Dynamic and Cell-Infiltratable Hydrogels as Injectable Carrier of Therapeutic Cells and Drugs for Treating Challenging Bone Defects

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Supporting Information

ABSTRACT: Biopolymeric hydrogels have been widely used as carriers of therapeutic cells and drugs for biomedical applications. However, most conventional hydrogels cannot be injected after gelation and do not support the infiltration of cells because of the static nature of their network structure. Here, we develop unique cell-infiltratable and injectable (Ci-I) gelatin hydrogels, which are physically cross-linked by weak and highly dynamic host–guest cross-links and are further reinforced by limited chemical cross-linking for enhanced stability, and then demonstrate the outstanding properties of these Ci-I gelatin hydrogels. The highly dynamic network of Ci-I hydrogels allows injection of prefabricated hydrogels with encapsulated cells and drugs, thereby simplifying administration during surgery. Furthermore, the reversible nature of the weak host–guest cross-links enables infiltration and migration of external cells into Ci-I gelatin hydrogels, thereby promoting the participation of endogenous cells in the healing process. Our findings show that Ci-I hydrogels can mediate sustained delivery of small hydrophobic molecular drugs (e.g., icaritin) to boost differentiation of stem cells while avoiding the adverse effects (e.g., in treatment of bone necrosis) associated with high drug dosage. The injection of Ci-I hydrogels encapsulating mesenchymal stem cells (MSCs) and drug (icaritin) efficiently prevented the decrease in bone mineral density (BMD) and promoted in situ bone regeneration in an animal model of steroid-associated osteonecrosis (SAON) of the hip by creating the microenvironment favoring the osteogenic differentiation of MSCs, including the recruited endogenous cells. We believe that this is the first demonstration on applying injectable hydrogels as effective carriers of therapeutic cargo for treating dysfunctions in deep and enclosed anatomical sites via a minimally invasive procedure.

INTRODUCTION

Various natural and synthetic materials have been used as potential carrier biomaterials of cell or therapeutic agents for tissue regeneration.1–6 Hydrogels with highly hydrated polymeric networks are ideal carriers for encapsulating cells and drugs.7–12 However, most conventional hydrogels that allow cells encapsulation are based on static chemical cross-linking and lack dynamic properties such as self-healing and injectability.13–15 These limitations preclude the delivery of...
cargo agents by the hydrogel carriers to anatomic deep and enclosed defects via minimally invasive procedures, which have become increasingly popular because of demands for aesthetic appearance and expeditious postsurgery recovery. Furthermore, the rigid and nondegradable nature of chemically cross-linked hydrogels hinders the recruitment and infiltration of host cells into implanted hydrogels, thereby limiting the extent of in situ regeneration and integration of implanted biomaterials into host tissues.

Many previous studies have demonstrated the fabrication of dynamic hydrogels stabilized by reversible physical cross-linking including hydrogen bonds, hydrophobic interactions, ionic interactions, ligand–ion coordination, dipole–dipole interactions, and host–guest complexations. These physically cross-linked hydrogels exhibit many desirable properties including self-healing and injectability. However, because of the weak nature of physical cross-linking and the stringent demands of cell-friendly preparation, few studies have reported physical hydrogels that are sufficiently cytocompatible and stable to allow for encapsulation and long-term culture of cells in vivo after delivery.

In this study, we develop unique cell-infiltratable and injectable (Ci-I) gelatin hydrogels, which are stabilized largely by the physical cross-linking of host–guest complexation and are further reinforced by limited chemical cross-linking (Scheme 1), and then demonstrate the outstanding properties of these Ci-I gelatin hydrogels. Our Ci-I gelatin hydrogels can be preformed with encapsulated therapeutic cells and drugs first, maintained under culture conditions for a desired period, and injected to target sites in the gel form at a prescribed time because of their excellent injectability and remoldability. Furthermore, the reversible physical cross-links of the Ci-I hydrogels also support infiltration of cells into the hydrogels that are loaded with chemoattractant drugs. These unique capabilities of Ci-I hydrogels offer great convenience during surgical procedures and significantly expedite clinical operations. We further evaluated the efficacy of the Ci-I gelation hydrogels as carriers of therapeutic drugs and cells for treating an enclosed bone abnormality in steroid-associated osteonecrosis (SAON) of the femoral head.

Steroids are widely used for treating various clinical conditions, such as rheumatoid arthritis, organ transplantation, and respiratory syndrome. However, long-term steroid treatments may lead to SAON, commonly affecting large joints such as the hip. A surgical core decompression (CD) procedure is typically performed on patients with early stage SAON to remove the necrotic bone and implant bone substitute in the drilled tunnel to prevent subsequent decreases in bone mineral density and support bone regeneration. Since the lack of endogenous stem cells and aberrant accumulation of adipose tissues were recognized as main characteristics of SAON in previous studies, here, we evaluated the feasibility of the Ci-I gelatin hydrogels encapsulating mesenchymal stem cells (MSCs) and a hydrophobic small molecule, icaritin, as a bone substitute to treat rat SAON (Scheme 1). Our in vivo animal research showed that the MSCs and icaritin-laden Ci-I gelatin hydrogels can prevent a decrease in bone mineral density (BMD) and promote in situ bone regeneration. Moreover, the icaritin-laden hydrogels enhanced the recruitment and infiltration of cells from the surrounding host tissues to the implantation sites, further confirming the efficacy of our Ci-I hydrogels.
hydrogels for promoting in situ regeneration. To the best of our knowledge, this is the first study demonstrating the feasibility of using injectable hydrogels encapsulating stem cells and small molecules to treat bone disorders in deep and enclosed anatomical locations, e.g., SAON at the hip.

RESULTS AND DISCUSSION

Prefabricated Ci-I Hydrogels Adapt to Injection Site Geometry and Maintain Initial Mechanical Properties after Injection. Gelatin has been extensively used for various biomedical applications because of its biocompatibility, bioactivity, biodegradability, and availability. Gelatin hydrogels are especially useful as carrier materials of therapeutic cells and drugs. However, the preparation of conventional chemically cross-linked gelatin hydrogels entails chemical modifications of the gelatin, and the obtained hydrogels are brittle with restricted network dynamics. Therefore, in this study, we developed a strategy to prepare gelatin hydrogels containing both chemical and physical cross-linking based on unmodified gelatin. First, the synthesized free difunctionalized gelatin hydrogels displayed a frequency-dependent response in the rheological frequency sweep test at a strain of 0.1% and 37 °C. Ci-I hydrogels exhibited a sol–gel transition during switching between alternating high (1000%, unshaded region) and low (1%, shaded region) shear strain in the rheological test at 37 °C. A preformed Ci-I gelatin hydrogel was drawn into a syringe and then injected through a G21 needle into a culture plate well (used as the mold) to be remolded to the shape of the cell culture well. Ci-I gelatin hydrogels sustained over 95% of compressive strain without rupture before or after injection. Stress vs strain curves from a cyclic compression test of Ci-I hydrogels (peak strain, 60%; loading speed, 1 mm/s) at 37 °C (inset: plot in the strain range 50–60%).
the formation of gelatin hydrogels containing two types of cross-links: (1) the physical host–guest complexations between the aromatic residues of the gelatin and oligomerized Ac-β-CDs, which are distributed throughout the entire hydrogel network; and (2) the chemical cross-links (due to the fraction of Ac-β-CDs bearing more than one acryloyl group) among the oligomerized Ac-β-CDs, the distribution of which is sparse and localized because of the inefficient reaction among the bulky Ac-β-CDs. The following experiments demonstrated that these gelatin hydrogels not only possessed unique dynamic properties including self-healing, shear-thinning, injectability, and cell infiltration capability due to the physical host–guest cross-linking but also showed adequate stability because of the localized chemical cross-linking for supporting long-term 3D culture of encapsulated cells. These hydrogels are therefore referred to as the “cell-infiltratable and injectable gelatin hydrogels” (Ci-I gelatin hydrogels) in the following sections.

The rheological measurements further demonstrated the presence of both physical and chemical cross-linking within the Ci-I gelatin hydrogels. The Ci-I hydrogels showed an obvious frequency-dependent increase in the modulus (Figure 1a), indicating the involvement of the physical host–guest complexation between gelatinous aromatic groups and β-CDs in stabilizing the hydrogel network. The further rheological studies revealed a “sol–gel” transition of the Ci-I hydrogels under alternating high/low shear strain (Scheme 1). The Ci-I hydrogels switched to the “sol” state (\( G' > G'' \)) under a high shear strain of ~1000% and immediately recovered to the “gel” state (\( G'' > G' \)) under a subsequent low shear strain of 1% (Figure 1b). Moreover, even after repeated high/low shear loading cycles, the storage modulus (\( G'' \)) of the Ci-I hydrogels consistently recovered to ~80% (1050 Pa) of that of the freshly prepared unloaded samples (1373 Pa) (Figure 1b). This slight reduction in storage modulus is likely attributed to the partial disruption of chemical cross-linking under loading. This excellent shear-thinning and self-healing capability enables the injection of Ci-I hydrogels without significantly compromising their mechanical properties. The prefabricated Ci-I hydrogel disks injected through a G21 needle into cylindrical models were efficiently remolded to regain the original disk morphology (Figure 1c).

Moreover, the compression test showed that the injection did not significantly affect the mechanical properties of the Ci-I gelatin hydrogels, and the injected hydrogels could still sustain over 95% compressive strain without rupture as could the noninjected hydrogels (Figure 1d). Furthermore, after the first loading–unloading cycle, the Ci-I hydrogels exhibited almost coinciding loading–unloading stress versus strain curves obtained from the remaining loading cycles (peak strain: 60%), suggesting excellent resistance to excessive cyclic compression (Figure 1e). Previous studies\(^\text{65-66}\) proved that well-designed injectable hydrogels could prevent encapsulated cells from damage of shear force during the injection through the syringe needle. To study whether our Ci-I gelatin hydrogels could maintain the viability of the encapsulated cell during the injection, we cultured hMSC-laden Ci-I gelatin hydrogels \textit{in vitro} for 1 day before injecting the hydrogels through a G21 needle, and the injected hydrogels were further cultured \textit{in vitro} for another 5 days. Figure S3 shows that the cell viability is still >90% even after injection, demonstrating the effective protection of the encapsulated cells by the injectable Ci-I gelatin hydrogels.

\textbf{Ci-I Hydrogels Mediate Sustained Delivery of a Hydrophobic Chemoattractant and Support Infiltration of Cells.} Sustained delivery of small hydrophobic molecules via hydrogels is typically challenging because the hydrophilic nature and large mesh size of hydrogel networks make loading and long-term release of small hydrophobic molecules rather difficult. Because a significant excess of Ac-β-CDs (compared with gelatinous aromatic residues) were used to fabricate Ci-I hydrogels, there were a considerable number of unoccupied β-

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**Figure 2.** (a) Kinetics of small-molecule icaritin release from the Ci-I gelatin hydrogels at 37 °C. The confocal micrographs show the 3D distribution of DAPI-stained human mesenchymal stem cell (hMSC) nuclei within the Ci-I hydrogels without (b) or with (c) icaritin encapsulation after 24 h of \textit{in vitro} culture. (d) Schematic illustration of a cell migration experiment at 37 °C. hMSCs seeded on the surface of the icaritin-laden Ci-I gelatin hydrogels infiltrated into the hydrogels within 24 h. (e) Invasion distance of DAPI-stained hMSC nuclei clusters within the Ci-I gelatin hydrogels without icaritin and Ci-I gelatin hydrogels with icaritin. The thickness of the Ci-I hydrogels used for the cell migration test is 1 mm, and the scanning depth of the Ci-I hydrogels is 500 μm in the cell migration experiments. Scale bar: 100 μm (parts b and c).
CD moieties conjugated to the hydrogel network. β-CD is commonly used in the pharmaceutical industry to improve the solubility of hydrophobic drugs. We utilized the empty β-CD cavities in Ci-I hydrogels to deliver a small hydrophobic chemical molecule, icaritin, which can reduce SAON incidence by inhibiting both thrombosis and lipid deposition. The icaritin-laden Ci-I gelatin hydrogels were capable of releasing icaritin continuously for up to 2 weeks (Figure 2a). Therefore, our previous research also showed that an anabolic and potent molecule icaritin can function as a chemoattractant to induce the directed migration of MSCs within a short time frame. The dynamic and weak cross-links based on host–guest complexation of our Ci-I gelatin hydrogel can potentially support cell infiltration and migration. To demonstrate this, we seeded MSCs on the surface of Ci-I hydrogels with or without the loaded icaritin. After 24 h of culture, most MSCs remained on top of the hydrogels without icaritin (Figure 2b,e and Movie S1), whereas nearly all MSCs infiltrated and migrated into the hydrogels loaded with icaritin (Figure 2c–e and Movie S2). The degradation of the hydrogels by cell-secreted catabolic enzymes is depicted in Figure 2f.}

Figure 3. (a) Cell viability staining (green corresponds to live cells, and red corresponds to dead cells) of MSC-laden Ci-I gelatin hydrogels after 1 week and 2 weeks of culture. (b) Gene expression of selected osteogenic markers (alkaline phosphatase (ALP) and Runx2) and adipogenic markers (CEBPα and PPARγ) of MSCs encapsulated in Ci-I gelatin hydrogels after 7 and 14 days of culture. Each sample was internally normalized to GAPDH, and every group was compared to the expression levels of group 100Dex on day 7, the quantitative value of which was set to unity. The data were analyzed with two-way ANOVA with Tukey’s post hoc test (n = 4, *P < 0.05, **P < 0.01, ***P < 0.001, compared to the 500Dex group). (c) Von Kossa staining; (d) immunohistochemical staining of Runx2, OCN, CEBPα, and PPARγ of the hMSCs loaded in Ci-I gelatin hydrogels after 7 and 14 days of culture. 100Dex, 100 nM dexamethasone (Dex) in media; 500Dex, 500 nM Dex in media; 500Dex+icaritin (M), 500 nM Dex and 1 mM icaritin in media; 500Dex+icaritin (H), 500 nM Dex in media and 1.3 mM icaritin in the hydrogel. The total amount of icaritin in the 500Dex+icaritin (M) group is the same as that in the 500Dex+icaritin (H) group. Scale bar: 100 μm (parts a, c, and d).
enzymes might not be significant enough to support such extensive cell infiltration within the short period of 24 h. We speculated that the cell infiltration was likely facilitated by the disruption of the weak host–guest cross-links in Ci-I hydrogels by cellular forces. Therefore, we speculate that, once implanted into the defect sites, the icaritin-laden Ci-I gelatin hydrogels can promote the recruitment and infiltration of endogenous cells into the hydrogel matrix, thereby speeding up the repair and regeneration of bone defects.

**Ci-I Hydrogel Attenuates the Adverse Effect of High-Dosage Corticosteroid during Stem Cell Differentiation.**

We then evaluated the efficacy of the Ci-I hydrogel as an injectable carrier of therapeutic cells to treat SAON by examining the osteogenesis of MSCs encapsulated in the Ci-I gelatin hydrogels in the presence of a high concentration of...
The majority of MSCs encapsulated in the Ci-I gelatin hydrogels were viable and spread to adopt a stellate morphology after 2 weeks of culture (Figure 3a), indicating that the dynamic Ci-I hydrogel network provides a permissive 3D environment to facilitate cell−matrix interactions. Then, we evaluated the differentiation of MSCs encapsulated in hydrogels under different culture conditions. Previous studies showed that dexamethasone (Dex), a clinically used corticosteroid, improved the osteogenesis of MSCs at low concentration but promoted the adipogenesis of MSCs at high concentration.73,74 Our RT-PCR data indeed showed that a low media concentration of Dex (100 nM, "100Dex") promoted the expression of osteogenic markers (ALP and Runx2), whereas a high media concentration (500 nM, "500Dex") of Dex up-regulated the expression of adipogenic markers of the MSCs encapsulated in hydrogels (CEBPα and PPARγ). In contrast, media supplementation of icaritin effectively suppressed the expression of adipogenic marker genes and promoted that of osteogenic marker gene, alkaline phosphatase (ALP), of the encapsulated MSCs under a high media concentration of Dex (Figure 3b, Figure 5).
“500Dex+icaritin (M)”. The upregulation of another osteogenic marker gene Runx2 is insignificant. We speculated that it was because the Runx2 gene expression data were collected at late time points, day 7 and 14, while the Runx2 is typically upregulated in MSCs at early time points upon osteogenic induction, and correlation between osteogenesis of MSCs and Runx2 expression becomes less significant at late time points.35 Furthermore, the Ci-I gelatin hydrogels that were loaded with a bolus dose of icaritin (“500Dex+icaritin (H)”) without icaritin supplementation produced similar expression levels of the differentiation marker genes as those of “500Dex+icaritin (M)”, which received fresh icaritin supplementation after each media change (Figure 3b). Von Kossa staining (Figure 3c) and the Runx2, OCN, CEBPα, and PPARγ immunohistochemical staining (Figure 3d) showed trends consistent with that of the RT-PCR. These results demonstrate that the Ci-I gelatin hydrogels are likely capable of mediating sustained delivery of small hydrophobic molecular drugs (e.g., icaritin) to counteract the adverse effects (e.g., bone necrosis) of high-concentration corticosteroids in the long term.

**Codelivery of MSC and Icaritin via Ci-I Hydrogels Enhances Bone Regeneration in SAON Model.** We further evaluated the efficacy of Ci-I gelatin hydrogels encapsulated with MSCs and icaritin to boost bone regeneration in a SAON model. Figure 4a showed that the injection of Ci-I gelatin hydrogels helped to prevent a decrease in BMD around the tunnel compared to the nontreated control group (no hydrogel implantation, “Blank”). The “icaritin+MSC+Gel” group showed significantly enhanced new bone formation in the tunnel (Figure 4a). Quantitative measurement of the micro-CT images showed that the “icaritin+MSC+Gel” group exhibited significant elevation in BV/TV, trabecular number, while trabecular thickness and a reduction in trabecular separation, as compared to the other groups, in both the peri-tunnel native bone (Figure 4b) and neobone tissue inside the tunnel (Figure 4c). Using Goldener’s Trichrome staining, we also further confirmed that the bone tunnel was filled with neobone in the “icaritin+MSC+Gel” group (Figure 4d). In contrast, only fibrous tissue was formed in the other groups without supplementation of icaritin (Figure 4d).

We further examined the harvested samples to assess the bone regeneration within the drilled tunnel. Immunofluorescent staining against Ki67, a marker widely used to identify proliferating cells, showed significantly more Ki67 positive cells in the tunnel region injected with the Ci-I gelatin hydrogels, which were loaded with both MSCs and icaritin (“icaritin+MSC+Gel”), as compared to that of either hydrogel alone (“Gel”) or hydrogel plus icaritin (“icaritin+Gel”) treatment groups (Figure 5a). Moreover, the “icaritin+MSC+Gel” group also exhibited the most intense staining against key osteogenic markers, Runx2 and Osterix (Figure 3b,c). At week 3 after the hydrogel implantation, the expressions of active β-catenin and OCN were upregulated in the “icaritin+MSC+Gel” group (Figure 5d and Figure S6a) compared to those of the other groups, and this may have contributed to the enhanced bone formation. In contrast, PPARγ expression was dramatically decreased (Figure 5e and Figure S6b), indicating suppressed adipogenesis, and this is consistent with our previous in vitro findings (Figure 3d). The icaritin-laden hydrogels (“icaritin+MSC+Gel” and “icaritin+Gel”) also exhibited significantly elevated expression of another proliferation marker, proliferating cell nuclear antigen (PCNA), in addition to Ki67 at week 6 (Figure 5a and Figure S4), regardless of MSC supplementation. In addition, the “icaritin+MSC+Gel” group showed slightly reduced expression of c-Src, a detrimental factor that has been identified as a therapeutic target for osteonecrosis.58 CSF-1R, a tyrosine-kinase transmembrane receptor,59 was greatly reduced in the “icaritin+MSC+Gel” and “icaritin+Gel” groups, indicating the potential immunoregulative effect of icaritin, as reported by a previous study.77 More importantly, this finding suggests that icaritin and...

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**Figure 6.** (a) Prussian blue and nuclear fast red staining of the histological sections of the femoral heads treated with MSCs and icaritin-laden Ci-I hydrogels. SPIO positive cells are indicated by green arrows. SPIO positive cells within the tunnel (b) and around the tunnel (c) were counted. The data were analyzed with one-way ANOVA with Tukey’s post hoc test (n = 6, ***P < 0.001).
MSCs delivered by CI-I hydrogels can potentially mitigate the foreign body response to biomaterial implants, thereby facilitating further translational applications.26 By using calcein green (CG) and xylene orange (XO) to dynamically assess the defects, thereby promoting new bone formation. 

Delivery of Icaritin by CI-I Hydrogels Facilitates the Recruitment of Endogenous Cells To Expedite the Healing of SAON in Vivo. Our in vitro data have demonstrated that icaritin-laden CI-I gelatin hydrogels can attract MSCs to infiltrate and migrate into hydrogels (Figure 2b). To evaluate the cell recruitment in vivo, immediately after the core decompression surgery and treatment with hydrogel injections in the created tunnel, we injected SPIO-labeled MSCs (1 million cells in 100 µL of media) in the ipsilateral tibia of the same limb. Six weeks postsurgery, the SPIO-labeled MSCs were hardly found within and around the tunnels with no hydrogel implantation (“Blank”) or with blank hydrogel implantation (“Gel”) (Figure 6). However, significantly more SPIO-labeled MSCs were found within and around the tunnels which were injected with hydrogels containing either icaritin alone (“icaritin + Gel”) or both MSCs and icaritin (“icaritin + MSC + Gel”) (Figure 6). This is consistent with our previous finding that icaritin can directly promote the migration of MSCs by upregulating the expression of vascular cell adhesion molecule-1 (VCAM-1).54 These data further demonstrated that the icaritin-laden CI-I gelatin hydrogels can recruit endogenous MSCs from the surrounding tissues to migrate to the bone defects, thereby promoting new bone formation.

CONCLUSIONS
Collectively, we demonstrate a unique injectable hydrogel with desirable properties including ease of preparation, unscathed mechanical properties after injection, sustained delivery of small hydrophobic molecular drugs, and injection with encapsulated cells. Furthermore, the dynamic physical cross-links in this hydrogel enable the infiltration and migration of cells from the surrounding environment to speed up the in situ bone regeneration in a SAON animal model. This injectable hydrogel can be easily customized to carry different portfolios of therapeutic drugs and cells for treating a wide array of clinical conditions via minimally invasive procedures in deep and enclosed anatomical locations.

ASSOCIATED CONTENT
The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acscentsci.8b00764.

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