

The phenotypic determinants of diet variation between divergent lineages of threespine stickleback

Abstract: Lineages with independent evolutionary histories often differ in both their morphology and diet. Experimental work has improved our understanding of the biomechanics of foraging in fishes and established links between traits and foraging performance (trait-utility). However, because the expression of foraging-relevant traits and their utility can be highly context-specific, it is often unclear how dietary divergence arises from evolved phenotypic differences. Here, we explore the phenotypic causes of dietary divergence between two genetically and phenotypically divergent lineages of threespine stickleback (*Gasterosteus aculeatus*) with independent evolutionary histories. First, using individuals from a line-cross breeding design, we conducted 150 common-garden foraging trials with a community of multiple prey species and performed morphological and behavioural analyses to test for prey-specific trait-utility. Second, we tested if the traits that explain variation in foraging performance among all individuals could also explain the dietary divergence between the lineages. Overall, we found evidence for the utility of several foraging traits, but these traits did not explain the observed dietary divergence between the lineages in common garden. This work suggests that dietary divergence observed in the wild results not only from differences in morphology but also from behaviours that underlie prey choice in species-rich prey communities.

Keywords: Trait utility, dietary divergence, foraging, trait evolution

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22 **Introduction**

23 Lineages with independent evolutionary histories often show divergence in both morphology and
24 resource-use (Grant et al. 1976; Herrel et al. 2008; Bassar et al. 2010; Muschick et al. 2012), but
25 the functional links connecting morphology, behaviour, and diet are often unclear. The
26 ecomorphological paradigm provides a mechanistic framework for understanding the linkages
27 between morphology, performance, and fitness (Arnold 1983). In relation to foraging, both
28 morphological and behavioural traits determine an organism's performance in a particular
29 environmental context, where performance measures can include rates of prey encounter and
30 attack, the kinematics of prey capture, prey processing and overall rate of consumption. Extensive
31 experimental work, particularly involving biomechanics (Higham et al. 2021), has improved our
32 understanding about the relationships between traits and foraging performance in fishes
33 (Wainwright and Richard 1995; McGee et al. 2013; Muñoz 2019). However, compared to
34 morphology and foraging performance, diet is more proximal to the outcomes of fitness relevant
35 tasks (i.e. energy acquisition for survival and reproduction) (Storz et al. 2015), and we often have
36 a poor understanding of how functional trait variation translates into realised diet variation in
37 natural populations. This makes it challenging to understand the underlying ecological causes of
38 evolutionary divergence of consumer diets, particularly if diet variation is complex in nature, and
39 trait utility is inferred from experiments in simple environmental contexts.

40

41 Comparative studies can help us develop hypotheses about the functional links between
42 morphology and diet, but are often unable to establish how morphological variation translates into
43 feeding performance, diet variation, and ultimately fitness variation. This is largely because dietary
44 variation in natural consumer populations is determined by both contemporary resource

availability, and the phenotypes of individuals that are expressed in a given environmental context (Araújo et al. 2011). Dietary divergence between populations can result from multiple abiotic and biotic environmental factors, such as habitat structure, prey community composition, and individual interactions with predators and competitors (Araújo et al. 2011; McWilliam et al. 2013; Tewfik et al. 2016). Dietary divergence might correlate with functional trait divergence among populations, if either trait expression depends on resource conditions (Olsson et al. 2007; Levis et al. 2017) or if the traits determining diet in each population have underlying genetic causes (Bolnick et al. 2003). In the latter case, consumer populations might locally adapt to prey communities via, for example, evolution of functional traits in response to local resources (Grant et al. 1976; Herrel et al. 2008; Sanford and Worth 2010; Holding et al. 2018). As a result, testing whether dietary divergence between populations is due to evolved phenotypic differences, plastic trait expression or differences in the resource base, requires rearing and testing the dietary variation of individuals in foraging environments with common prey communities.

Common garden foraging experiments are frequently used to identify the underlying causes of dietary variation, and are ideally performed in an environmental context that is relevant for understanding the observed dietary variation in nature (Bassar et al. 2010; Arnegard et al. 2014). Such experiments can provide insights into the genetic basis of dietary differences. However, divergent populations typically differ in many heritable traits, which can covary within populations, making it challenging to specify links between functional traits and diets. Performing common garden experiments with phenotypically variable experimental populations, can increase the chance of detecting trait utility, and provide a better mechanistic understanding of functional trait-diet relationships (Arnegard et al. 2014). In this respect, a line-cross breeding scheme between

ecologically divergent populations is a particularly useful way to generate relevant phenotypic variation in a consumer population (Lynch et al. 1998). This is because hybrids can express phenotypes that are either intermediate between parental lineages, or exceed the phenotypic range of their parents (i.e. transgressive segregation). Hybridization can also change the covariances among traits with putative utility (Holzman and Hulsey 2017). The insights gained from such individual level analyses of trait utility are useful for explaining patterns of dietary divergence observed between the parental populations in nature.

Here, we experimentally test for dietary divergence between two lineages of European freshwater threespine stickleback (*Gasterosteus aculeatus* complex), and explore the underlying phenotypic drivers of dissimilar resource-use in a complex resource context (Figure 1). Marine sticklebacks have repeatedly established freshwater populations that have then adapted to local (resource) conditions (McKinnon and Rundle 2002). Due to the glaciation history of Europe, the timing of freshwater population establishment varies widely across the continent. Stickleback populations were likely established in the Western-European watersheds (e.g. Rhine, Rhône, Seine) prior to the last glacial maximum, and in the North-eastern watersheds (i.e. the Baltic drainage) only after the retreat of the ice sheets ~12,000 years ago (Lucek et al. 2010; Marques et al. 2016, 2019). Recent range expansion and anthropogenic introductions have brought some of these lineages into secondary contact in the pre-alpine lakes of the Swiss plateau, providing a useful study system to explore ecological differences between lineages with independent evolutionary histories of freshwater adaptation (Lucek et al. 2010; Best et al. 2017; Anaya-Rojas et al. 2019; Hudson et al. 2021b).

91 **Materials and Methods**

92 *Study system*

93 In this study we focus on the stickleback populations of two large pre-alpine lakes; Lake Constance
94 and Lake Geneva (Figure 1 A). Historical ichthyological and genomic evidence suggest that both
95 lakes were colonised only in recent historical times (mid 19th century) by two anciently divergent
96 stickleback lineages (Hudson et al. 2021b). Lake Constance was colonised primarily by fish that
97 belong to a lineage of recent freshwater invaders (~17-5 Kya; (Fang et al. 2018, 2020)), originating
98 from a river system that drains into the Baltic Sea (Lucek et al. 2010). On the opposite side of the
99 Swiss plateau, Lake Geneva was primarily colonised by fish that originated from the upper Rhône,
100 and belong to an older, pre-glacial Atlantic freshwater lineage (Lucek et al. 2010; Marques et al.
101 2016, 2019). Both lakes also received smaller contributions from the other lineages that are
102 associated with contemporary ecotype formation, which is advanced and strongly developed in
103 Lake Constance (Marques et al. 2016, 2019) but only subtly in Lake Geneva (Lucek et al. 2014a).
104 Lake Constance itself is now populated by a population that lives and grows in the open water of
105 the lake but migrates to spawn both in littoral zones and inflowing streams. This form originates
106 from the East European lineage, whereas resident stickleback populations in the inflowing streams
107 of Lake Constance are of hybrid origins (Marques et al. 2019). In contrast, Lake Geneva itself, as
108 well as its streams, are populated by stickleback that mainly derive from the ancient pre-glacial
109 freshwater lineage (Lucek et al. 2010). The habitat utilisation of the lake population is confined to
110 the inshore littoral zones.

111
112 In accordance with their divergent evolutionary histories, Lake Constance and Lake Geneva
113 stickleback differ in various ecological, physiological and morphological phenotypes (Lucek et al.

2013; Alexander et al. 2016; Best et al. 2017, Hudson et al. 2021a). Most notably, stickleback of Lake Constance are hyper-abundant in the pelagic zone (Alexander et al. 2016), and express phenotypes that are more typical of marine populations (e.g. extensive body armour, large body size), whereas fish from Lake Geneva are restricted to nearshore habitats and express phenotypes more typical of freshwater populations (e.g. reduction of body armour) (Berner et al. 2010; Lucek et al. 2010, 2013, 2014b). Given these ecological and phenotypic differences between the lineages, it has been previously hypothesised that the lineages express divergent resource-use in their natural environment, with the pelagic foraging population of Lake Constance specialising on zooplankton, and the more littoral populations of Lake Geneva specialising on benthic invertebrates (Best et al. 2017; Hudson et al. 2021b).

Line-cross to generate a phenotypically variable consumer population

To increase the phenotypic variance of our experimental population we created a line-cross between a pelagic population from Lake Constance and a littoral resident population from Lake Geneva stickleback using stock populations maintained in husbandry (Figure 1B) as described in Hudson et al. (2021a). The stock populations originate from fish sampled in 2013 and 2015 (Ecotype / Sampling locations: lake ecotype / Marina Rheinhof, Lake Constance (47°29'51.5148N, 09°33'33.2064E); littoral lake ecotype / Le Grande Canal, Lake Geneva (46°23'48.372N, 06°53'14.2224E)) (Best et al. 2017). In 2017 we crossed fish in five different parental combinations: Geneva \times Geneva (G), Geneva \times F₁ Hybrid (BC_G), Geneva \times Constance (F₁), Constance \times F₁ Hybrid (BC_C) and Constance \times Constance. The five resulting offspring populations (from here onwards referred to as cross-types) were reared in the laboratory for two years on a diet of frozen chironomid larvae before they were used in the experiment.

137

138 *Common garden foraging experiment*

139 For the foraging trials, fish (150 total, 30 individuals per cross-type) were individually placed in
140 12L tanks (20 x 30 x 20cm³) that were supplemented with zooplankton, benthic invertebrates, and
141 plant material, and were allowed to forage for 16 minutes. The foraging trials were conducted in a
142 randomised block design, such that each temporal block contained five fish representing the full
143 line-cross (i.e. G, BC_G, F₁, BC_C, C), which were being tested simultaneously. The zooplankton and
144 benthic invertebrates for the trials were collected from Lake Lucerne (47°00'09.0"N, 8°20'03.2"E)
145 each day before the experiments by pelagic plankton net sampling, and by collecting plant material
146 from a littoral *Chara* bed, respectively. To homogenise the benthic prey availability within
147 experimental blocks, we rinsed off plant material through a sieve (mesh size 0.5mm) retaining
148 macroinvertebrates but washing out fine particles that would otherwise cause turbidity. The
149 separated plant material and the macroinvertebrates were then divided into eight equal parts.
150 Similarly, the zooplankton samples were split into eight equal parts using a plankton splitter. Five
151 samples of zooplankton, plants, and benthos were randomly added to the experimental tanks and
152 one sample was retained as a reference to estimate prey availability and composition. On average,
153 51g of plant material (wet weight; SE = 2g), 423 (SE = 23) benthic prey items, and 563 (SE =
154 38.1) pelagic prey items were added to each tank.

155 Shortly, after supplementing the tanks with the prey, fish were added behind a divider that
156 separated them from the prey for 10 minutes before the beginning of the feeding trial. To initiate
157 the trials, we raised the dividers simultaneously in all five experimental tanks, releasing the fish
158 into the foraging chamber. The foraging trials were video recorded for 16 minutes with two
159 cameras per tank (GoPro Hero 7) positioned from the top and the front. To conclude the foraging

trials, the fish were removed from the tank, euthanized with an overdose of MS-222, and frozen at -80°C.

Analysis of foraging behaviour

To analyse fish foraging behaviour, we inspected the video recordings using the event-logging-software BORIS (Friard and Gamba 2016). We distinguished between four different types of feeding strike events: *benthic strikes* - those directed at the substrate/ground; *pelagic strikes* - those occurring in the water column; *wall strikes* - those directed at the walls of the tank; and *surface strikes* - those directed at the water surface. While observing these strikes we could neither determine which prey items were being targeted, nor which strikes resulted in successful ingestions. As a result, we relied on gut content analysis to determine individual diet variation (see below). We additionally measured *non-foraging behaviour* as a summation of: *inactivity* - the time a fish spent motionless in the plant material (e.g. hiding), and *self-reflection* - the time moving up and down the glass walls of the foraging tanks, presumably interacting with their own reflection.

Analysis of diet

We removed the guts of the fish, and inspected the gut contents via dissection microscope, creating a diet abundance matrix distinguishing 22 prey types (see table S1). To explore the dietary variation among individuals, we Hellinger-transformed the diet-matrix, to reduce the influence of prey types with low and zero values, and analysed it with a PCA (Borcard et al. 2011). Based on this ordination, we grouped prey into three categories: ‘plankton’ ($PC1 < 0$), ‘soft-bodied benthos’ ($PC1 > 0$, $PC2 > 0$), and ‘hard-bodied benthos’ ($PC1 > 0$, $PC2 < 0$) (Figure S1), which were largely dominated by *Cyclops*, Chironomidae, and *Asellus* (Isopoda), respectively. We excluded five prey

types from the analysis (*Pleuroxus sp.*, *Chydorus sp.* and Harpacticoida, adult insects, and digested chironomidae remains) that occurred in the guts, but resulted from the feeding history in our husbandry tanks despite a 24h fasting period prior to the trials. To obtain an estimate of the total ingested biomass the gut contents of each fish were dried at 50° C for 12h and weighed.

To test for differences in diet contents between the cross-types we conducted distance-based redundancy analysis (db-RDA) using the `capscale()` function in the R package `vegan` (Oksanen et al., 2019). We tested for the significant differences in dietary composition of the cross-types and sex on the Hellinger-transformed diet-matrix by permuting cross-type and sex within blocks 999 times. We repeated this analysis with a reduced dataset containing only Lake Constance and Lake Geneva fish. With the reduced dataset we also tested for lineage-effects on the absolute number of ingested prey per prey categories ('plankton', 'hard-bodied benthos' and 'soft-bodied benthos') using a GLMM model with block as a random effect and estimating p-values in an ANOVA type II analysis with the function `ANOVA()` from the R package `car` (Fox and Weisberg, 2019).

Analysis of individual morphological variation

After dissection (for gut removal and sexing), we stained the fish with alizarin red and bleached them with hydrogen peroxide to highlight bony features (McGee and Wainwright 2013). The fish were then photographed laterally twice, once with a closed mouth, and once with their mouths open and their jaws fully protruded. On these photographs we placed 11 landmarks to obtain linear trait measurements using the high throughput phenotyping pipeline *phenotype* (Lürig 2021). These landmarks comprise five traits and trait systems that have been previously associated with foraging performance variation in stickleback (McGee et al. 2013; Schmid et al. 2018): i) gape

width, ii) epaxial height, iii) jaw protrusion, iv) lever ratio of lower jaw, and v) the kinematic transmission of the opercular four-bar linkage. For more details see Figure S3 and Table S2.

To explore morphological variation among cross-types, and sexes we performed an ANOVA to compare standard length between cross types, and type III ANCOVAs on the traits (log transformed), including standard length as a covariate using the R package *car* (Fox and Weisberg, 2019). We repeated this same analysis including only Constance and Geneva fish, in order to specifically understand the level of phenotypic divergence between the parental lineages when reared in common garden. Four fish were removed from all morphological analysis because they were damaged during the staining process.

Path analysis to identify trait utility

To gain a more comprehensive understanding of how phenotypic variation contributes to prey-specific variation in foraging performance among the individuals, we fitted a Bayesian path analysis to explain the number of ingested ‘plankton’, ‘soft-bodied benthos’, and ‘hard-bodied benthos’ based on sex and body size, a suite of functional traits (jaw protrusion, epaxial height, gape width, lower jaw lever ratio, opercular-four bar linkage); the number of benthic and pelagic strikes; the total number of available benthic and pelagic prey items; and temporal block as a random effect. In this model, the total weight of the ingested biomass during the experiment was included, and modelled as a function of the abundance of three main prey types. For the hierarchical structure of the model see Figure S5. This full experimental path analysis allowed us to include all predictor and response variables and model the dependencies between traits and performance while simultaneously accounting for other sources of variation. For example, we were not reliant on size correcting trait values, but could both include body size and the (biologically

more relevant) raw trait values into the model (Schmid et al. 2018). We did not include cross-type as an explanatory variable in this analysis, because we aimed at understanding trait utility across the full phenotypically diverse experimental population. This gave us more power to detect trait utility relative to analyses either within or between cross-types. We form our conclusions on the basis of interpreting those parameter estimates whose 95% credible intervals of effect size do not overlap with zero (Schmid et al. 2018).

Explaining between cross-types and lineage diet variation with functional traits

While the full-experimental path analysis aimed at identifying traits that are associated with prey-specific foraging performance at the individual level across all individuals, we also wanted to understand which functional traits are driving dietary (i.e. compositional) differences between cross-types and sexes. To do this, we tested for correlations between the mean trait values of cross-types and sexes and their mean position on the first two axes of the constrained ordination of the gut contents - ‘CAP1 (full)’ and ‘CAP2 (full)’ (Figure 3A).

To specifically test for the phenotypic determinants of dietary divergence between Constance and Geneva fish, we conducted a second path analysis on a reduced dataset with only Constance and Geneva fishes. In this path analysis ‘CAP1 (Constance-Geneva)’ and ‘CAP2 (Constance-Geneva)’ were the response variables, and lineage, sex, body size and the set of candidate traits were explanatory variables (for path structure see Figure 5).

The experiments were conducted in accordance with animal experimentation permits, that were ethically reviewed, approved, and issued by the Kanton Luzern (Permit #29801: Effects of environmental variation in resource availability on ecological divergence in stickleback).

Results

Foraging behaviour

On average, fish made 28.5 feeding strikes per 16 min trial, and cross-type did not differ in the number of total strikes, when non-feeding behaviours were taken into account (Cross: $F = 2.209$, $p = 0.0709$) (Figure S3). Pelagic strikes were the most common (mean 13.9/trial), followed by benthic strikes (11.2/trial), wall strikes (2.25/trial) and surface strikes (1.14/trial). Cross-types significantly differed in the number of wall strikes (Cross: $F = 3.549$, $p = 0.0086$), with Constance and F₁-Hybrid fish engaging in fewer wall strikes than Geneva fish (TukeyHSD; $p = 0.031$ and $p = 0.017$, respectively). Cross-types did not differ in the number of pelagic strikes (Cross: $F = 1.853$, $p = 0.122$), benthic strikes (Cross: $F = 1.132$, $p = 0.344$), and surface strikes $F = 1.166$, $p = 0.3284$). In subsequent analyses, in order to ensure that fish with low feeding activity were not driving patterns of dietary variation, fish in the lower quartile of feeding activity (i.e. the 25% of fish with the lowest feeding activity; < 8 feeding strikes; 41 fish) were excluded. Furthermore, because many fish had zero occurrences of wall and surface strikes, these strike types were not considered in subsequent analyses.

Path analysis: identifying functional traits

To identify traits that explain foraging performance (i.e. functional traits in the experimental context) we built a full-experimental path model, that allowed us to identify correlations between morphological and behavioural variation and the foraging performance on different prey categories (i.e. the number of ingested 'hard-bodied benthos', 'soft-bodied benthos' and 'plankton') (Figure 2). We identified four morphological traits and behaviours that appeared relevant and functional

in this experimental context: The number of ingested ‘soft-bodied benthos’ was positively associated with the number of *benthic strikes*, and the opercular-four bar linkage. The number of ‘hard-bodied benthos’ ingested was positively associated with the number of *benthic strikes* and fish *gape width*, and negatively associated with the number of *pelagic strikes* and fish *epaxial height*. Additionally, males ingested more ‘hard-bodied benthos’ than females. The number of ingested ‘plankton’ was positively associated with both the number of *benthic and pelagic strikes* (i.e. overall activity), and negatively associated with the *lower jaw lever ratio*. Males ingested more ‘plankton’ than females, and there was a direct negative effect of *body size* on the number of ingested ‘plankton’ (i.e. not mediated via another trait). The total ingested biomass was positively correlated with the number of ingested ‘hard-bodied benthos’ but not with the other prey types. To see the results of the full path model results including all significant links see Table S5 and Figure S5.

Morphological variation among cross-types and parental lineages

Using ANCOVAs we explored the morphological variation between sexes and the five cross-types. The three linear traits (gape width, jaw protrusion, and epaxial height) scaled positively with standard length, whereas the two ratio-based functional trait systems (lower jaw lever ratio, and the opercular four-bar linkage) were size independent. Sex affected all traits except epaxial height. Gape width and jaw protrusion differed between cross-types, and jaw protrusion was additionally affected by a significant cross-by-sex interaction (see table S3 for a complete list of the ANCOVA results).

Repeating the same analysis including only Constance and Geneva fish (table S4), we found that in the parental lineages only gape width differed between the sexes, with males having larger gapes than females (Ancova; Sex: $F = 9.2486$, $p = 0.004$). The lineages did not significantly differ in gape width and epaxial height, and only marginally in the lower jaw lever ratio (Ancova; Lineage: $F = 3.64$, $p = 0.06$). Jaw protrusion was affected by a lineage-by-sex interaction (Ancova; Lineage: $F = 10.02$, $p = 0.004$), such that in Geneva fish, males had larger jaw protrusion than females (Ancova_{Geneva only}; Sex: $F = 1.77$, $p = 0.19$), while the sexes did not differ in Constance fish (Ancova_{Constance only}; Sex: $F = 10.02$, $p = 0.004$).

Dietary divergence in common garden

To identify the axes of dietary composition that were best explained by cross-types and sex, we conducted a constrained ordination to the diet matrix containing all fish, as well as a reduced diet matrix only containing Constance and Geneva fish only. Cross ($F = 2.6951$, $P = 0.005$) but not sex ($F = 2.0450$, $P = 0.070$) had a significant effect on the diet composition in the both model containing the full line-cross (Figure 3A), and in the model containing only the Constance and Geneva lineages (Cross: $F = 3.9533$, $P = 0.01$; Sex: $F = 1.2649$, $P = 0.250$) (Figure S2). For both models, the first axes of variation ('CAP 1 (full)', and 'CAP1 (Constance - Geneva)') represent a compositional gradient from 'soft-bodied benthos' to 'plankton' and 'hard-bodied benthos'. The second axis ('CAP2 (full)', and 'CAP2 (Constance - Geneva)') represents a shift from 'hard-bodied benthos' to 'plankton'.

Consistent with the multivariate analysis of diet composition, Geneva fish ingested more 'hard-bodied benthos' (Lineage: $\chi^2 = 30.39$, $p = 3.53 \times 10^{-8}$) than Constance fish, but fewer 'soft-bodied benthos' (Lineage: $\chi^2 = 3.86$, $p = 0.05$). Males of both lineages ingested more 'soft benthos'

than females (Sex: $\chi^2=17.93$, $p=2.29e-05$), and only males from the Constance lineages ingested more ‘plankton’ than females (Lineage:Sex: $\chi^2=17.60$, $p=2.718e-05$) (Figure 3 B-D, Table S6).

Explaining among cross-type and lineage dietary variation with functional traits

To test whether the observed differences in the dietary composition among the cross-types can be explained by differences in the functional traits, we tested for correlations between mean functional trait values and the mean position on the axes of dietary variation of cross-types and sexes (Table S7). The mean position on the dietary axis ‘CAP1 (full)’ was positively correlated with the among cross-types and sex variation in the number of pelagic strikes (Pearson’s correlation coefficient; $r = 0.77$, $p = 0.01$). Thus, the shift from a diet containing more ‘soft-bodied benthos’ to one with more ‘plankton’ was associated with variation in mean pelagic foraging activity between the cross-types and sexes (Figure 4A). ‘CAP2 (full)’ was negatively correlated with body size ($r = -0.75$, $p = 0.01$), gape width ($r = -0.81$, $p = 0.00$), and epaxial height ($r = 0.65$, $p = 0.04$) (Figure 4B-C). Both gape size and epaxial height scale with body size, and the patterns might thus be partially driven by body size variation among the cross-types (Figure 4C). However, as the full experimental model path analysis suggests that body size has a direct negative effect on the performance on ‘plankton’, the positive effect of body size on ‘hard-bodied benthos’ is mediated via gape width (Figure 2). Because epaxial height scales with body size, the negative effect of epaxial height on feeding ‘hard-bodied benthos’ found at the individual level, is likely overshadowed by the differences in body size among populations.

In a second path analysis we specifically tested for determinants of divergence in the diet composition between Constance and Geneva fish (Figure 5). This analysis revealed a direct correlation between Lineage and the first axis of dietary divergence (‘CAP1 (Constance -

Geneva)') but not the second axis, consistent with the results of the permutation test. However, there was no indirect link between lineage and the diet axes, suggesting that the dietary differences between Constance and Geneva fish are not mediated by the traits included in the analysis (Table S8).

Discussion

In our common garden experiment, we observed divergent resource-use between two phenotypically and genetically distinct lineages of lake dwelling stickleback when foraging in a complex resource setting (Figure 3). To investigate the underlying phenotypic causes of this dietary divergence, we tested for associations between traits and foraging performance (trait utility) on three relevant prey categories (Figure 2), using individuals from a line-cross to increase the phenotypic variance. We found that morphological and behavioural traits explained both performance variation among individuals, and dietary variation among cross-types (Figure 2). However, these same traits did not explain the observed dietary divergence between the parental lineages (Figure 4, 5). In the following sections, we discuss these findings in the context of the ecomorphological paradigm.

Trait utility: Identifying functional traits

Previous work has identified traits and trait systems that predict the biomechanical forces and kinematics that fish predators apply on their prey, and that may thus play an important role in explaining prey-capture success of sticklebacks (McGee et al. 2013; Thompson et al. 2017; Schmid et al. 2018). However, how variation in these traits (and their predicted functions) translates into variation in foraging performance depends on the habitat-context and composition of available

prey. We therefore tested a set of candidate traits for their utility with respect to catching plankton, soft-bodied and hard-bodied benthos in a mixed resource context. We emphasise that we measured foraging performance as the number of prey items ingested during the experiment, and not biomechanical performance parameters related to foraging (e.g. suction forces, strike velocities, etc).

In general, our results confirm that traits variation can explain some variation in foraging performance among individuals, albeit in a prey-specific manor (Figure 2). However, some of the trait-performance relationships we found were contrary to what we expected based on their predicted biomechanical function. Firstly, we found that the number of ingested plankton was positively correlated with overall feeding activity (benthic and pelagic strikes), which is unsurprising given that the plankton, unlike benthic invertebrates, were distributed throughout the tank, and so fish could ingest plankton using both benthic and pelagic strikes. However, the number of ingested plankton was negatively associated with both body size, and the lower jaw lever ratio. This result is surprising, since an increasing lever ratio conveys a higher degree of kinematic displacement advantage of the lower jaw, and is therefore typically associated with populations feeding on evasive limnetic prey, such as copepods (Alfaro et al. 2004). Secondly, the number of ingested ‘soft-bodied’ benthic prey items was positively associated with benthic feeding activity (isopoda were largely associated with the plant material) and the calculated kinematic transmission of the opercular-four bar linkage, which affects the force and speed of jaw opening and protrusion (Westneat 2004). Like the lower jaw lever ratio, variation in the opercular-four bar linkage has been previously associated with limnetically foraging stickleback populations and success on zooplankton feeding (McGee et al. 2013; Thompson et al. 2017). Finally, the number of ingested hard benthos was negatively correlated with pelagic activity and epaxial height, and positively

correlated with benthic activity and gape width. Epaxial height and gape are counteracting traits in generating the suction force applied on prey items: epaxial musculature generates the suction force, but larger gape increases the volume of water this force is applied to, reducing the overall suction force (Wainwright et al. 2007). Therefore, foraging on benthos (i.e. prey whose capture requires high suction force) is typically associated with large epaxial height relative to gape. However, the ingestion of large prey items is also limited by gape width (i.e. gape limitation), which is likely causing the positive correlation between gape width and ‘hard-bodied benthos’.

Some of these surprising relationships between morphological and performance variation might be due to variation in behaviour, which is known complicate relationships between *maximal biomechanical* performance (predicted by morphological traits) and *foraging* performance (Garland and Losos 1994). In our experiment, for example, individuals that largely engaged in non-feeding behaviours had a low feeding activity (number of total strikes) (Figure S4). In this trivial case, behavioural variation (engaging in non-feeding behaviours) disrupted the relationship between morphology and foraging performance, because individuals with low feeding activity exhibit poor performance irrespective of their morphology. More importantly, variation in prey choice in species-rich prey communities might alter trait-performance relationships due to variation in preference and species-specific encounter rates. For example, previous work with stickleback has both predicted (McGee et al. 2013) and observed (Schmid et al. 2019) that jaw protrusion improves pelagic foraging efficiency on plankton. However, in our current study with in similar experimental setup as Schmid et al. (2019) (e.g. same tank volume, and plankton community from Lake Luzern), albeit with a benthic community added, jaw protrusion was neither an important predictor of diet variation for any of the prey categories (Figure 2) nor of dietary divergence between the two lineages (Figure 5).

In natural settings, variation in habitat choice among consumers can largely determine the prey availability and composition, and, consequently, which traits are functionally important for prey capture. Such variation in how individuals interact with their environment might result in differential selection pressures, and the behavioural variation that is underlying these interactions can be highly context dependent. Although such effects of behaviour are often studied in the context of choosing abiotic environmental conditions (e.g. Bogert effect in relation to thermoregulation and physiological adaptation) (Muñoz 2021), behaviour can similarly situate individuals into foraging habitats with contrasting prey communities that influence the evolution of morphological-foraging traits. Thus, behavioural variation might be a primary phenotypic driver of how traits relate to performance and, ultimately, fitness (Garland and Losos 1994). For example, in the emergence of trophic novelty in Caribbean pupfishes, genes associated with foraging behaviour underwent selective sweeps prior to those associated with foraging morphology (Richards et al. 2021).

Do functional traits explain dietary differences between cross-types and lineages?

For traits to explain dietary differences between groups of individuals (e.g. lineages) they i) must be functional (i.e. they explain performance differences among individuals) and ii) differ between the groups. We found that four of the behavioural and morphological traits that explained performance variation among individuals, also explained dietary variation among the cross-types (split by sex) (Figure 4). Among cross-type/sex variation in the number of pelagic strikes was positively correlated with variation in the first diet axis ('CAP1 full'), which captures a shift from 'plankton' to 'soft benthos'. Body size, gape, and epaxial height were negatively correlated with the among cross/sex variation on the second diet axis, ('CAP2 full'), which represents a decreasing

proportion of large benthos (predominantly isopods). Body size, gape, and epaxial height covary, and this makes it challenging to interpret their independent effects. However, the path analysis has revealed that - at the individual level - epaxial height was negatively associated with feeding on 'hard-bodied benthos' (Figure 2). Because epaxial height scales with body size, and because cross-types and sexes differ in size, this could explain the positive relationship at the cross/sex level. The same may be true for gape, however, the path analysis has revealed that gape mediates the positive relationship between size and hard benthos at the individual level, (i.e. large individuals have high performance on 'hard-bodied benthos' *because* they have a large gape width; note the path from body size to 'hard-bodied' benthos via gape in Figure 2). Thus, we conclude that the dietary variation among cross-types/sexes at least partially arises from variation in pelagic feeding activity (predicting the ingestion of plankton), and gape width (limiting the ingestion of large benthic prey items).

While some traits explained among cross-type variation in diet, those same traits did not explain the dietary divergence between the Constance and Geneva lineages (Figure 3, 5, S2). Previous work on wild-caught fish has documented a wide range of morphological differences between the lineages (e.g. body depth, gill raker length, eye diameter, lateral plate number), and differences in foraging efficiency on plankton (Lucek et al. 2013; Best et al. 2017;). In the current study, using common-garden reared fish, we found limited morphological divergence between the two lineages for several functional foraging traits (e.g. see Jaw protrusion in Table S4). On the one hand, perhaps there was insufficient morphological variation to explain the observed diet divergence. On the other hand, much of the divergence in functional foraging traits observed in the wild may result from phenotypic plasticity, and may only be expressed if the individuals develop in their natural environment (e.g. the pelagic Lake Constance stickleback). Such context-

specific expression of the traits that underlie foraging performance is common in many species (Olsson et al. 2007; Levis et al. 2017), and can obscure our detection of foraging trait utility, particularly for consumers feeding on diverse prey communities in natural populations.

So, what explains the dietary differences between Lake Constance and Lake Geneva fish? Although we observed clear dietary divergence between Lake Constance and Lake Geneva fish (Figure 3, 5, S2), it is possible this could be explained by variation in the choice of foraging habitat and/or prey, rather than a strict morphology-mediated ability to catch prey (Figure 5). In our experiment, Lake Constance fish predominantly ingested ‘soft-bodied benthos’ while Lake Geneva fish ingested more ‘hard-bodied benthos’ (Figure 5, Table S6). The lineage-specific differences in plankton consumption depended on the sex (Table S6), with the lowest consumption by Constance females (Figure 3B). In the wild, Lake Constance fish feed predominantly on pelagic prey outside of the breeding season (Bretzel et al. 2021, Hudson et al. 2021b). However, Lucek et al. (2012) found that those Lake Constance fish that move into small streams to spawn during the breeding season largely forage on benthos (and specifically Chironomidae). Some of the experimental dietary differences between the lineages may reflect the ability to deal with the different anti-predator strategies of benthic prey species. Many benthic chironomidae are tube-dwelling, which provides protection against predation (Hershey 1987; Robinson 2000). However, this mechanism was largely lost in the experiment when the invertebrates were separated from the plant material, potentially turning them into ‘easy-to-catch’ prey, even for fish that may otherwise be less proficient at capturing benthos (i.e. Lake Constance fish). However, isopods, which have both cryptic coloration and chitinous exoskeletons, were mainly preyed upon by Geneva fish, but we were unable to find a trait that could explain this prey preference or ability. Another possibility is that the dietary differences between the lineages might reflect different degrees of neophobia

(Thomas et al. 2010). All the fish were reared in the laboratory on a fixed diet of chironomids and so did not encounter any of the other prey items during their lifetime. More generally, it also always possible that our set of candidate traits does not include the most relevant morphological or behavioural traits that are responsible for the dietary divergence between the lineages.

Conclusion

Differential resource-use is a common feature of phenotypically divergent consumer populations, however, we often lack a mechanistic understanding of what drives populations to interact differently with their prey communities in nature. The ecomorphological paradigm suggests that variation in performing ecologically relevant tasks like foraging is the product of functional phenotypic differences among individuals. While our individual level analysis supports this notion (i.e. Figure 2), we also found that dietary differences in common garden between parental lineages could not be explained by functional traits identified at the individual level. We suspect this is due to unmeasured behavioural differences between the members of each lineage affecting prey choice, which can only be expressed under complex resource conditions (i.e. diverse prey assemblages). The role of behavioural variation in connecting functional traits with fitness variation is still very much ambiguous; behavioural variation may lead to differential selection by exposing individuals to different selective agents, and simultaneously shield traits from selection by disrupting links between form and function (Muñoz 2021). In nature, behavioural variation such as prey and habitat choice may largely determine prey availability and composition, and, consequently, dictate which traits become functionally important. Thus, to understand the functional underpinnings of performance variation, and ultimately fitness, traits must be understood in the context of the behavioural variation of individuals expressed in the appropriate environmental contexts. For

504 foraging traits in particular, this will require more work on the expression and functional
505 significance of behavioural traits in as natural prey-community contexts as possible.
506

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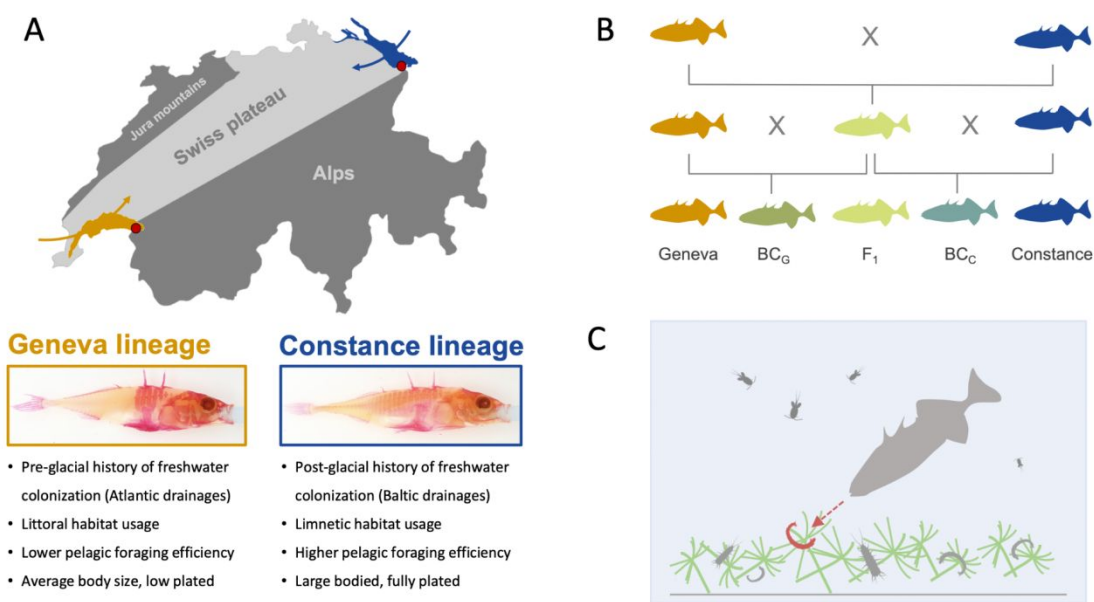
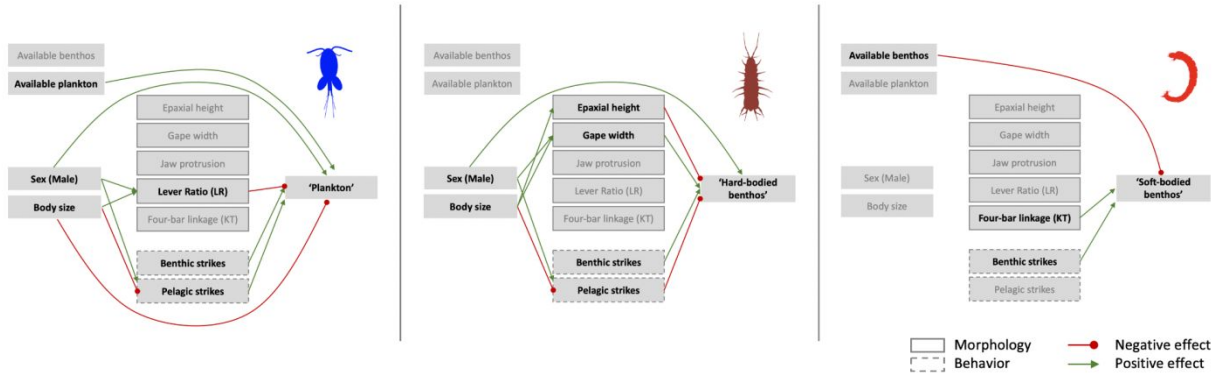


Figure 1. The Swiss plateau was colonized by two lineages of stickleback originating from different European watersheds in recent historical times via Lake Geneva (orange) and Lake Constance (blue) (A). These lineages differ in their history freshwater colonization, and in various ecological, morphological and physiological traits. The sampling locations for the stock populations used in this experiment are indicated with red dots. To obtain an experimental population with an increased phenotypic variance, we bred Lake Constance and Lake Geneva fish in a line-cross scheme (B). Individual variation in diet and foraging behaviour was then assessed in a common garden foraging experiment with a complex prey community, and related to morphological variation at an individual and cross-type level (C)



659

660 **Figure 2.** Traits that explain the number of ingested prey items per prey category. For

661 visualization purposes we only show the arrows directly or indirectly connecting explanatory

662 variables with the number of ingested prey items. The number of ingested prey items is

663 associated with morphological and behavioural variation for all prey types, and trait utility is

664 prey-specific. For the parameter estimates and the complete set of significant correlations see

665 Table S3 and Figure S4.

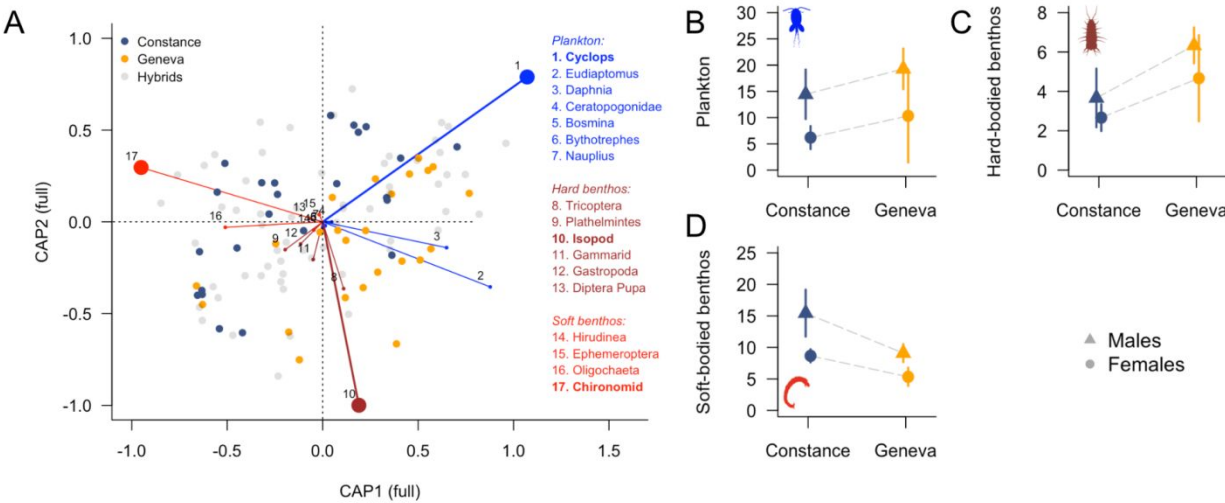
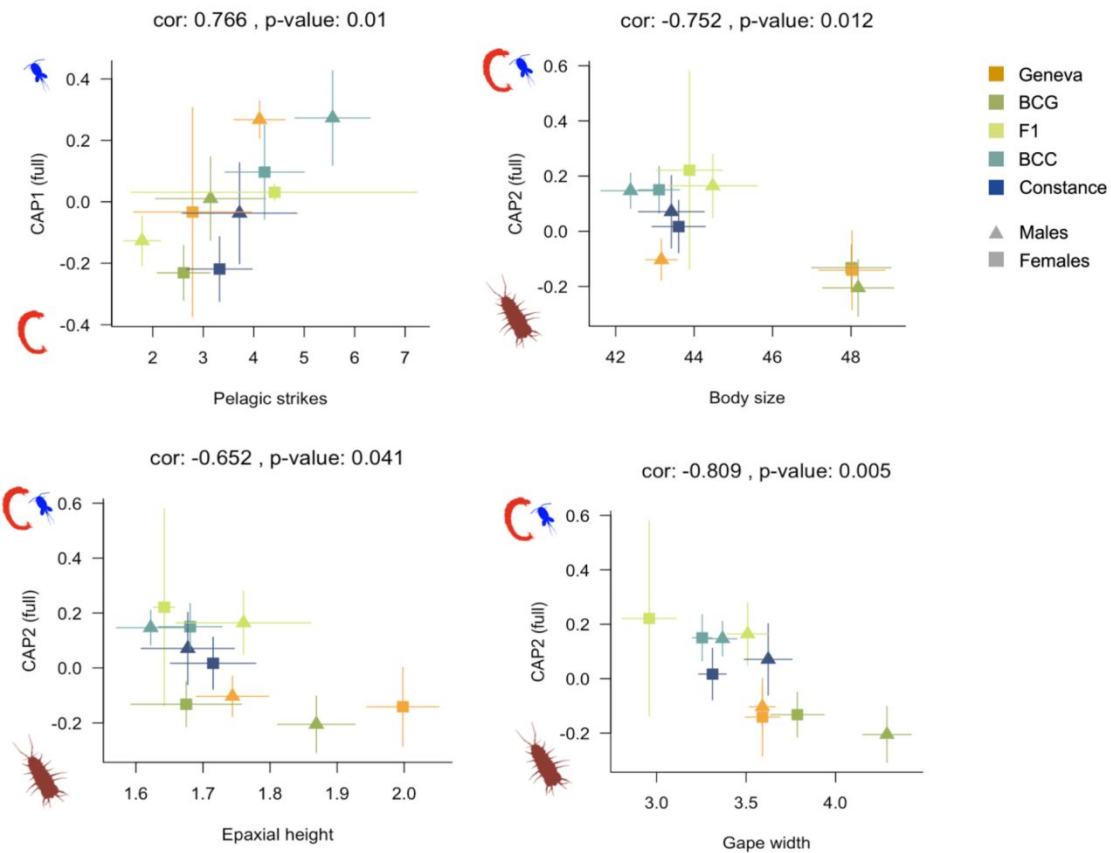


Figure 3. Dietary variation between the crosses and lineages, by analysing the axis of dietary composition that best explain the differences between the cross-types. With respect to composition (A), we found that Geneva fish have more hard-bodied benthos, whereas Constance fish have more soft-bodied benthos and plankton, in their diet. With respect to numbers of prey consumed (B-D), Geneva fish had significantly more hard-bodied benthic prey and fewer soft-bodied benthic prey than Constance fish (C-D), whereas the differences in plankton numbers between the lineages depended on the sex (Table S5).



675

676 **Figure 4.** Correlations among cross/sex variation in dietary composition and functional traits.

677 CAP1 reflects the proportion of plankton in the diet and is correlated with variation in the

678 number of pelagic strikes. CAP2 reflects the proportion of hard-bodied benthos in the guts and is

679 correlated with the among-cross variation in body size, epaxial height and gape width.

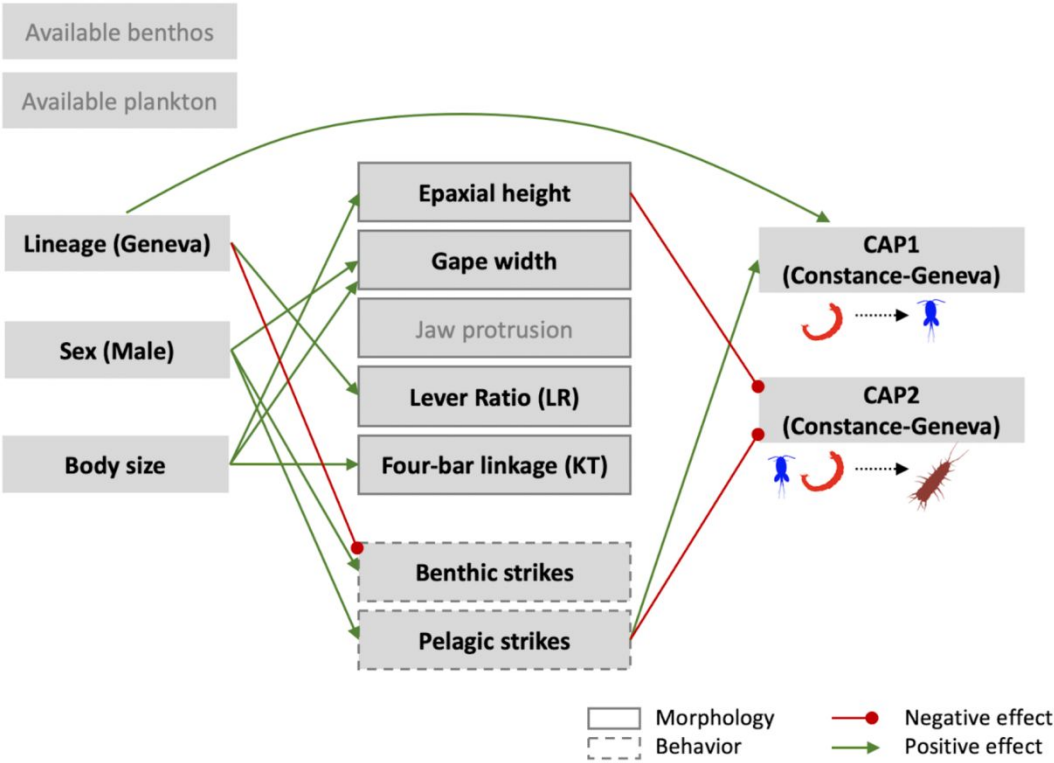


Figure 5 Path analysis to uncover the phenotypic determinants of dietary variation between Lake Constance and Lake Geneva fish in common garden. Lineage has a direct effect on the first axes of dietary divergence between the Lake Constance and Lake Geneva lineage, however, there is no indirect links connecting Lineage with dietary variation, indicating that the dietary divergence is not associated with any of the traits found be functional at the individual level.