***Role of in-situ natural organic matter in mobilizing As during microbial
 reduction of Fe^{III}-mineral-bearing aquifer sediments from Hanoi (Vietnam)***

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Abstract

Natural organic matter (NOM) can contribute to arsenic (As) mobilization as an electron donor for microbially-mediated reductive dissolution of As-bearing Fe(III) (oxyhydr)oxides. However, to investigate this process, instead of using NOM, most laboratory studies used simple fatty acids or sugars, often at relatively high concentrations. To investigate the role of relevant C sources, we therefore extracted *in-situ* NOM from the upper aquitard (clayey silt) and lower sandy aquifer sediments in Van Phuc (Hanoi area, Vietnam), characterized its composition, and used 100-day microcosm experiments to determine the effect of *in-situ* OM on Fe(III) mineral reduction, As mobilization and microbial community composition. We found that OM extracted from the clayey silt (OMC) aquitard resembles young, not fully degraded plant-related material, while OM from the sandy sediments (OMS) is more bioavailable and related to microbial biomass. Although all microcosms were amended with the same amount of C (12 mg C/L), the extent of Fe(III) reduction after 100 days was highest with acetate/lactate (43±3.5% of total Fe present in the sediments) followed by OMS (28±0.3%) and OMC (19±0.8%). Initial Fe(III) reduction rates were also higher with acetate/lactate (0.53 mg Fe(II) in 6 days) than with OMS and OMC (0.18 and 0.08 mg Fe(II) in 6 days, respectively). Although initially more dissolved As was detected in the acetate/lactate setups, after 100 days, higher concentrations of As (8.3±0.3 and 8.8±0.8 µg As/L) were reached in OMC and OMS, respectively, compared to lactate/acetate-amended setups (6.3±0.7 µg As/L). 16S rRNA amplicon sequence analyses revealed that acetate/lactate mainly enriched *Geobacter* while *in-situ* OM supported growth and activity of a more diverse microbial community. Our results suggest that although the *in-situ* NOM is less efficient in stimulating microbial Fe(III) reduction than highly bioavailable acetate/lactate, it ultimately has the potential to mobilize the same amount or even more As.

Keywords: As mobilization, *in-situ* organic matter, Fe(III) mineral reduction

Graphical abstract

INTRODUCTION

Arsenic (As) is a toxic metalloid that causes serious health issues such as arsenicosis, cardiovascular disease and increased risk of cancer^{1,2}. It is estimated that over 140 million people from 50 countries are at risk of consuming water with As concentrations exceeding the recommended limit of 10 µg/L³. Southeast Asia is a particularly affected part of the world⁴. Due to insufficient access to central water supplies and water treatment facilities, many people still rely on shallow groundwater wells. As a consequence, more than 20% of all deaths in highly affected areas of Bangladesh were linked to As poisoning³. Although our knowledge about processes affecting As mobilization has increased substantially in recent years^{5,6}, many questions still remain regarding the identity and mechanisms of microbial and abiotic processes responsible for As release from As-bearing minerals.

It is generally accepted that the mobilization of As from the aquifer sediments into groundwater is mainly due to microbially-mediated reductive dissolution of As-bearing Fe(III) (oxyhydr)oxide minerals^{7–10}. Organic matter (OM) plays a key role in this process, in particular as electron donor for microorganisms^{11–14}. It has been demonstrated both in microcosms as well as in *in-situ* experiments that high concentrations (5-50 mM) of easily bioavailable carbon sources such as acetate, lactate, glucose, polypepton or urea stimulate microbial activity and trigger the reductive dissolution of Fe(III) minerals, with the subsequent mobilization of As that was associated with the minerals^{12,15–20}. However, only a few studies have investigated the effect of environmentally relevant organic C (e.g. DOC-rich water from paddy soil or ponds) on As mobilization without amendment of labile C^{12,21}. Additional organic compounds that have been tested in such studies are humic substances or water from a drainage tube²² and plant material such as ground bean leaves, barley straw or pine sawdust²³. Such carbon sources,

however, are mostly relevant for shallow aquifers where potential leaching or percolation from the surface could happen, and not for the OM that is present in deeper aquifer layers. To our knowledge, no studies have explicitly extracted naturally occurring (*in-situ*) OM from sediments and used it in sediment microcosms. There is still a lack of reliable, quantitative Fe(III) reduction and As mobilization data with environmentally relevant sources and concentrations of carbon. Furthermore, there is no detailed information about microbial taxa directly involved in the Fe(III) mineral reduction processes using this *in-situ* C as electron donor.

The OM present in As-contaminated aquifers can have different origins. It can be introduced from anthropogenic (wastewater, fertilizers, oil spills) or natural sources (rivers, ponds) through water recharge from the surface or liberated from the sediments (e.g. previously buried peat layers)^{12,24,25}. These C sources can contain complex plant-based OM which is considered rather resistant to chemical and biological degradation^{26,27} as well as labile low-molecular-weight C such as amino acids, carbohydrates and carboxylic acids that can be easily used by microorganisms to fuel microbially mediated Fe(III) reduction leading to As release^{16,28,29}. Therefore, the identity and bioavailability of the C present in the aquifer is key to understanding its potential role in As mobilization.

For the present study, we chose an aquifer in the village of Van Phuc, about 15 km SE of Hanoi, which shows a large variability in dissolved As concentrations³⁰. An organic-rich clayey silt aquitard of variable thickness overlies loose beddings of grey Holocene and orange Pleistocene sandy sediments (both containing OM inclusions) reaching over 40 m depth^{30–32}. The dominating type of C present in the aquitard and aquifer was derived from vascular C₃ vegetation, freshwater and marine C such as phytoplankton, terrestrial plants and algae³³. It is unknown, however, to which extent this OM can be utilized by microorganisms for Fe(III)

reduction and As mobilization. Therefore, we chose a novel approach of using extracted *in-situ* NOM as a source of C in our incubation experiment. We extracted and characterized OM from the clayey/silty and sandy sediments in Van Phuc. We then used this OM in batch microcosms to assess the rates and the extent of Fe(III) reduction and As release in comparison to microcosms with commonly used easily bioavailable C sources (acetate/lactate). Finally, we identified the microorganisms mediating these processes over the course of the experiment.

MATERIALS AND METHODS

Study area and sample collection. The sampling site is situated close to Van Phuc village, about 15 km SE from Hanoi, inside a meander of the Red River (20°55'18.7"N, 105°53'37.9"E). The lithology, mineralogy, geology and information about OM composition and distribution were described previously^{30–34}. Briefly, the North-Western area is characterized by Pleistocene aquifer sands and groundwater with As concentrations below the WHO guideline (10 µg/L), whereas the aquifer of the South-Eastern part is of (young) Holocene age where groundwater exceeds the 10 µg/L limit by a factor of 10–50³⁴. The transition between the contaminated and uncontaminated zones is characterized by changing redox conditions. In October 2017, we collected a sediment core (ø10 cm; each individual piece ca. 3 m long) up to 46 m below ground level at this redox transition zone using rotary drilling. For OM extraction, clayey silt organic-rich aquitard sediments from 11 m depth that contained some plant residues and orange sandy organic-poor sediments with dark patches from 21 m depth were used (the OM extracted from these layers is termed OMC and OMS). We chose these sediments for OM extractions because they were expected to release OM fueling microbial Fe(III) mineral reduction. For the microcosm setups we chose the orange sediments from 30 m depth because our preliminary data

showed that they had high As and Fe contents, they were the most homogenous regarding lithology and color (which allowed to obtain enough representative material for all microcosms), and these sediments are expected to be responsible for the As release observed at that field site. All sediments were stored anoxically at 4°C in the dark until use (3 months). In order to evaluate whether acetate and lactate were present in the aquifer, pore water from sandy sediments was collected by centrifugation and subjected to volatile fatty acid (VFA) analyses with a detection limit of 0.2 µM, as described previously³⁵. The total Fe and As contents of the 30-m sediment were determined by XRF (Bruker, AXS S4 Explorer).

Organic Matter Extraction and Characterization. The dominating type of C present in the aquifer originates from vascular C3 plants (mainly mangroves)³³. Percolation of organic-rich anthropogenic water from the surface is efficiently reduced due to an up to 20 m thick clayey silt layer with low permeability. In order to obtain the potentially bioavailable OM, i.e. the mobile fraction of OM, water extraction was applied. For OM extraction, 100 g of sediments were mixed with 1 L anoxic MilliQ water (bubbled with N₂ for 60 min), shaken (72 h, 20 rpm) in the dark, and centrifuged (30 min; 10,000 rpm). The supernatant was filtered (0.22 µm, PES, Merck™ Steritop™, Millipore). The filtrate was collected and freeze-dried. Samples of the freeze-dried material and bulk sediments from which OM was extracted were used for total organic carbon (TOC) analysis, Fourier-Transform Infrared Spectroscopy (FTIR), ¹³C-Nuclear Magnetic Resonance (¹³C-NMR), Excitation-Emission Matrix (EEM) fluorescence spectroscopy, and Pyrolysis Gas Chromatography/Mass Spectrometry (Pyrolysis-GC/MS) analyses as described in Tolu et al. (see SI)³⁶. The freeze-dried material was re-dissolved completely (no particles remaining) in sterile anoxic MilliQ water. Microwave Plasma-Atomic Emission Spectrometer (MP-AES) analysis (4200, Agilent Technologies, USA) of the solutions

was used to quantify the inorganic ions present in the extracted material (Table S1) and the DOC of these solutions was quantified by a DOC analyzer (highTOC; Elementar, Germany). 15 mM C stock solutions were prepared and used for preparation of the medium for the microcosms.

Microcosm Setup. Sacrificial microcosms were set up by mixing 1 g of sediment from 30 m depth (orange sandy Fe- and As-bearing sediments that were suggested to be susceptible to As mobilization when exposed to mobile carbon³⁷) with 5 mL (final volume) sterile synthetic groundwater medium supplemented with C (modified from Rathi et al.³⁸; without As and Fe in the medium) in glass vials (total volume 20 mL). Prior to the preparation of the microcosms, the pH of the medium was adjusted to a pH of 7.2 by bubbling with CO₂. The pH was monitored along the experiment and it stayed in the range of 7.2-7.5. Five different C treatments (all containing sediment) were prepared (see Table S2): 1) biotic control (CON+), no amendments; 2) abiotic control (CON-), amended with 160 mM sodium azide (NaN₃) and 1 mM carbon (12 mg C/L) as acetate/lactate mix (half of the C from acetate, half from lactate); 3) amended with 1 mM carbon as OMC; 4) amended with 1 mM carbon as OMS; 5) amended with 1 mM C as acetate/lactate mix. It has to be noted that the amount of carbon added was three times the amount of carbon (DOC) that was determined in the groundwater of the drilling site (E. Stopelli, unpublished data). All microcosms were prepared in an anoxic glovebox (100% N₂), closed with rubber stoppers and aluminum caps and flushed with N₂/CO₂ (9/1) in order to maintain anoxic conditions. Afterwards microcosms were kept at 28°C in the dark until analysis (without shaking). At each time point (day 0, 2, 6, 10, 23, 44, 63, 80, 100) 3 vials of each treatment were sacrificed for geochemical analysis and analyzed in triplicate. Six vials were collected for molecular studies at 3 time points (day 0, 10 and 100).

Geochemical Analysis. Vials collected for geochemical analyses were centrifuged at 4000 rpm for 10 min. 100 μ L of the supernatant were stabilized in 1M HCl (to avoid oxidation of Fe(II)) and diluted with HCl if necessary for dissolved Fe²⁺ quantification using the Ferrozine assay (depending on the Fe concentration the samples were diluted either in 400 or 900 μ L of 1M HCl resulting in a final HCl concentration of 0.2 or 0.1M)³⁹. One mL of the supernatant was filtered (0.22 μ m) and stabilized in 1% HNO₃ for As analysis by ICP-MS (8900, Agilent Technologies, USA). The remaining liquid phase was used for HPLC quantification of lactate and acetate⁴⁰. One g of sediment (wet weight) obtained after centrifugation was digested for 1 h with 2 ml of 6M HCl. 2 mL of the digests were centrifuged (5 min, 14000 rpm) and 100 μ L of the supernatant was diluted in 1M HCl. Fe(II) was quantified in triplicate using the Ferrozine Assay³⁹. Differences in As and Fe concentration in the different microcosm setups were analyzed with single factor ANOVA and statistical differences in Fe and As at selected time points between pairs of treatments were determined using the Student's *t*-test. The PhreeqC v3 and minteq.v4 database were used in order to calculate saturation indices (SI) and potential Fe(II) mineral formation at given time points based on the available geochemical data.

Microbial Community Analysis and quantitative PCR. Samples were collected at the beginning of the experiment, after 10 days (when maximum Fe(III) reduction and As release were observed) and at the end of the experiment (100 days). DNA extraction was performed following a protocol from Lueders et al.⁴¹. Bacterial and archaeal 16S rRNA genes were amplified using universal primers 515f: GTGYCAGCMGCCGCGGTAA⁴² and 806r:

GGACTACNVGGGTWTCTAAT⁴³ fused to Illumina adapters. Subsequent library preparation steps (Nextera, Illumina) and 250 bp paired-end sequencing with MiSeq (Illumina, San Diego, CA, USA) using v2 chemistry were performed by Microsynth AG (Switzerland) and between 49,000 and 75,000 read pairs were obtained for each sample. Sequence analysis was performed as described in the SI. Raw sequencing data can be found at the NCBI Sequence Read Archive (SRA); accession number PRJNA542106 (<https://www.ncbi.nlm.nih.gov/sra/PRJNA542106>).

Quantitative PCR (qPCR) specific for the 16S rRNA (genes) of bacteria and archaea as well as for arsenate reductase (*arrA*) and anaerobic arsenite oxidase (*arxA*) genes were performed using an iQ5 real-time PCR system (iQ5 optical system software, version 2.0, Bio-Rad). qPCR primer sequences, gene-specific plasmid standards, and details of the thermal programs are given in the SI (Table S3).

RESULTS AND DISCUSSION

Identity and characterization of extracted organic matter. TOC analysis of the 45 m drilling core showed that the Van Phuc aquitard contains organic-rich clayey silt whereas the aquifer consists of rather organic-poor sandy sediments with heterogeneously distributed organic inclusions^{33,34}. Sediments at 11 and 21 m depth were selected for OM extraction as representative samples for the organic matter intercalations within the clayey silt aquitard and the sandy aquifers (Figure S1). The TOC of the clayey silt material was 9.5±0.15 wt% whereas the sandy sediment contained 0.04±0.0014 wt% of TOC.

207 The two extracted OM fractions were analyzed by FTIR, ^{13}C -NMR and fluorescence
208 spectroscopy (excitation-emission matrices, EEM). The FTIR spectra of both, OM from clay
209 (OMC) and OM from sand (OMS) (Figure 1A) were generally similar to each other (a certain
210 similarity between OMC and OMS was also confirmed by similar EEM spectra, Fig. S2), with a
211 few specific differences. In both OMC and OMS, we identified prominent FTIR peaks between
212 1300 and 900 cm^{-1} , corresponding to the stretching modes of alcoholic C-O, ether C-O-C or
213 O-H deformation⁴⁴, characteristic for polysaccharides. The peak at 1616 cm^{-1} , specific
214 for aromatic C=C (alkene) and conjugated C=O or C=N⁴⁴, was more pronounced in the
215 OMC spectrum, suggesting the presence of lignin-derivatives⁴⁵ or other aromatics that are
216 also present but less abundant in the OMS. Furthermore, OMC showed a stronger absorption
217 between 3750-3000 cm^{-1} . This region is typical for OH stretching modes that can be related
218 to plant-based molecules such as cellulose as well as for N-H bonds of amines,
219 including amino acids⁴⁴. In OMS, a sharp carboxylic peak (COO^-) appeared at 1383 cm^{-1} ,
220 most likely related to the presence of amino and fatty acids, pointing towards microbially
221 related C⁴⁶.

222 In addition to FTIR, solid-state ^{13}C -NMR was applied to characterize the chemical
223 properties of both types of extracted OM (Figure 1B). Overall, ^{13}C -NMR analysis also
224 showed a similar presence of the main carbon functional groups in OMC and OMS
225 with alkyl C and O-alkyl C (stemming from carbohydrates) being the most abundant
226 C-functional groups in both extracted OMs. The N-alkyl C as well as the aryl C, which

227 indicate aromatic compounds and phenols (e.g. lignin or lignin degradation
228 products)⁴⁷, were also present in both OMC and OMS.

229 Bulk sediments from which OMC and OMS were extracted, were also analyzed by
230 NMR and FTIR in order to evaluate whether the extracted OMs were representative for
231 the sedimentary OM. Although the abundance of some functional groups changed as a
232 result of the extraction process (¹³C-NMR spectra; Figure S3), generally, the NMR
233 intensity distribution of different C-functional groups in both extracted OMs and in the
234 two bulk sediments (Figure 1B) showed similar patterns. FTIR spectra of the bulk
235 sediments compared to the spectra of the extracted OMC and OMS showed that the
236 extracted OM is representative for the OM in the sediment but due to the polar nature
237 of extractant (water), the OM is enriched in the more easily extractable OM, including
238 carbohydrates and protein-derivatives.

239 Additionally, the clayey bulk sediment and extracted OMC were also analyzed by Pyrolysis
240 GC-MS (for the OMS samples the C content in bulk sediments and the amount of extracted OM
241 were too low). In total, 76 and 59 pyrolytic organic compounds were identified in bulk sediment
242 and extracted OMC, respectively. These compounds were grouped into 13 classes (e.g.,
243 carbohydrates, N compounds, (alkyl)benzenes, *n*-alkanes, lignin, etc.) (Table S4)^{48,49}. In
244 addition to the decrease in the number of identified organic compounds (from 76 to 59) in the
245 water extract that was also freeze-dried, resuspended and filtered, the Pyrolysis-GC/MS data
246 showed, similarly to the ¹³C-NMR and FTIR findings, that carbohydrates, N compounds
247 (originating from proteins and degradation products of proteins and chlorophylls) and

248 carboxylic acids got enriched during the extraction, whereas the abundance of more complex
249 molecules such as polyaromatic compounds, (alkyl)benzenes, *n*-alkanes, *n*-alkenes, and lignin
250 decreased. This is probably a result of the differences in extractability of more polar vs. less
251 polar (more hydrophobic) compounds. However, although the relative abundance of some
252 compounds changed during the extraction, the OM obtained by anoxic water extraction yields
253 OM that is representative for the OM present in the bulk sediments justifying its use in the
254 microcosms as environmentally relevant *in-situ* OM.

255 Our spectroscopic analyses as well as our visual evaluation of the sediments (Figure S1C)
256 showed the presence of some plant residues, suggesting a higher presence of lignin- and
257 cellulose-related compounds in OMC compared to OMS. Previous analysis of clayey silt
258 sediments from the same site identified compounds such as C₂₀–C₃₄ *n*-alkanes, C₁₄–C₃₄ *n*-
259 alkanolic acids, C₂₀–C₃₁ ω- hydroxy alkanolic acids and C₁₆–C₃₁ *n*-alkanols⁵⁰, also indicating
260 the presence of plant-derived OM⁵¹. Overall this implies that more lignin and cellulose related
261 compounds were present in OMC than in OMS. In combination with our visual observation of
262 the material (where remaining plant-derived organic structures were observed) this suggests that
263 OMC is more immature, plant-derived OM compared to OMS. Overall, on the one hand the
264 abundance of OM is higher in the upper clayey silt, but the bioavailability of this C seems to be
265 lower due to the presence of more complex molecules and not fully degraded plant material. On
266 the other hand, the sandy sediments are characterized by a very low organic C content.
267 However, this C potentially has a higher bioavailability resulting from its more advanced
268 degradation stage and the presence of amino acids and carboxylic acids which points towards a
269 microbial signature^{16,29}.

Effect of different C sources on Fe(III) mineral reduction and As mobilization. To

determine the effect of different C sources on As mobilization we set up microcosms with oxidized As-bearing sediments. We were particularly interested in the effect of the OM from the overlaying clayey silt sediments (OMC) that was suggested to be transported downwards into the OM-poor sandy sediments to drive Fe(III) reduction and As mobilization in these layers⁵². The Fe and As contents in these sediments used for the microcosm incubations were determined by XRF to be 1.6 mg/g and 5.5 µg/g, respectively, while the TOC was rather low (0.15±0.002 wt%). Mineralogical analysis with X-ray diffraction (XRD) revealed goethite, hematite and siderite as the main Fe minerals and to a smaller extent magnetite and greigite (M. Schneider, unpublished data).

All our microbially-active microcosms showed Fe(III) reduction while biologically inactive microcosms (treated with sodium azide) that were supplied with acetate/lactate (CON-) showed no significant changes in dissolved Fe, Fe(II) in sediments, and dissolved As over 100 days of incubation demonstrating that OM was fueling microbially mediated Fe(III) reduction (Figure 2). However, the extent and rates of Fe(III) reduction and As mobilization differed between various C sources supplied. The highest concentration of Fe(II) in the sediments was recorded in A-/L-amended microcosms (Figure 2A) where it reached 0.52 mg/g sediment after 6 days and 0.64 mg/g sediment after 23 days, remaining at this level until the end of the experiment, when we detected almost 0.7 mg Fe(II)/g (43±3.5% of the total Fe in the sediment; the values of % reduction were calculated using the Fe(II) extracted from the sediment divided by the sediment Fe content determined by XRF). When microcosms were supplied with *in-situ* OM, less Fe(II) was formed (ca. one third to half of the Fe(II) formed in the A-/L-amended setups). However, Fe(II) was steadily produced during the experiment until the end of

293 incubation (100 days). The Fe(II) remained completely in the solid phase, reaching 0.08 and
 294 0.18 mg Fe(II) per g sediment after 6 days and 0.3 and 0.45 mg/g after 100 days in OMC and
 295 OMS setups, respectively, corresponding to $19 \pm 0.8\%$ and $28 \pm 0.3\%$ of the total Fe present in the
 296 sediment. These results showed that statistically more Fe(III) (*t*-test, $p < 0.005$) was reduced
 297 ($28 \pm 0.3\%$) by OMS compared to microcosms supplied with OMC ($19 \pm 0.8\%$). This might be
 298 due to the higher bioavailability of OMS (increased content of amino acids and carboxylic
 299 acids) compared to OMC, supporting our hypothesis that the identity and composition of the
 300 OM are the factors deciding about its potential as C-source for Fe(III)-reducing
 301 microorganisms. It has to be noted that accumulation of Fe(II) in the sediments also occurred in
 302 the non-C-amended biotic control (CON+) sediments, although to a lower extent (0.16 mg/g;
 303 corresponding to 9% of the total Fe), suggesting that the indigenous microbial community used
 304 some of the carbon that was available within the sediments. Generally, in the CON+
 305 microcosms, where some of the *in-situ* OM was mobilized and obviously also was bioavailable,
 306 similar trends for Fe(III) reduction were observed as in OMC and OMS setups. Similar Fe(III)
 307 reduction patterns could indicate that the extracted OM is qualitatively closer and more
 308 representative to sedimentary NOM than acetate and lactate. However, ultimately in the end of
 309 the experiment significantly less Fe(II) was produced in CON+ compared to OMC- (*t*-test,
 310 $p < 0.005$) and OMS-amended microcosms (*t*-test, $p < 0.005$) due to the lower abundance of the
 311 native sedimentary C that was present in the CON+.

312 In microbially-active acetate-/lactate-amended microcosms, Fe(II) was produced and released as
 313 dissolved Fe²⁺ into solution, reaching its maximum after 6 days (0.15 mM; i.e. 2.5% of the total
 314 Fe in the sediment) followed by a steady decrease until the end of the experiment to 0.05 mM
 315 (Figures 2B). In microcosms supplied with OMC and OMS Fe²⁺ was not released into solution.

Our data showed that in microcosms supplied with OMC and OMS, dissolved Fe^{2+} stayed at a similar level as in the biotic and abiotic controls (CON+ and CON-) suggesting that the formed Fe(II) remained as either sorbed Fe(II) or Fe(II) mineral in the sediments. The saturation index for different minerals was calculated using PhreeqC in order to explain the lack of Fe^{2+} release in microcosms supplied with *in-situ* OM (see Table S5). The calculation showed that no siderite precipitation is expected. Therefore, the lack of Fe^{2+} mobilization could be due to adsorption of Fe(II) on the remaining poorly crystalline Fe(III/II) minerals⁵³ or formation of NOM-Fe complexes could have prevented Fe^{2+} mobilization. It was previously shown that some functional groups such as carboxyl groups, which were also present in the extracted OM used in our study, are particularly prone to create complexes with Fe(II) at neutral pH⁵⁴.

Quantification of dissolved As showed that trends in As mobilization did not fully correlate with Fe(III) reduction in the sediments (Figure 2C). By the first 6 days of incubation dissolved As was found to be higher in A-/L-amended setups than in OMS and OMC setups, where almost 8 $\mu\text{g/L}$ dissolved As was released from 1 g of sediment, i.e. a mobilization of 0.7% of the total As present, compared to less than 4 $\mu\text{g/L}$ As in OMS and OMC setups (the %-values of mobilized As were calculated using dissolved As concentrations in the 5-ml-volume at given time points divided by the sedimentary As content determined by XRF). The concentration of dissolved As decreased after 60 days in A-/L-setups (to 6.3 $\mu\text{g/L}$ at the end of incubation), which might be related to the decrease of aqueous Fe^{2+} , possible formation of secondary Fe minerals (that are not considered in our saturation index calculation, Table S5) and As co-precipitation⁵⁵. A similar rapid Fe(III) reduction and As mobilization followed by As immobilization due to co-precipitation with secondary minerals has been shown for West Bengal sediments amended with acetate⁵⁶ and glucose-/lactate-amended As-contaminated

soils⁵⁷. Despite lower extents of Fe(III) reduction, ultimately (day 100) a higher As concentration was recorded in the presence of OMC ($8.3 \pm 0.3 \mu\text{g As/L}$; *t*-test, $p < 0.005$) and OMS ($8.8 \pm 0.8 \mu\text{g As/L}$; *t*-test, $p < 0.005$) compared to A/L setups, corresponding to mobilization of 0.75 and 0.8% of the total As, respectively. On the one hand, this higher As concentration despite lower Fe(III) reduction could be due to competitive sorption of the OM and As. It is known that organic compounds such as citrate or humic acids can decrease adsorption of phosphate to soil and to Fe(III) minerals such as goethite^{58,59}. As(V) can be considered as an analog of phosphate⁶⁰, and therefore OM could affect As(V) sorption, but also As(III) sorption, through competition for reactive surface sites and could lead to desorption of As. On the other hand, OM can change As speciation through redox reactions^{61,62} and formation of binary and ternary complexes with Fe and As⁶³. Such dissolved NOM-As-Fe complexes can increase the mobility of As, resulting in increased aqueous As concentrations in groundwater^{62,64}. Overall, our study demonstrated that *in-situ* OM (including OM from the aquitard that can potentially be mobilized) can trigger microbial Fe(III) reduction and can contribute to As release. Although initially (until 60 days of incubation) more As was present in solution in microcosms supplied with OMC compared to OMS, the final As concentration ($8 \mu\text{g As/L}$) was the same for microcosms amended with both types of OM. It has to be noted that although $8 \mu\text{g As/L}$ might seem to be insignificant, the water to sediment ratio in our microcosms (5:1 wt/wt) was much higher compared to the one in the aquifer (1:8 (wt/wt) assuming a porosity of 25% and a sediment density comparable to quartz)⁶⁵. Under these conditions the concentration of $8 \mu\text{g As/L}$ from our experiment would be equivalent to a concentration of $352 \mu\text{g As/L}$ in the field.

Therefore, even considering that there are overall differences between laboratory and field conditions regarding water flow, temperature, history of As release and local As accumulation,

exact identity of carbon used by microorganisms, etc., This-our measured As concentration is similar to the concentration measured in contaminated Holocene groundwater at our field site in Van Phuc. This, suggesting that an important fraction of the mobilized As could be mobilized as a consequence of microbial oxidation of *in-situ* OM coupled to reduction of As bearing Fe(III) minerals.

Theseis observationss potentially shows that this type of C can more efficiently release As sorbed to Fe(III) minerals but at the same time be less available for Fe(III)-reducing bacteria.

Microbial key players and activities in Fe(III) reduction and As mobilization. Microbial community analyses were used to unravel the influence of the investigated carbon sources on the microbial community structure and to identify potential microbial key players involved in Fe(III) reduction and As mobilization. Based on qPCR, A/L initially supported vigorous growth of bacteria, reaching $>3.0 \times 10^6 \pm 3.5 \times 10^5$ bacterial 16S rRNA gene copy numbers per g sediment within the first 10 days of the incubation (Figure 3A). However, A/L was quickly consumed leading to a decrease (ca. 90%) of the bacterial abundance to $2.4 \times 10^5 \pm 5.0 \times 10^4$ 16S rRNA gene copies per g sediment at the end of the incubation. In contrast, when microcosms were supplied with the *in-situ* OM, the abundance of the bacterial population remained stable in the OMS incubation with $1.5 \times 10^6 \pm 8.6 \times 10^4$ bacterial 16S rRNA gene copy numbers per g sediment and doubled from $1.5 \times 10^6 \pm 1.9 \times 10^5$ to $3.4 \times 10^6 \pm 4.7 \times 10^5$ bacterial 16S rRNA gene copy numbers per g sediment after 100 days in the OMC incubations. Also in the non-C-amended biotic control setups (CON+) an increase of bacterial 16S rRNA gene copy numbers per g sediment was observed over time (from $4.2 \times 10^5 \pm 3.1 \times 10^4$ to $1.8 \times 10^6 \pm 1.6 \times 10^5$ after 100 days), confirming our observations of slower degradation of intrinsic NOM in sediments and therefore slower Fe(III) reduction. On the contrary, archaea seemed to be less selective for the C type. The 16S rRNA

gene copy numbers of archaea ranged between 2.4×10^4 and 3.4×10^4 per g sediment after 10 days in all treatments (Figure 3B). Over time the archaeal population increased in all setups, most notably in the OMC-amended microcosms where 16S rRNA gene copy numbers per g sediment increased by more than one order of magnitude, i.e. from $2.4 \times 10^4 \pm 1.1 \times 10^4$ to $3.5 \times 10^5 \pm 2.0 \times 10^4$, after 100 days.

Changes in the microbial population based on 16S rRNA gene copies, particularly bacteria, could indicate that less bioavailable C (and thus more persistent to degradation) such as NOM is consumed much slower. This carbon source could, therefore, last longer compared to simple fatty acids, supporting a higher abundance and a higher diversity of microorganisms on longer time scales. Due to slower consumption of NOM, the Fe(III) reduction was also slow, although, continuously increasing over the whole incubation period and contributing to As mobilization.

To investigate the presence of microorganisms with the potential ability for As(V) reduction and As(III) oxidation, we subsequently used qPCR to quantify arsenate reductase genes (*arrA*) and anaerobic arsenite oxidase genes (*arxA*) (Figure 3C and 3D) that were previously detected in As contaminated environments^{66,67}. The *arrA* gene was detected in all microcosms, although at one order of magnitude lower than bacterial 16S rRNA gene copy numbers (Figure 3C). After 10 days of incubation, the bacterial 16S rRNA/*arrA* gene ratio was highest in OMC (18:1), followed by OMS (11:1) and lowest in A-/L-setups (6:1), suggesting that microorganisms with the potential ability for As(V) reduction were particularly present in the A-/L-setups. The *arxA* gene copy numbers were two orders of magnitude lower compared to *arrA* genes and 3 orders lower compared to bacterial 16S rRNA genes (Figure 3D). Generally, for all treatments except OMS, the number of *arrA* and *arxA* gene copies increased over time which might point towards an increasing potential for As(V) reduction and As(III) oxidation. Based on *arxA* and *arrA* gene

408 abundance, microorganisms with the potential ability to affect the redox state and fate of As are
409 present in our microcosms as well as in the aquifer (unpublished data) and their abundance may
410 change depending on the supplied C type.

411 To further identify potential key microbial players involved in Fe(III) reduction and As cycling,
412 16S rRNA gene amplicon sequencing was performed from the original sediments and the
413 sediments supplied with different carbon sources after 10 and 100 days of incubation (Figure 4).

414 Alpha diversity estimators based on the Shannon, Pielou E, Faith Pd indices indicated that, after
415 10 and 100 days, generally higher diversity was observed in the CON+, OMC- and OMS-
416 amended sediment compared to A-/L-amended sediment (Table S6). *In-situ* OM might therefore
417 favor more diverse taxa rather than single microbial key players that could be more competitive
418 in utilizing simple C compounds (i.e. acetate/lactate). It is worth mentioning that generally in all
419 treatments the microbial diversity decreased compared to the original sediment. As expected,
420 alpha diversity indices of CON+ after 100 days of incubation were comparable to that in OM.

421 This is most likely due to the fact that natural sediments contain C similar to the one we have
422 extracted, that might become more available when sediments are disturbed but in lower
423 concentration. Therefore, microbial diversity in all treatments with NOM (including CON+) supported growth of similar taxa, whereas, bioavailable acetate/lactate (A/L) favored fewer
424 microbial taxa (mainly *Geobacter*).

425

426 In the natural sediment, microorganisms belonging to *Sulfuritalea* (potential sulfur-oxidizers)⁶⁸
427 were the most abundant group of microorganisms, representing >10% 16S rRNA relative gene
428 sequence abundance. Other abundant taxa were *Moraxellaceae* (5%), potential arsenite-
429 oxidizing⁶⁹ *Hydrogenophaga* (4%), and potential ammonia-oxidizing archaea⁷⁰ affiliating with
430 *Nitrososphaeraceae* (3%). Within 100 days of incubation, these microorganisms notably

decreased their relative 16S rRNA gene sequence abundance or almost completely disappeared in all treatments, possibly due to the lack of substrates necessary for their growth. The most notable enrichment was observed for *Geobacter*, a well-known Fe(III)-reducer¹¹, with an initial relative 16S rRNA gene sequence abundance of <0.5%, that increased within 10 days 58, 68 and 136 times (to 29%, 34% and 68%) in CON+, OMS and A/L microcosms, respectively. After 100 days, the relative 16S rRNA gene sequence abundance of *Geobacter* dropped to 5% in CON+, remained at ca. 36% in OMS, and still represented 52% of the total microbial community in A-/L-amended microcosms. Clearly, in these setups *Geobacter* was using acetate as an e⁻ donor and C source most efficiently (acetate was consumed after 10 day), leading to a rapid increase to 68% in its relative abundance after 10 days compared to its initial relative 16S rRNA gene sequence abundance, followed by decrease to 52% after 100 days. In the non-C-amended biotic control (CON+), *Geobacter* related sequences were also abundant, in particular at the beginning of the incubation. Although the relative abundance of *Geobacter* after 10 days of incubation was 30%, no Fe(III) reduction was observed suggesting that the available C was sufficient to sustain viability of these cells to some extent, but did not lead to significant Fe(III) reduction. Besides *Geobacter*, the only other known Fe(III)-reducer *Geothrix*⁷¹ was found at a very low abundance (<0.5%) in all treatments except for CON+ where it represented 1.3% 16S rRNA relative gene sequence abundance after 100 days suggesting its rather marginal role in Fe(III) reduction.

In contrast, in the OMC setups *Geobacter* was enriched in relative 16S rRNA gene sequence abundance only to a lower extent, representing 7% of the microbial community after 10 days and 13% after 100 days. This could indicate that the added OMC was less accessible to this group of microorganisms than acetate, lactate or OMS. Instead, the OMC appeared to be a more

454 suitable carbon source for other microorganisms that increased in relative 16S rRNA gene
455 sequence abundance within 10 days, such as *Erysipelothrix* (10.2%), *Dechloromonas* (9%) and
456 *Prolixibacteraceae* (13%), although their abundance decreased by the end of the experiment to
457 7.6, 2.4 and 0.2%, respectively. In OMS-amended microcosms, *Propionivibrio* and
458 *Desulfotomaculum* were enriched to 14% and 18% relative 16S rRNA gene sequence
459 abundance, respectively. However, their abundance also dropped to 4.6% and 0 at the end of the
460 experiment suggesting they were not involved in Fe(III) reduction directly. In A-/L-amended
461 microcosms, besides *Geobacter* only *Azoarcus* increased its relative 16S rRNA gene sequence
462 abundance from 0.5% at the beginning to up to 12% after 100 days. While most of taxa
463 decreased their relative 16S rRNA gene sequence abundance, *Azoarcus*, as one of very few taxa
464 increased its abundance in all treatments, pointing towards its involvement in C utilization and
465 Fe(III) reduction. Also, *Thermodesulfovibrionia*, microorganisms known for reduction of sulfate
466 and other sulfur compounds⁷², appeared abundant in the end of the incubations reaching up to
467 32% in CON+, 11% in OMC and 9% in OMS; however, this taxon was not detectable in A-/L-
468 amended microcosms.

469 *Geobacter*-related microorganisms were previously found in Van Phuc sediments⁵⁰ as well as in
470 other As-contaminated aquifers where Fe(III) reduction is a significant terminal electron-
471 accepting process^{9,11,58,73}, however, its *in-situ* abundance was rather low. In our experiment, the
472 oxidation of bioavailable acetate supported growth of this microorganism fueling microbial
473 Fe(III) reduction. Consequently, fast Fe(III) reduction rates occurred during the first few days of
474 incubation as well as a significant increase in bacterial 16S rRNA gene copy numbers (Figure
475 3A). However, once acetate was depleted, Fe(III) reduction stopped and the number of bacterial
476 16S rRNA gene copy numbers (including *Geobacter*) decreased to only 8% of the initial value

at day 10. Although *Geobacter* also enriched in the presence of natural OM, other taxonomic groups such as *Prolixibacteraceae*, *Erysipelothrix*, *Dechloromonas*, *Propionivibrio*, *Desulfotomaculum*, *Azoarcus* and *Thermodesulfovibrionia* enriched as well. Some of these taxa were previously reported to be present in As-contaminated environments, suggesting their potential direct or indirect role in As cycling⁷¹. Therefore, our results demonstrate that using bioavailable C such as acetate/lactate favors growth of specific microorganisms (i.e. *Geobacter*). However, based on VFA analysis of the porewater, we know that acetate and lactate can be found in the aquifer only sporadically and at concentrations below a few μM , therefore these VFA are probably not the main carbon sources *in-situ*. In contrast, *in-situ* OM enriched diverse taxa and maintained the microbial population for much longer (whereas in the A-/L-amended setups, after 10 days when acetate was already consumed, the cell numbers decreased drastically), suggesting that an increasing complexity of OM might stimulate more diverse microbial communities for much longer in the groundwater aquifer, contributing to slower but prolonged Fe(III) reduction and As mobilization.

Environmental implications. Our study demonstrates that the identity and reactivity of the organic matter controls the rates and extent of Fe(III) reduction and subsequent As mobilization from aquifer sediments under anoxic conditions. Although the commonly used easily bioavailable C-sources such as acetate, lactate, glucose or lactose are useful as a proxy in simple laboratory experiments, they do not fully represent environmentally relevant OM, particularly when used at very high concentrations. In order to gain a full understanding of the prevalent processes and the microbial community involved in the environment, it is necessary to compare the results with those from *in-situ* OM.

Due to the lower bioavailability of *in-situ* OM, Fe and As biogeochemical transformation processes will be most likely much slower than previously assumed based on the experiments with highly bioavailable C which introduce a bias in estimation of As mobilization. In our study we employed novel approaches of using C that is qualitatively more representative of *in-situ* OM and help to better estimate Fe(III) reduction and As mobilization. We showed that OM extracted from the aquifer sediments may serve as a substrate for diverse microbial taxa and sustain their metabolism for much longer while simple C sources such as acetate and lactate may be consumed very quickly leading to decreased abundance and microbial diversity favoring the most competitive microorganisms such as *Geobacter*. However, the *in-situ* OM does not only serve as electron donor for bio-induced Fe mineral transformation but can potentially also be involved in abiotic reactions due to its sorption properties and its capacity to form metal complexes. To better understand the biogeochemical reactions involving NOM, Fe, and As, synchrotron based analysis (XANES) could be used to follow As speciation. Overall, our findings improve the understanding of the fate and cycling of As in groundwater aquifers and provide suggestions for future experiments testing the effect of *in-situ* OM on As mobility.

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FIGURES

A

B

Figure 1. Characterization and comparison of the OM extracted from the Van Phuc aquitard (clayey silt) and aquifer (sandy) sediments, i.e. OMC and OMS. A) FTIR spectra with assigned peaks and potential C compounds: C-O, C-O-C, O-H (polysaccharides), COO- (amino/fatty acids), OH (cellulose), C=C, C=O (lignin-

derivatives), and B) shows the distribution of C-containing structural components quantified by ^{13}C -NMR analysis.

Figure 2. Changes of Fe(II) in the sediment, dissolved Fe²⁺ and dissolved As over 100 days of incubation of As-bearing sediments in microcosms supplied with different C sources. A) concentration of Fe(II) in the sediment quantified by 1 h digestion with 6 M HCl, B) concentration of aqueous Fe²⁺, C) dissolved As (please note that this is the As mobilized from 1 g of sediments into 5 mL volume of artificial groundwater). Biotically active control without additional C (CON+), abiotic control supplied with 160 mM NaN₃ in order to inhibit microbial activity and amended with acetate/lactate (CON -), and three microbially active setups amended with different C sources: OM extracted from clayey silt sediments (OMC), OM extracted from sandy sediments (OMS), acetate/lactate (A/L), at 12 mg C/L each. Error bars represent standard deviation from 3 vials. Each vial was measured in triplicate.

Figure 3. Quantitative PCR analysis of A) bacterial 16S rRNA gene, B) archaeal 16S rRNA gene, C) arsenate reductase gene (*arrA*) and D) anaerobic arsenite oxidase (*arxA*) gene copy numbers after 10 and 100 days of incubations with various C sources. Biotically active control without additional C (CON+), and three microbially active setups amended with different C source: OM extracted from clayey silt sediments

(OMC), OM extracted from sandy sediments (OMS), acetate/lactate (A/L), at 12 mg C/L each. Error bars represent standard deviation from 3 measurements.

Figure 4. Changes in microbial community composition within 10 and 100 days of incubation with various C sources. The presented taxa were analyzed at genus level (and labelled with highest descriptive taxonomic level) and minimum abundance level of 0.5%. Biotically active control without additional C (CON+), abiotic control supplied with 160 mM sodium azide in order to inhibit microbial activity and amended with acetate/lactate (CON-), and three microbially active setups amended with different C source: OM extracted from clayey silt sediments (OMC), OM extracted from sandy sediments (OMS), acetate/lactate (A/L), at 12 mg C/L each. T0 represents the initial microbial community at the beginning of the experiment.