

Increasing carbon-to-phosphorus ratio (C:P) from seston as a prime indicator for the initiation of lake reoligotrophication

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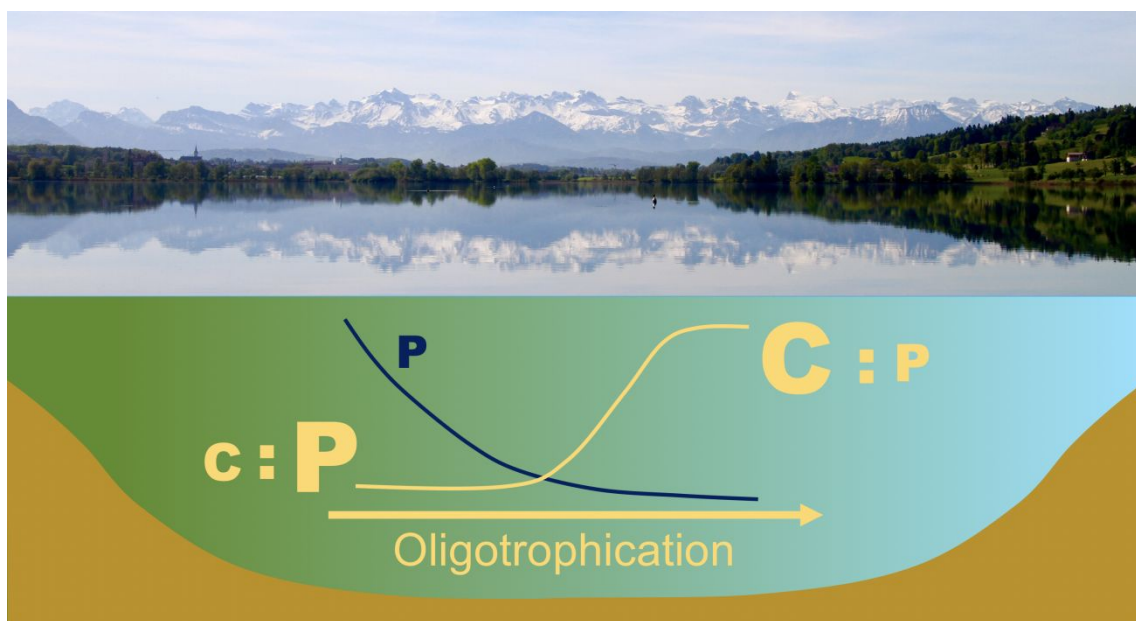
Synopsis: Lake Hallwil showed a distinct increase in its seston C:P ratio over the course of 35 years of reoligotrophication.

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30 **Abstract:**

31 Declines in total phosphorus (TP) during lake reoligotrophication do not apparently immediately influence
32 carbon assimilation or deep-water oxygen levels. Traditional monitoring and interpretation do not typically
33 consider the amount of organic carbon exported from the productive zone into the hypolimnion as a
34 measure of net ecosystem production. This research investigated carbon-to-phosphorus ratios of
35 suspended particles in the epilimnion, $(C:P)_{\text{epi}}$, as indicators of changing productivity. We report sestonic
36 C:P ratios, phytoplankton biomass, and hypolimnetic oxygen depletion rates in Lake Hallwil, a lake whose
37 recovery from eutrophic conditions has been documented in 35 years of historic water monitoring data.
38 This study also interpreted long-term $(C:P)_{\text{epi}}$ ratios from reoligotrophication occurring in four other lakes.
39 Lake Hallwil exhibited three distinct phases. (i) The $(C:P)_{\text{epi}}$ ratio remained low when TP concentrations did
40 not limit production. (ii) $(C:P)_{\text{epi}}$ increased steadily when phytoplankton began optimizing the declining P
41 and biomass remained stable. (iii) Below a critical TP threshold of ~ 15 to ~ 20 mg P m⁻³, $(C:P)_{\text{epi}}$ remained
42 high and the biomass eventually declined. This analysis showed that the $(C:P)_{\text{epi}}$ ratio indicates reduction of
43 productivity prior to classic indicators such as deep-water oxygen depletion.

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1. Introduction

Limiting phosphorus (P) loads in lakes can diminish primary production and thereby reduce hypolimnetic oxygen (O_2) depletion. Phosphorus reduction also can reduce the frequency and severity of harmful algal blooms and sustains habitat for fish and other species that are sensitive to hypoxia. Various mitigation measures have successfully reduced P loads,^{1,2} but the effects of P reduction on primary production tends to show little change in deep-water O_2 consumption during the early phases of recovery from eutrophication.^{3,4,5} Changes in primary production and subsequent hypolimnetic O_2 consumption may become evident only at TP concentrations significantly lower than previously expected.⁴ Oxidation of sediment layers and their reduced substances may limit improvement in hypolimnetic O_2 concentrations.^{6,7} Furthermore, primary production in lakes varies seasonally and interannually, and detection of trends in rates of production typically depends on long-term monitoring data. However, the decline of P availability below a critical threshold restrains cellular growth⁷ and phytoplankton biomass. This would appear as lower concentrations of P fractions relative to assimilated carbon.^{8,9} At initial decrease of the P supply, the C:P ratio may not correspond well with changes in growth rate due to luxury consumption of P. At a subsequent stage, an increase in the C:P ratio of the phytoplankton community can indicate physiological adaptation and compensation in response to reduced P availability, while growth rates are still unaffected. A change in the C:P ratio of suspended organic particles in the productive zone of a lake (represented as $(C:P)_{epi}$) could therefore serve as a more immediate indicator of phytoplankton response to the decline of bioavailable P even though some aspects of water quality have not fully recovered. A complementary analysis of C:P ratio could test the hypothesis that this transition occurs earlier than the time frame traditionally interpreted from long-term lake monitoring data.

Phytoplankton communities in oceans¹⁰ and freshwater lakes^{11,12,13} show the ability to adjust and optimize their biomass production in response to changing nutrient supplies. Phosphorus is essential for the formation of nucleic acids, membrane lipids, and polyphosphates of all organisms.¹⁴ Phytoplankton have a wider dynamic range than zooplankton or bacteria.¹⁵ At excessive P supply, it can take up and store P in excess of its requirements, which is known as luxury uptake.^{16,17} When primary production is limited by the availability of P, pathways for more efficient P use facilitate continued carbon assimilation and biomass production. High elemental C:P ratios of seston, provided that seston consists mainly of autochthonous particles, have been observed in oligotrophic lakes^{18,19} but not in eutrophic lakes.^{20,21} The C:P ratios vary strongly over the season due to varying P availability in the photic zone. The ratio is usually low at the beginning of the productive season in spring and then increases as bioavailable P becomes scarce.²² Hence, the C:P ratio of seston changes rapidly and with apparent precision in response to changing nutrient availability. This could explain why dynamic changes in biomass show some degree of

independence relative to available P. Based on laboratory experiments, Healey and Hendzel²³ interpreted planktonic C:P ratios <129 as not imposing P limitation on growth, whereas C:P ranging from 129 to 258 represented moderate P-deficiencies, and higher C:P values categorized as extremely P-deficient. Their study further suggested that C:P ratios may serve as sensitive indicators of lake phytoplankton community response to P mitigation efforts. The ability of phytoplankton communities to adapt to decreasing P-supply through more efficient P use could hinder reoligotrophication processes such as epilimnetic carbon export and could delay expected increases in hypolimnetic O₂ concentration.

In this study, we analyzed a 35-year record of phytoplankton C:P ratios and hypolimnetic O₂ depletion in Lake Hallwil. Lake TP concentrations have decreased from maximum values of ~240 mg P m⁻³ from the mid 1970's to ~13 mg P m⁻³ in recent years. Correspondingly, the dataset covers the transition from a eutrophic to an oligotrophic status and allows for detailed interpretation. Findings are compared with historic datasets from four other lakes with similar trophic conditions. Observations confirm that the C:P ratio detects onset of P limitation in the course of lake reoligotrophication.

2. Materials and Methods

2.1 Study site

Located on the Swiss Plateau, Lake Hallwil is a 9.95 km² large lake with maximum depth of 46.5 m, a mean depth of 28.6 m, a volume of 0.29 km³, and water residence time of 4.0 years (Table S2). The lake is currently recovering from eutrophic conditions that peaked in the 1970's when total phosphorus concentrations after winter turnover (TP_{mix}) reached values of ~240 mg P m⁻³. Excessive algal growth, fish kills, and anoxic conditions in the hypolimnetic waters during the stratified summer season led to the installation of an aeration system similar to that installed a few years earlier in Lakes Baldegg and Sempach.^{24,25,26} Artificial aeration since 1986 supplies up to 700 t of molecular O₂ during each productive season but does not impact natural stratification. During winter, compressed air transmitted through the water column supports natural convective mixing (no ice cover, complete mixing in winter) and thereby enhances O₂ uptake from the atmosphere. In spite of these efforts, the volume-averaged mean O₂ concentration in the hypolimnion (below 15 m water depth) falls below 2 g O₂ m⁻³ towards the end of the stratified season for 70% of all summer seasons as documented by monitoring data (Figure S1).

Combined efforts of industry and agriculture have led to a decline in TP concentrations since 1980 to current levels of ~13 mg P m⁻³ (average from 2016-2020). Chapter S1 describes the development of the bioavailable P loads in Lake Hallwil since the mid-1980's (Figure S2). Since 2000, the planktonic community is dominated by *P. rubescens*, a non-N₂-fixing cyanobacterium.²⁷

2.2 Sampling and chemical analyses

Researchers have reported sporadic chemical analyses from Lake Hallwil since the 1960's, but regular, extensive monitoring began in 1985, one year prior to initiation of artificial aeration. Monitoring includes monthly vertical profiling of the water column using multiparameter probes that measure temperature, conductivity, O₂, and pH (Hydropolytester, Züllig, Rheineck, Switzerland until 1999, then a YSI multiparameter probe including fluorometry for Chlorophyll-*a* until 2015, then a YSI EXO2 with a combined sensor for chlorophyll/cyanobacterial pigments, Yellow Springs, USA used until present). Water samples were collected at 15 different depth levels first monthly until 1997 and then five times per year thereafter (March, May, August, October and December). Samples integrating the water column between 0 – 13 m and 13 – 45 m depth were collected monthly with a specially constructed tubing system further described in chapter S2. Particulate organic carbon (POC) and particulate phosphorus (PP) from all water samples were analyzed directly from filters (glass fiber filters for POC and cellulose acetate filters for PP). Chapter S2 describes the analysis. As the metalimnetic temperature gradient extends from 10 – 15 m depth between May and mid-November, a sampling depth of 13 m is interpreted as spanning the epilimnion.

A sediment trap was installed at 30 m depth in Lake Hallwil over a 3-year period (2014-2016). The trap consisted of a pair of 70 cm long and 7 cm wide (inner diameter) Plexiglas tubes. The material was collected monthly, freeze-dried, and then weighed. The dried material was ground in an agate mortar and analyzed for total organic carbon (TOC), total carbon (TC), total inorganic carbon (TIC), and TP according to the protocols described in chapter S2.

Long-term data from a Swiss lakes-monitoring program allowed for estimation of C:P ratios of suspended particulate matter in the epilimnion (C:P)_{epi} for Lakes Geneva (1986-2019), Lucerne (1982-2020), Pfäffikon (1985-2008), and Türlensee (1987-2008). This study reports C:P as molar ratios calculated using mean epilimnion concentrations (15 m depth) from April to October. Particulate phosphorus (PP) and particulate organic carbon (POC) were analyzed for all lakes (Lucerne only from 1982-2012) using membrane and glass fiber filters, respectively. Concentrations of PP and POC from Lake Lucerne (from 2013-2020) were calculated as respective differences in TP and TDP and in TOC and DOC. The use of types of filters differing in pore size may introduce bias in the estimated C:P ratios, which could not be further characterized, however.

2.3 Estimation of areal hypolimnetic mineralization rates

The areal hypolimnetic mineralization rate (AHM) expresses average per day O₂ consumption in the stratified hypolimnion during the productive summer season plus O₂-consuming equivalents of reduced compounds present in the water column such as methane and ammonium.⁶ In practice, estimates of O₂ content in the hypolimnion (below 15 m depth) integrate the discrete O₂ concentrations of the vertical

profiles multiplied by associated water layer volumes. The concentrations of NH_4^+ , NO_2^- , CH_4 , Fe(II) , Mn(II) , and CH_4 were also measured monthly as part of the regular monitoring protocol until 1997. By then, concentrations of reduced substances in the hypolimnion became negligible relative to the O_2 budget. The amount of O_2 that these reduced compounds consume due to their oxidation in oxic waters was subtracted from the total O_2 content of the hypolimnion. Multiplication factors for estimating O_2 equivalents from the reduced compounds⁶ were 2 for NH_4^+ and CH_4 , 0.5 for NO_2^- and Mn(II) , and 0.25 for Fe(II) . Consumption of the corrected O_2 content in the hypolimnion was calculated as the difference between the highest (usually in March) and lowest content (usually early November). The AHM in O_2 -equivalents was calculated by normalizing to the hypolimnion cross sectional area at 15 m depth on a daily basis [$\text{g O}_2 \text{ m}^{-2} \text{ d}^{-1}$].

2.4 Plankton sampling and analysis

Phytoplankton were sampled monthly using a tubing system suspended within the water column between depths of 0 – 13 m and 13 – 45 m (details given in chapter S2). Integrated samples were split into duplicates and filtered using glass fibre filters for particulate organic carbon (POC) and cellulose acetate membrane filters for particulate phosphorus (PP). Chlorophyll-*a* was measured photometrically at 665 nm. Phytoplankton analysis used samples from 0 – 13 m depth preserved in Lugol solution (iodine acetate). Following the Utermöhl technique²⁵, samples collected throughout the sampling period were concentrated by settling. Organisms were then counted from cell chambers under a microscope. Counts of all visible cells were multiplied by specific cell volumes assuming a density of 1 g cm^{-3} to establish estimates of wet biomass (g m^{-2}) for the surface layer of the 0 – 13 m volume.

3. Results

3.1 Plankton response to reoligotrophication

During its reoligotrophication, Lake Hallwil experienced declines in its volume-weighted average TP concentration after winter overturn (Figure 1) from maximum values of $\sim 240 \text{ mg P m}^{-3}$ in the mid 1970's to current levels of $\sim 13 \text{ mg P m}^{-3}$ (average value from 2016-2020). The TP concentrations declined rapidly due to mitigation measures in the catchment, especially in Lake Baldegg upstream. Concentrations of dissolved inorganic P (DIP) have fallen below detection limits in mid-August every year since 1985 (Figure S4). Concentrations of particulate P in the epilimnion have remained between 10 and 20 mg P m^{-3} with occasional excursions slightly over 20 mg P m^{-3} in summer. Starting in 2009, TP dropped below $\sim 20 \text{ mg P m}^{-3}$ and seasonal variations disappeared. Particulate P has accounted for virtually all measured P. Concentrations for DIP have remained mostly below $1\text{-}2 \text{ mg P m}^{-3}$ during all seasons.

From 1985 to 1998, living phytoplankton biomass in Lake Hallwil increased from 10-15 g m⁻² to >60 g m⁻² as TP_{mix} concentrations declined over the course of reoligotrophication. Biomass exhibited maximum values from 1998 to 2003 when TP_{mix} concentrations were at ~50 mg P m⁻³ (Figure 1). This paradox reflected accumulation of *P. rubescens* communities that often predominate in the metalimnion of lakes during transitions from eutrophic to oligotrophic conditions^{27,29} (see S3 for a concise characterization of *P. rubescens*). Apparently, a TP_{mix} concentration of ~50 mg P m⁻³ allows for an optimal biomass density in response to light levels and available P. Decreasing TP concentrations were accompanied by an annual mean phytoplankton biomass decline of ~50% between 2002 and 2005. Phytoplankton species other than *P. rubescens* also declined allowing *P. rubescens* to consume an even larger fraction of available P. By the mid-2000's, it comprised 75-85% of the net phytoplankton biomass. Since 2002, the peak biomass of *P. rubescens* has declined by ~80% as TP has decreased from maximum values of 50 g m⁻³ to 10 g m⁻³ in 2019 (Figure 1). Average annual Chlorophyll-a concentrations have followed phytoplankton abundance trends over the years. Secchi depth (Figure S5) was shallow in winter during years of high *P. rubescens* biomass (<4 m). The years with highest *P. rubescens* and phytoplankton biomass (1998 to the mid-2000's) gave the lowest Secchi depth estimates for all seasons. Depths increased gradually in subsequent years.

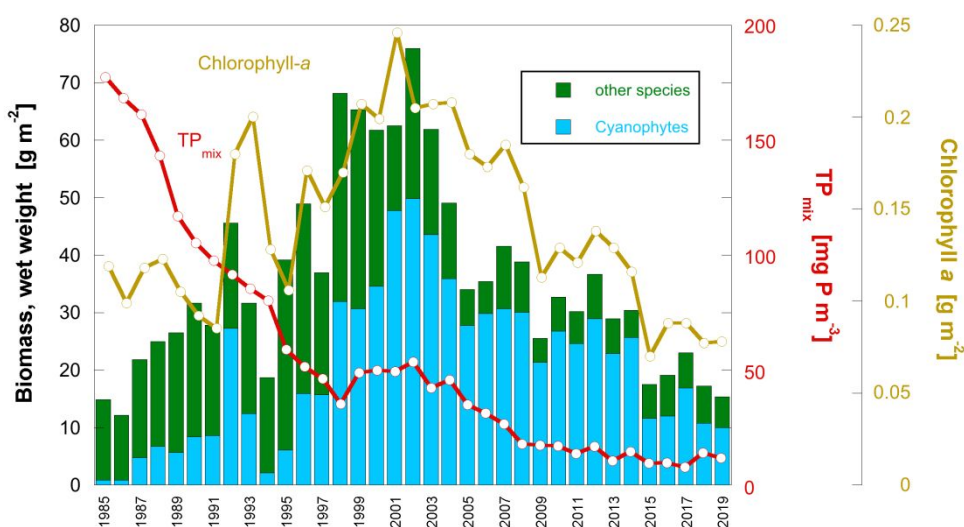


Figure 1: Phytoplankton biomass (annual mean values in g m⁻² wet weight) for Lake Hallwil measured from monthly samples of the upper 13 m of the water column. Cyanophytes (blue) were dominated by *P. rubescens* in most years. Green bars aggregate other major algal classes (Chlorophyceae, Dino- and Cryptophyceae, Chrysophyceae, Diatoms). The red line depicts TP_{mix} concentrations after winter overturn. The tan line represents average annual Chlorophyll-a concentrations.

3.2 Increasing C:P ratio of seston with decreasing TP-concentrations

While Lake Hallwil TP_{mix} concentrations declined from maximum values of $\sim 240\text{ mg P m}^{-3}$ in the 1970's to $\sim 50\text{ mg P m}^{-3}$ (average from 1996-2004, red line in Figure 2), the seston C:P ratios in the epilimnion and hypolimnion did not show any systematic trend. The molar C:P ratios of seston from the epilimnion $(C:P)_{epi}$ showed a pronounced seasonality with minimum values in winter (~ 110 , December to March, green marks in Figure 2). Individual peaks in the summer months of June to September occasionally exceeded 300. The molar ratio for the hypolimnion $((C:P)_{hypo}$ for 13-45 m depth, blue marks in Figure 2) resembled winter values in the epilimnion and showed only weak seasonal dynamics with much lower summer peaks.

Data collected since the mid-2000's show a clear increase in $(C:P)_{epi}$ ratios. Summer maximum ratios showed both steady and drastic seasonal increases. The $(C:P)_{hypo}$ ratios that thus far showed only minor year to year variation but strong seasonality also increased to show seasonal variation of greater magnitude. C:P ratios in the epi- and hypolimnion were similar during winter overturn, but $(C:P)_{epi}$ values were much higher than $(C:P)_{hypo}$ during the productive season. Supporting information (S4) provides more detailed analysis of monthly $(C:P)_{epi}$ ratios for different time intervals.

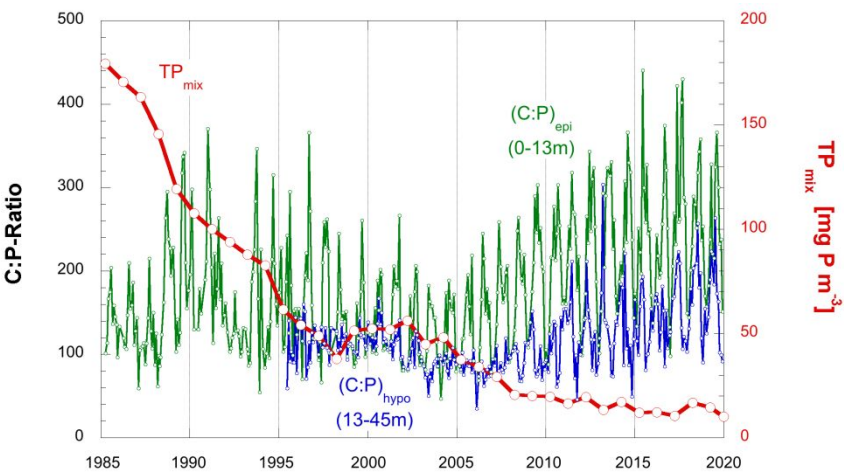


Figure 2: C:P ratios from seston in the epilimnion (0-13 m depth, green) and in the hypolimnion (13-45 m depth, blue). TP_{mix} represents TP concentrations after winter overturn (red).

Figure 3a shows the data for the years 1997 to 2008 in greater temporal resolution. Every summer, the sestons' $(C:P)_{epi}$ ratio (green line) increased immediately upon complete consumption of DIP_{epi} (blue line) when concentrations approached the detection limit of $\sim 0.5\text{ mg P m}^{-3}$. Figure 3b shows that the $(C:P)_{epi}$ fell within a narrow range of values (average 110 ± 35) except for concentrations of DIP_{epi} less than $\sim 12\text{ mg P m}^{-3}$. Beneath a threshold of 12 mg P m^{-3} , average $(C:P)_{epi}$ values were 200 ± 70 . The seasonal disappearance of DIP_{epi} appears to have triggered the increase in the $(C:P)_{epi}$ ratio.

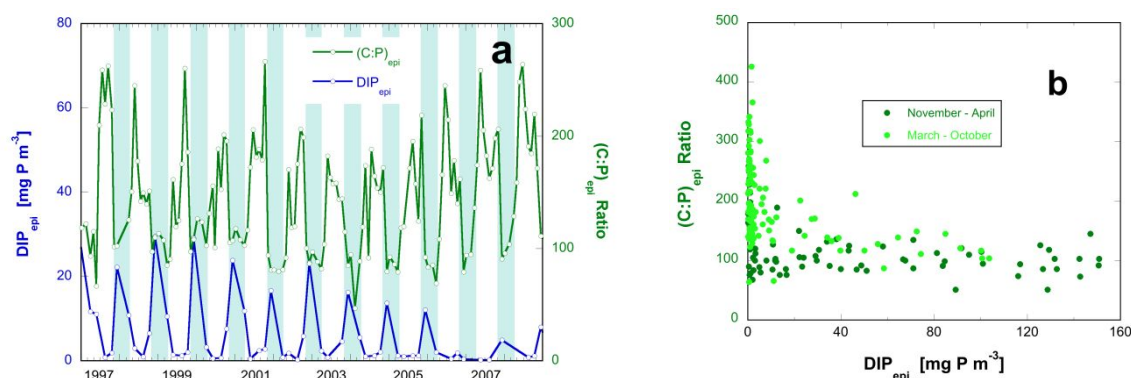


Figure 3: a) The $(C:P)_{\text{epi}}$ molar ratios of seston in the epilimnion (0 - 13 m depth, green) increased immediately after decreases in volume-averaged epilimnion concentration of dissolved inorganic P (DIP, blue). Shaded areas depict timing of deep winter mixing (November to March) and minimal $(C:P)_{\text{epi}}$ values. b) A drastic increase in $(C:P)_{\text{epi}}$ occurs only for the lowermost DIP concentration range ($<10 \text{ mg P m}^{-3}$).

4. Discussion

4.1 C:P ratio of lake seston in response to reoligotrophication

Over the 35-year record for Lake Hallwil, the most pronounced changes in seasonal seston C:P ratios appear in the epilimnion during the productive season. Figure 4a shows annual averaged $(C:P)_{\text{epi}}$ ratios from April to October as well as TP_{mix} and DIP_{mix} concentrations for the end of winter overturns. This figure highlights three apparent phases in lake reoligotrophication.

Phase I (<1985 to 2005): In spite of decreasing TP_{mix} concentrations, average annual phytoplankton biomass increased about six-fold and peaked at TP_{mix} concentrations of $\sim 50 \text{ mg P m}^{-3}$. Despite contrasting trends between biomass and TP_{mix} concentrations, the seston $(C:P)_{\text{epi}}$ ratio remained at ~ 165 (average of 1985 to 2005) while growth was not limited by P supply (Figure 4b). *P. rubescens* became established in the lake by 1987 and predominated lake phytoplankton composition within a few years (Figure 1). The $(C:P)_{\text{epi}}$ ratio stabilized with decreasing TP_{mix} and increasing *P. rubescens* biomass such that variations became smaller.

Phase II (2005 to 2012): The already low concentrations of immediately available DIP for springtime approached detection limits indicating that P in the productive epilimnion remained bound in organic form (blue line in Figure 4a). Further declines in TP concentrations forced phytoplankton to optimize P use to maintain high assimilation rates. As a consequence, the $(C:P)_{\text{epi}}$ ratio for organic particles increased, while

the biomass remained roughly constant (Figure 1). The TP_{mix} had reached threshold values of $\sim 38 \text{ mg P m}^{-3}$ when $(C:P)_{epi}$ began increasing.

Phase III (2012 to present day): Phytoplankton could no longer adjust C:P ratios and further declines in P concentrations began to limit phytoplankton biomass. The $(C:P)_{epi}$ ratio reached maximum values and remained roughly constant at ~ 290 (average from 2012 to 2019). The biomass began decreasing once TP_{mix} fell below a threshold TP_{mix} concentration of ~ 15 to $\sim 20 \text{ mg P m}^{-3}$. The biomass decreased by $\sim 50\%$ during phase III and continues to consist mostly of *P. rubescens*.

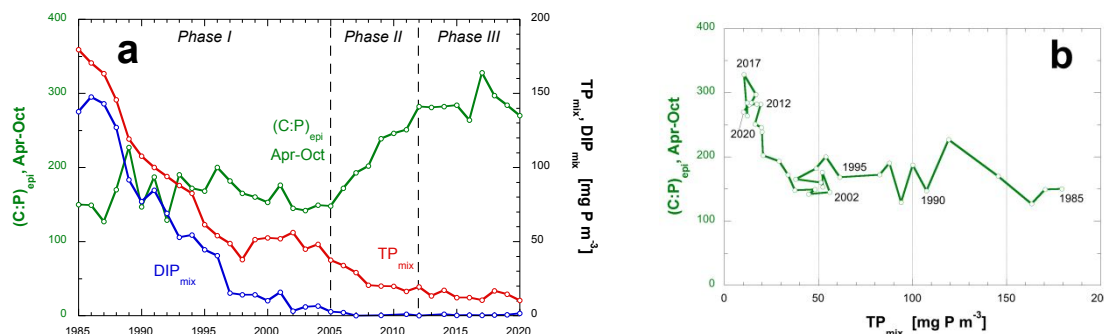


Figure 4: a) $(C:P)_{epi}$ molar ratios for seston in the epilimnion (0 – 13 m depth) of Lake Hallwil averaged from April to October (green); TP_{mix} (red) and DIP_{mix} (blue) represent volume-averaged concentrations after winter overturn. b) Annual averaged $(C:P)_{epi}$ ratios increase below a TP_{mix} threshold concentration of ~ 15 to $\sim 20 \text{ mg P m}^{-3}$.

An increase of $(C:P)_{epi}$ ratios from 165 to 290 during the productive seasons coupled with a decline in excess P (phase I) to P-limited conditions (phase III) agrees well with trends for corresponding trophic scenarios given in the literature. Healy and Hendzel⁸ reported similar C:P ranges for phytoplankton cultures growing under varying nutrient limitations when P was not limiting ($C:P < 129$) or severely limiting ($C:P > 258$). Guildford and Hecky¹⁸ reported an average C:P ratio of 265 from several large lakes in northwestern Ontario. Five lakes from the Experimental Lakes Area in Canada having water residence times of >6 months gave an average C:P ratio of 412.¹² During reoligotrophication of Lake Constance, seston C:P ratios increased from ~ 100 ($TP_{mix} = 77 \text{ mg P m}^{-3}$) to ~ 270 ($TP_{mix} = 25 \text{ mg P m}^{-3}$) and showed clear seasonal variation.²² Similar to findings shown in Figure 2, C:P ranged from 135 to 410 for all individual measurements corresponding to $TP_{mix} = 25 \text{ mg P m}^{-3}$. Sterner et al.³⁰ reported a similar seasonal range from 13 lakes of the Red Lake District (Ontario, CA). The oligotrophic Lake Superior exhibits a summer average C:P ratio of 298 for the upper 20 m of its water column.¹⁹ Tropical lakes also give C:P ratios in this

range. The eutrophic Lake Victoria exhibited a C:P ratio of 149, while that of mesotrophic Lakes Malawi¹⁸ and Kivu³¹ reached values of 244 and 263, respectively. Sterner et al.¹³ estimated an average C:P ratio of 225 using a large dataset covering both large and small lakes over all seasons. The C:P range expressed during the reoligotrophication of Lake Hallwil is thus consistent with values observed from other freshwater lakes.

At elevated TP concentrations, phytoplankton biomass typically dominates seston composition and may account for nearly all PP in suspension. Excess P supply relative to phytoplankton uptake can lead to luxury uptake of P which decreases phytoplankton C:P ratios.^{16,17} In an oligotrophic lake, however, allochthonous particles can contribute to and thereby bias PP. Sources and composition of particulate material may vary across lakes. For Lake Hallwil, allochthonous particles are negligible since the lake is surrounded by densely vegetated hills along its western and eastern shores. Its main tributary transports outflow from Lake Baldegg upstream, which provides ~50% of its hydrological load and acts as sedimentation basin for terrestrial material.

Figure 4a shows that decreasing TP_{mix} concentrations during phase I still provided sufficient P for optimal growth of the phytoplankton community as indicated by the consistent $(C:P)_{epi}$ ratio. These ratios fell well within the range measured from other eutrophic lakes. A TP_{mix} value of $\sim 38 \text{ mg P m}^{-3}$ represented a threshold wherein DIP_{epi} concentrations approached detection limits following winter overturn. The disappearance of DIP indicated that virtually all P present occurred as particulate organic P with no immediately bioavailable P remaining in the epilimnion. This may not influence increasing $(C:P)_{epi}$ ratios because even if DIP fell within a measurable range at the beginning of the productive season, it becomes depleted almost immediately when production sets in. Figure S4b shows that already by 1985, DIP concentrations had become depleted in the epilimnion shortly after the onset of production in spring. Biomass remained approximately constant in its quantity and composition after 2005 but increasing $(C:P)_{epi}$ ratios indicate that phytoplankton had optimized consumption of P to maintain maximum production. A second threshold was reached when the $(C:P)_{epi}$ ratio of the seston attained levels associated with TP_{mix} concentrations of $15\text{--}20 \text{ mg P m}^{-3}$ (Figure 4b). The $(C:P)_{epi}$ ratio of ~ 290 persisted through subsequent years and resembled values observed in other oligotrophic lakes. Biomass has since declined up until present day and annual TP_{mix} concentrations have fallen to values as low as 10 mg P m^{-3} . The threshold TP_{mix} concentration of $15\text{--}20 \text{ mg P m}^{-3}$ agrees with the recent estimates by Müller et al.⁴ that use the change in hypolimnetic mineralization rate as an indicator of trophic development. They estimate eventual decrease of the net ecosystem production (NEP, i.e. the amount of organic carbon exported from the productive zone to the hypolimnion) below a threshold value corresponding to an areal P load of $\sim 0.54 \text{ g P}$

m⁻² during a lake's productive season. For Lake Hallwil, this load corresponds to a TP_{mix} concentration of ~20 mg P m⁻³ as shown in S5.

4.2 Further indicators of lake recovery

Indicators of lake recovery from excess P loads include decreasing concentrations of TP_{mix}, DIP, and PP (Figure S4), decreasing phytoplankton biomass and Chlorophyll-a concentrations (Figure 1), and increasing Secchi depths. This last parameter has approximately doubled since the mid-2000's for all seasons (Figure S5). The input of molecular O₂ to sustain an oxic hypolimnion was reduced from an average 537 t O₂ per summer (1987-2007) to 109 t O₂ (2016-2019) (chapter 4.3 and Figure S7). Local fishermen report that fish have become slimmer and longer, and that the recent fish catch has declined. Sediment trap data from Lake Hallwil showed that the sedimentation rate for organic carbon declined from 123 g C m⁻² year⁻¹ in 1982²⁰ (C:P = 130, May to October, 30 m depth) to 52 ± 7 g C m⁻² year⁻¹ (2014-2016, C:P = 200 ± 54, April to October, 30 m depth).⁴ These observations indicate that NEP has fallen by more than 50% over the last ~30 years, and trophic conditions have shifted from P-sufficient to P-limited. Comparison of C:P measurements, obtained from sediment traps and tube samples, showed that sediment traps provided consistently lower estimates. These lower C:P ratios may reflect mineralization of organic matter or grazing by crustaceans in the traps during collection.³²

4.3 Evidence of decreasing production from hypolimnetic oxygen consumption

The decreasing trend of AHM, and by extension also of NEP, since about 2012 occurred simultaneous with the continued decline of TP_{mix} and biomass under persistently high (C:P)_{epi} ratios. Figure 5 shows AHM evolution over the past 50 years. The areal rate of O₂ introduced by aeration is subtracted from the observed AHM. The AHM depicted in Figure 5 thus represents net O₂ depletion values (AHM not corrected for aeration are shown in Figure S7 and discussed in S6). The decline in AHM observed over the last decade is consistent with observed declines in biomass (Figure 1) and stabilization of seston (C:P)_{epi} ratios in phase III (Figure 5). These trends coincided with TP_{mix} concentrations attaining threshold values of 15 - 20 mg P m⁻³. Together, trends in biomass, (C:P)_{epi}, and TP_{mix} thresholds indicate decreasing NEP eventually resulting in decreasing O₂ consumption resulting from lake reoligotrophication.

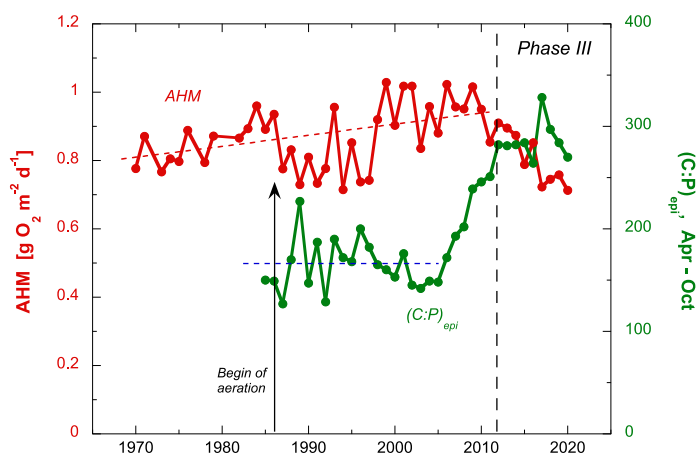


Figure 5: Areal hypolimnetic mineralization rate (AHM, red) during summer stratification and seasonal $(C:P)_{\text{epi}}$ ratios averaged from April to October (green). The arrow indicates initiation of aeration in 1986.

4.4 Trends of C:P ratios in lakes undergoing reoligotrophication

Our analysis of processes that led to reoligotrophication of Lake Hallwil suggests that phytoplankton communities make an initial adjustment to changing water column conditions. This adjustment appears as an increase in $(C:P)_{\text{epi}}$ ratios during the productive season. The $(C:P)_{\text{epi}}$ ratios from four other temperate, seasonally stratified lakes progressing towards reoligotrophication also show this increase. Figure 6 shows inverse relations between $(C:P)_{\text{epi}}$ ratios and TP_{mix} concentrations observed from four lakes. The monitoring data shown cover 20 to 35 years. Concentrations of TP_{mix} averaged for the past ten years for Lakes Geneva, Lucerne, Pfäffikon, and Türlensee are 20, 4.2, 17, and 18 mg P m^{-3} (Table S2). According to Müller et al.⁴ (also see S5), a decline in NEP is predicted to occur at TP concentrations of 20, 14, 19, and 16 mg P m^{-3} for Lakes Geneva, Lucerne, Pfäffikon, and Türlensee, respectively. Therefore, these lakes are presently at the threshold concentration for TP_{mix} below which a decrease of NEP is expected. Only Lake Lucerne has reached its estimated threshold concentration already in 1988. This lake has shown a significant decrease in AHM. The other three lakes show little change in AHM up until present.

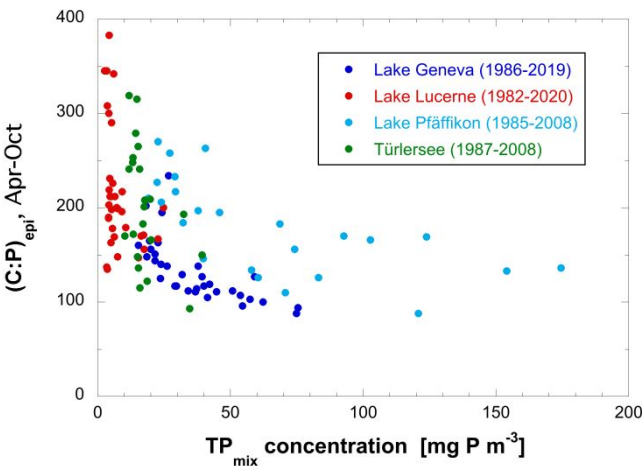


Figure 6: Average (C:P)_{epi} ratios for seston in the epilimnion during the stratified season (April to October) for four lakes undergoing reoligotrophication. Lakes include Lake Geneva (34 years of monitoring data, blue), Lake Lucerne (39 years of data, red), Lake Pfäffikon (24 years of data, light blue), and Türlensee (20 years of data, green).

In all four lakes, the increase in (C:P)_{epi} ratio provided initial indications of declining P concentrations affecting the phytoplankton community. Except for Lake Lucerne, lakes have shown only small shifts in AHM. Significant changes in NEP have not yet occurred and require further declines in bioavailable P. Once the lake achieves threshold TP_{mix} concentrations, a decline in biomass and associated hypolimnetic O₂ consumption would initiate decreases in NEP.

The phytoplankton community reacted to declining availability of P during the productive season by improving the efficiency of biomass production and using less P. Rigorous detection of this process demonstrates that the (C:P)_{epi} ratio detects declining productivity prior to traditional indicators of deep-water O₂ depletion. Long-term datasets containing particle analyses are only available for a few lakes. Future research should seek to verify whether the dynamics observed from Lake Hallwil justify refining approaches in interpreting the timing of changes in lake trophic structure.

Associated Content

Supporting Information

Chapter S1: Loads of bio-available phosphorus to Lake Hallwil

Chapter S2: Tubing system for integrated sampling of lake water column

Chapter S3: Characteristics of *Planktothrix rubescens*

Chapter S4: Box plots of epilimnetic C:P ratios at monthly resolution

Chapter S5: Estimation of TP_{mix} threshold concentration below which NEP decreases in proportion to decreasing TP_{mix}

Chapter S6: Evidence of decreasing production from hypolimnetic oxygen consumption

Figure S1: Concentration of O_2 in the hypolimnion of Lake Hallwil

Figure S2: Annual loads of bio-available P to Lake Hallwil

Figure S3: Comparison of analytical methods for measuring $(C:P)_{epi}$ ratios in seston from the epilimnion of Lake Hallwil from 1985-2019

Figure S4: Volume-weighted average concentrations of total P, dissolved inorganic P, and particulate P in the epilimnion of Lake Hallwil over the past 40 years.

Figure S5: Secchi depth measurements for Lake Hallwil

Figure S6: Box-plots of $(C:P)_{epi}$ in Lake Hallwil

Figure S7: Areal hypolimnetic mineralization rate and seasonal $(C:P)_{epi}$ ratios

Table S1: Threshold concentrations of TP_{mix} calculated for Lakes Geneva, Lucerne, Pfäffikon, and Türlensee

Table S2: Morphological and hydrological characteristics of Lake Hallwil and lakes presented in chapter 4.4.

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Notes

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