which fostered the establishment of  
457 this species (see for example Nichols and Shaw, 1986). Furthermore, missing indigenous species may  
458 be attributed to missing colonization sources upstream of the reaches (BarratSegretain, 1996) as the  
459 restored reaches are short compared to the many kilometers of degraded river reaches up- and  
460 downstream. Aquatic vegetation can be considered as potentially problematic for monitoring river  
461 restoration effects due to high uncertainty concerning the ability to detect effects at the site level  
462 (Demars et al., 2012), but see Lorenz et al. (2012).

#### 463 4.2. Multi-attribute approach and uncertainty

464 To value the effects and success of river restoration, species richness is insufficient. We suggest also  
465 taking into account the presence of threatened and alien species. Few threatened species (for example  
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466 *Bembidion pratsum*, carabidae) and alien species (e.g. *E. nuttallii*, aquatic vegetation) occurred in  
467 restored reaches. Often, species living in floodplain habitats (aquatic and terrestrial) are threatened due  
468 to the high number of channelized rivers that lack natural banks and floodplain habitats. Restoration  
469 improved the structural conditions of the floodplain by increasing the space and the availability of the  
470 river to braid and recreate gravel bars, which in turn was favorable to threatened species such as *B.*  
471 *pratsum*. However, alien species (terrestrial and aquatic) also occurred in restored reaches, where the  
472 restoration process could have created empty niches susceptible to rapid colonization by alien species  
473 that are known to have high colonization abilities (DAISIE, 2009; Strayer, 2010). The colonization  
474 potential of alien species may prevent threatened species from establishing new populations. Long  
475 term monitoring will help to detect successes in creating new habitats for threatened species relative to  
476 the potential establishment of alien species.

477 While the river morphology assessment showed a large difference between restored and degraded sites  
478 in both rivers, the differences in the biological assessment were smaller but still indicate a positive  
479 effect of restoration. This is in part due to the presence of invasive species which, in our assessment  
480 procedure, lowers the ecological state. In addition, the lack of colonization sources and water quality  
481 problems can be potential limiting factors for the rivers and, as a consequence, for the recolonization  
482 of the restored sites. Among photosynthetic inhibitors, one was detected in the Thur with  
483 concentrations exceeding environmental quality standards (i.e. Diuron), resulting in a moderate  
484 assessment of pesticides (Fig. 4). Photosynthetic inhibitors detected over a long term in a river could  
485 limit the success of plants to grow and establish populations (McClellan et al., 2008), and therefore  
486 could limit the positive effect on biota of restoring the hydromorphological conditions of a river.  
487 Nevertheless, our indicators for aquatic and terrestrial plants showed that the richness already reached  
488 a high value. Therefore, we expect that an improvement in water quality could only have a small  
489 positive effect on the populations already established at the sites. This exemplifies the importance of  
490 taking into account different types of abiotic indicators (physical indicators and water quality) in  
491 addition to biotic indicators to reveal potential deficits that can limit the effect of river restoration on  
492 the biota. Moreover, organism groups might respond differently to different stressors and mitigation  
493 measures, underlining the importance of combining several indicators and not relying on only one

494 which could underestimate the effect of restoration on biodiversity. We argue that the combination of  
495 several organism groups increases the robustness of an ecological assessment (e.g. Hering et al., 2006)  
496 and thus provides more confidence in the quantification of restoration effects. In addition, multiple  
497 sampling campaigns could contribute to accounting for temporal variability and obtaining a more  
498 complete overview of species that are present at the different sites.

499 To determine whether an improvement of the ecological state due to restoration is significant or lies  
500 within the measurement error, the assessment and propagation of uncertainty is essential. Our results  
501 showed that the improvement by restoration was within the uncertainty range for some organism  
502 groups (e.g. for invertebrates), while for most groups (i.e. for ground beetles and fish) and for the river  
503 morphology the improvements were significant. The propagation of uncertainty through the  
504 framework allowed us to evaluate the confidence in the difference of the ecological state between the  
505 restored and the degraded reaches. In our study, even if we doubled the uncertainty of the  
506 measurements, the improvement due to restoration was still significant. Instead of doubling the  
507 uncertainty to test the significance under higher uncertainty, quantifying the uncertainty based on the  
508 variability of field measurements would be an improvement, but would require more data.  
509 Nevertheless, the effects still significant under higher uncertainty indicated that the measured effects  
510 were larger than our level of uncertainty regarding the observed attributes. It also shows that the  
511 selected attributes are sensitive enough to detect effects. The suggested framework (including the  
512 objectives hierarchy, attributes, value functions, and propagation of uncertainty) can be applied to  
513 other European rivers, with the need to adapt the expected species to the local reference conditions and  
514 to potentially modify the value functions to other national or local assessment procedures. We  
515 encourage river managers to use multiple indicators (physical, chemical, biological, terrestrial and  
516 aquatic) to comprehensively quantify the ecological state of the rivers and the success or failure of  
517 river restoration measures, and to include uncertainty in their assessment methods. Such an analysis at  
518 different hierarchical levels can also provide hints about potential causes of restoration failures.

## 519 **5. Conclusions**

520 The proposed framework based on multi-attribute value theory showed its suitability to evaluate the  
521 ecological state of the rivers and, as a specific application, to quantify restoration success by  
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522 comparing the ecological states of restored and unrestored river reaches. Extensions of traditional  
523 assessment procedures to include more organism groups seem useful to describe additional relevant  
524 aspects of the ecological state of rivers and to evaluate restoration success. A translation of existing  
525 methods and ecological knowledge to value functions helps us assessing and visualizing results at all  
526 hierarchical levels on a unified continuous scale and to propagate uncertainty of observed or predicted  
527 attributes to the assessment results. A critical aspect in the design of ecological assessment protocols is  
528 to define the expected near natural state (diversity, taxa), which was done here based on the literature.  
529 More effort is needed to confirm and improve these results based on observations of community  
530 structures along a gradient of human influence and, if possible, including reference sites. Alternative  
531 metrics describing the functions performed by the communities could be developed and incorporated  
532 into the framework to enrich the assessment of the ecological state. To guide ecosystem management,  
533 the consideration of abiotic factors is important to detect possible deficits that limit biological success  
534 while an aggregation to higher levels is important for decision support, synthesis, and communication  
535 of results. In this regard, integrative valuation with value functions that is based on a hierarchy of  
536 objectives and allows an analysis of the degree of fulfillment of sub-objectives while also providing an  
537 overall valuation proved to be useful. The estimation and propagation of uncertainty helped us to  
538 evaluate the significance of differences between assessment results. Application of the proposed  
539 assessment method to other river restoration monitoring programmes can contribute to the  
540 identification of cause-effect relationships between physical and biological changes and the effect of  
541 chemical and hydrological degradation. This could support improvements in the effective design of  
542 river restoration measures and their integration into comprehensive river management frameworks that  
543 also address water quality and hydrological deteriorations.

544

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705 **Appendix A. Supplementary data**

706 Supplementary data and information associated with this article can be found in the online version.

707 Raw data are available on Dryad Digital Repository doi: [10.5061/dryad.c119t](https://doi.org/10.5061/dryad.c119t) (Hering et al. 2015).