Scalable Synthesis of Ultrasound Metal Oxide Radio-Enhancers Outperforming Gold

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ABSTRACT: Nanoparticle-based radio-enhancement has the potential to improve cancer cell eradication by augmenting the photoelectric cross-section of targeted cancer cells relative to the healthy surroundings. Encouraging results have been reported for various nanomaterials, including gold and hafnia. However, the lack of scalable synthesis methods and comparative studies is prohibitive to rationalized material design and hampers translation of this promising cancer management strategy. Here, we present a scalable (>100 g day⁻¹) and sterile alternative to conventional bath synthesis of group IV metal oxides (TiO₂, ZrO₂, and HfO₂), which yields near-monodisperse ultrasmall metal oxide nanoparticles with radio-enhancement properties. Access to group IV oxide nanoparticles, which solely differ in atomic number but otherwise exhibit comparable morphologies, sizes, and surface chemistries, enables the direct comparison of their radio-enhancement properties to rationally guide material selection for optimal radio-enhancement performance. We show that the metal oxide nanoparticles exhibit atomic-number-dependent radio-enhancement in cancer cells (HT1080 and HeLa), which is attenuated to baseline levels in normal fibroblasts (normal human dermal fibroblasts). The observed radio-enhancement effects show excellent agreement with physical dose enhancement and nanoparticle dosimetry calculations. Direct benchmarking against gold nanoparticles, the current gold standard in the field, rationalizes the use of hafnia nanoparticles based on their radio-enhancement performance, which is superior to equi-sized gold nanoparticles. Taken together, the competitive radio-enhancement properties for near-monodisperse nanoparticles produced by scalable and sterile flame spray synthesis offer a route to overcoming key roadblocks in the translation of nanoparticle-based radio-enhancers.

Radiation therapy is an integral component in the management of patients affected by cancer. Due to the associated short- and long-term damage caused by ionizing radiation, the maximum radiation dose that can safely be applied is limited.¹ One of the main challenges of radiation therapy is the delivery of an effective dose that can eradicate the tumor while sparing the surrounding normal tissue.²

Most commonly, external high-energy beams are targeted to the location of the tumor and deposit energy in the tissue while passing through.³ To achieve the highest possible loco-regional control of the dose with lower toxicities, advanced treatment modes using intensity-modulated beams and complex beam arrangements have been developed.⁴ Compared with conventional, uniform beam-based radiotherapy, intensity-modulated radiotherapy is more prone to marginal misses and is associated with increased “beam-on” times, total body exposure and radiation scattering, and leakage that might cause secondary malignancies.⁵ New strategies are needed to mitigate such radiation-induced negative side effects and to further optimize the effectiveness of radiotherapy.⁶ In this context, modifications that allow the application of lower radiation doses for eradication of cancerous cells are particularly sought after.

Tissue-specific application of substances with radio-sensitizing properties that enhance the therapeutic window and outcome of radiotherapy is a highly appealing strategy.⁷⁻⁸ The radio-sensitization properties of small molecule chemotherapeutic drugs such as cisplatin have been harnessed in the clinic for decades,⁹ but their inherent cytotoxicity requires careful dose adjustment and limits the therapeutic window.⁵ Concurrent chemoradiotherapy using traditional and new generation drugs could be leveraged to enhance the sensitivity of cancer cells to radiation while displaying non-overlapping toxicities.⁷ Alternatively, nanoparticles consisting of elements with high atomic number (Z) have been used to increase the X-ray absorption cross section of tumor tissues compared with their healthy surroundings.¹⁰ For photon energies (E) at which the photoelectric effect is dominant, the absorption cross section scales approximately with Z⁴E⁻³, building a physical rationale for the use of high-Z nanoparticles.¹¹ Interestingly,
radio-enhancement effects have been observed for nanoparticles with atomic numbers ranging from low (such as Al, Si, Ca, Ti, Fe, Cu, Zn, and Zr) to high (such as Ag, Gd, Hf, Pt, Au, and Bi). Hence, the mode of action and the resulting radio-sensitization of nanoparticle-based radio-enhancement are much more complex than predicted solely based on absorption cross-section phenomena. Dose enhancement has been shown to be a combination of physical (secondary particle generation and release), chemical (reactive oxygen species concentration effects), and biological (molecular, cellular, and/or tissue level effects) responses. The disentangling of these processes and their contributions to the observed radio-enhancement effects remains challenging and is an active field of research. Nonetheless, increasing experimental and clinical evidence exists in support of nanoparticle-based radiotherapy enhancement in terms of safety and efficacy. Apart from gold nanoparticles, which have been widely explored in a vast range of research settings, more exotic materials such as hafnium dioxide (HfO$_2$) have also successfully completed clinical phase II/III studies. In fact, the 50 nm sized HfO$_2$ nanoparticles synthesized by precipitation have been marketed by Nanobiotix as NBTXR3/Hensify and received the European CE Mark approval in April of 2019 for the treatment of locally advanced soft tissue sarcoma via intratumoral injection. Despite considerable excitement in the field, several barriers continue to hamper clinical translation and more widespread adoption of other nanoparticle radio-enhancers. These barriers include challenges related to scalable manufacturing of high-quality nanoparticles with a narrow size distribution and high colloidal stability. Additionally, comparative studies of the performance of different nanoparticle radio-sensitizers in comparable settings are scarce. Available experimental studies have investigated the effect of nanoparticle size or surface functionalization but rarely address the choice of core material, thus limiting understanding of the factors (such as core material choice) that govern the nanoparticle radio-enhancement efficacies. For such comparative studies, nanoparticles with comparable physico-chemical properties are needed. However, the scalable production of high-quality, crystalline, uniformly sized, and small (<100 nm) nanoparticles poses a major translational barrier due to significant synthetic challenges. Although bottom-up wet chemical approaches offer good control over nanoparticle size, shape, crystallinity, and compositions, even at low temperatures, synthesis can be time-consuming (from several hours to several days) and is typically performed in batch mode. In contrast, flame spray pyrolysis (FSP) is a scalable, continuous process with production rates of up to 1 kg h$^{-1}$ and is also highly versatile, enabling the

Figure 1. Schematic of the benzyl alcohol synthesis (WetChem, (A)) and flame spray pyrolysis (FSP, (B)). High-resolution transmission electron micrographs of TiO$_2$ (yellow), ZrO$_2$ (purple), and HfO$_2$ (orange) nanoparticles produced by either WetChem synthesis (i–iii) or FSP synthesis (iv–vi), respectively; scale bars are 4 nm. Transmission electron micrographs (TEM) and corresponding primary particle size distributions for TiO$_2$, ZrO$_2$, and HfO$_2$ nanoparticles produced by either WetChem synthesis (C–E) or FSP synthesis (F–H).
reproducible synthesis of a diversity of metal, metal oxide, and multicomponent nanoparticles of almost any composition from relatively inexpensive precursors and solvents.\textsuperscript{7–29} Furthermore, compared with wet chemical processes, no solvent-intensive workup is necessary.\textsuperscript{30} Despite the appealing properties of FSP for scalable and sterile high-temperature production of nanoparticles, the adoption of this process for production of nanoparticles intended for biomedical applications is challenging.\textsuperscript{21} Nanoparticle products are collected in the dry state, which is considered a critical drawback due to its adverse effect on nanoparticle redispersibility.\textsuperscript{31} Additionally, the process-intrinsic characteristic log-normal size distribution\textsuperscript{32–36} is considered a potential drawback that impacts the quality and safety of the product for biomedical applications.\textsuperscript{37}

In this work, we present the scalable synthesis of ultrasmall group IV metal oxide nanoparticle radio-enhancers. Ultrasmall, near-monodisperse group IV metal oxide nanoparticles were prepared either by the well-established non-aqueous wet chemical route\textsuperscript{38} in batch mode or by scalable flame aerosol technology.\textsuperscript{23} We quantitatively assess the radio-enhancement performance of the different nanoparticles in cancer cell lines with different radio-sensitivities (HT1080 and HeLa) and in fibroblasts (normal human dermal fibroblasts, NHDF) as a function of colloidal stability, uptake, and intracellular distribution. We quantify the impact of uptake and material characteristics on the radio-enhancement properties of the metal oxide nanoparticles, benchmark their efficiency against gold nanoparticles, and hence pave the way to rationalized materials selection optimized for radio-enhancement performance.

### RESULTS AND DISCUSSION

Figure 1 shows the transmission electron microscopy (TEM) images and size distributions for the produced metal oxide nanoparticles. The nanoparticles synthesized by the wet chemical, surfactant-free, non-aqueous sol–gel route\textsuperscript{38} (denoted as WetChem hereafter) consistently showed an elliptic morphology with mean aspect ratios near 1.5 and comparable primary particle sizes of 4.5 ± 0.9 nm for TiO\textsubscript{2}, 4.0 ± 0.4 nm for ZrO\textsubscript{2}, and 5.7 ± 1.8 nm for HfO\textsubscript{2} (averaged major and minor axis, $d_{\text{TEM}}$, Table 1). Although the sizes were generally normally distributed with narrow standard deviations (SD), HfO\textsubscript{2} nanoparticles exhibited a higher degree of variation with a log-normal size distribution along the major axis (Figure 1E).

The elliptical shape suggests a dominant growth direction along the major axis. The characteristics of the WetChem-synthesized nanoparticle are in excellent agreement with previous literature reports on TiO\textsubscript{2},\textsuperscript{51} ZrO\textsubscript{2},\textsuperscript{39,40} and HfO\textsubscript{2}\textsuperscript{41–43} nanoparticles. Nanoparticles synthesized by FSP showed primary particle sizes in the same size range, centered around 5.3 ± 1.7 nm for TiO\textsubscript{2}, 5.1 ± 1.6 nm for ZrO\textsubscript{2}, and 5.2 ± 1.7 nm for HfO\textsubscript{2} ($d_{\text{TEM}}$). In contrast to the WetChem nanoparticles, these nanoparticles were near-spherical in shape with aspect ratios of approximately 1.15 and process-intrinsic log-normal size distributions.\textsuperscript{26,34–36,44}

The lattice fringes observed in high-resolution (HR)TEM micrographs (Figure 1i–vi and Table S1 in the Supporting Information) indicated that all as-prepared WetChem and FSP nanoparticles were highly crystalline. X-ray diffraction analysis of the as-prepared nanoparticles showed good agreement between the crystallite diameters ($d_{\text{XRD}}$, Table 1) and the observed primary particle sizes in TEM. The dominant crystal phases were tetragonal for TiO\textsubscript{2} (in anatase mineral form) and ZrO\textsubscript{2} and monoclinic for HfO\textsubscript{2} nanoparticles. Coexistence of a second phase was detected in certain cases. The ZrO\textsubscript{2} WetChem nanoparticles showed an additional monoclinic phase (approximately 20%, based on Rietveld refinement). The occurrence of mixed phases is well documented for ZrO\textsubscript{2} synthesized via the benzyl alcohol route.\textsuperscript{55} The phase composition and purity are highly dependent on precursor selection and concentration and temperature.\textsuperscript{46} The HfO\textsubscript{2} FSP nanoparticles comprised a second metastable\textsuperscript{57} orthorhombic phase (approximately 25%), in addition to the thermodynamically more stable monoclinic phase. Analysis of three independent particle batches confirmed a high reproducibility of both production methods. The XRD patterns coincide (Supporting Information, Figure S1), and mean crystallite size analysis showed relative deviations

### Table 1. Size Comparison of All Metal Oxide NPs Produced by WetChem- and FSP-Synthesized NPs Using Different Methods\textsuperscript{a}

<table>
<thead>
<tr>
<th>Synth. Route</th>
<th>NP</th>
<th>$d_{\text{TEM}}$ [nm]</th>
<th>$d_{\text{XRD}}$ [nm]</th>
<th>SSA $[\text{m}^2\text{g}^{-1}]$</th>
<th>$d_{\text{BET}}$ [nm]</th>
<th>$d_{\text{DLS}}$ [nm]</th>
<th>$D_{\text{50}}$ [nm]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wet-Chem</td>
<td>TiO\textsubscript{2}</td>
<td>4.5 ± 0.9</td>
<td>4.5 ± 0.1 ($\star$)</td>
<td>154</td>
<td>11.8</td>
<td>38 ± 2</td>
<td>11 ± 1</td>
</tr>
<tr>
<td></td>
<td>ZrO\textsubscript{2}</td>
<td>4.0 ± 0.4</td>
<td>3.9 ± 0.1 ($\star$)</td>
<td>71</td>
<td>13.8</td>
<td>250 ± 2</td>
<td>145 ± 7</td>
</tr>
<tr>
<td></td>
<td>HfO\textsubscript{2}</td>
<td>5.7 ± 1.8</td>
<td>7.1 ± 0.1 ($\star$)</td>
<td>76</td>
<td>7.8</td>
<td>21 ± 1</td>
<td>5 ± 1</td>
</tr>
<tr>
<td>FSP</td>
<td>TiO\textsubscript{2}</td>
<td>5.3 ± 1.7</td>
<td>6.0 ± 0.2 ($\star$)</td>
<td>235</td>
<td>6.7</td>
<td>142 ± 6</td>
<td>33 ± 4</td>
</tr>
<tr>
<td></td>
<td>ZrO\textsubscript{2}</td>
<td>5.1 ± 1.6</td>
<td>6.4 ± 0.1 ($\star$)</td>
<td>161</td>
<td>6.4</td>
<td>158 ± 7</td>
<td>30 ± 7</td>
</tr>
<tr>
<td></td>
<td>HfO\textsubscript{2}</td>
<td>5.2 ± 1.7</td>
<td>6.2 ± 0.3 ($\star$)</td>
<td>89</td>
<td>6.6</td>
<td>158 ± 13</td>
<td>25 ± 9</td>
</tr>
</tbody>
</table>

\textsuperscript{a}$d_{\text{TEM}}$: averaged minor and major axis from TEM images (mean ± SD). $d_{\text{XRD}}$: refined crystallite sizes based on (1,1,1) (monoclinic and orthorhombic) and (1,0,1) (tetragonal) peaks (size ± SD). SSA and $d_{\text{BET}}$: specific surface area (SSA) and calculated size from nitrogen absorption (BET) measurements. $d_{\text{DLS}}$ and $D_{\text{50}}$: hydrodynamic size or z-average (intensity distribution, $d_{\text{DLS}}$) and the median of the number distribution ($D_{\text{50}}$) from DLS measurements, respectively (mean ± SD).
between 1 and 8% for WetChem nanoparticles and between 3 and 6% for FSP-derived metal oxides (Supporting Information, Table S2). All XRD patterns showed characteristic peak broadening due to the small crystallite sizes. 48,49 Rietveld refinement analysis for FSP TiO2 and ZrO2 nanoparticles can be found in the Supporting Information (Figure S2). The sizes based on N2-adsorption ($d_{\text{BET}}$) were in excellent agreement with the primary particle sizes determined based on XRD and TEM data (Table 1), indicating minor aggregation.50 Only the WetChem TiO2 and ZrO2 nanoparticles showed a slight discrepancy between $d_{\text{BET}}$ and the primary particle size estimates based on crystallite ($d_{\text{XRD}}$) or microscopy sizes ($d_{\text{TEM}}$).

The WetChem route applied in this work constitutes a robust procedure for the synthesis of high-quality sub-10 nm crystalline metal oxide nanoparticles at temperatures below 250 °C.23 It is, however, considerably more time- and labor-intensive than the FSP route. The aging times needed to form crystalline nanoparticles with a size below 10 nm via halide (or alternative) elimination have been reported to range from hours to several days for TiO2 (depending on reaction temperature).51 2–3 days for ZrO2,39,40 and 2–4 days for HfO2.41–43 nanoparticles. Generally, increasing the reaction times during production of metal oxide nanoparticles via the benzyl alcohol route results in a moderate growth of the primary particles (based on XRD crystal size).25,51,52 This process is exemplarily shown for the case of WetChem ZrO2 nanoparticles in which an increase in reaction time from 3 to 72 h led to crystal growth from 2 to 4 nm for the more dominant tetragonal crystal phase (Supporting Information, Figure S3). Additionally, Niederberger et al.51 observed moderate crystal growth for benzyl alcohol-made TiO2 nanoparticles. Alternatively, less time-consuming wet chemistry-based protocols have been previously investigated for the production of HfO2 but have failed to yield dispersible colloidal stable nanoparticle systems due to high temperature synthesis or post-processing. Although FSP synthesis is a high-temperature process in which nanoparticles are collected in the dry state, it showed primary particle quality comparable to that of WetChem synthesis.

The small primary particle size in our FSP synthesis is a result of the low molarity and low precursor-to-oxygen flow rate ratio.27,30 Monoclinic and tetragonal ZrO2 nanoparticles were reported by Mueller et al.,7 who showed control over the particle diameter from 6 to 35 nm as a function of production rates (50–600 g h$^{-1}$), precursor compositions, and dispersion gas flow rates. FSP offers a robust route to sterile and scalable synthesis of ultrasmall group IV metal oxide nanoparticles; however, ideal precursors (alkoxides and organometallic compounds) are more expensive than nitrate precursors, which usually give inhomogeneous particles. Furthermore, not all precursors are easily miscible, explosive precursor mixtures and conditions should be avoided, and under certain conditions, products of incomplete combustion could be present.30

Therefore, organic contents of nanoparticles were quantified by thermogravimetric analysis (TGA) for as-prepared nanoparticles (FSP) and after workup and dialysis (WetChem). A minimal content of potentially harmful organic remnants on the nanoparticle surface (physically adsorbed or chemically bonded) after synthesis is highly favorable because it reduces the need for costly post-processing workup and reduces solvent use.

The organic contents remained well below 6 wt % for both synthesis routes (Figure 2A,B). For example, both HfO2 nanoparticles showed a slight mass decrease (≤0.5 wt %) in the temperature range between 110 and 300 °C, which is attributed to the loss of physically adsorbed water or light organic molecules.40,43 This initial mass decrease is followed by a stepwise mass loss between 300 and 600 °C, amounting to 0.5 wt % for FSP HfO2 and 1.7 wt % for WetChem HfO2, which is assigned to the desorption of chemically bonded organic surface remnants (see also the derivative thermogravimetric curve, DTG; Supporting Information, Figure S4).40 For the other oxides, the physisorbed organic residues were approximately 1–3 wt % for ZrO2 and 3–4 wt % for TiO2 nanoparticles. The chemisorbed organic surface remnants were estimated as 3.0 wt % (WetChem) and 1.5 wt % (FSP) for ZrO2 nanoparticles and as 1.3 wt % (WetChem) and 1.5 wt % (FSP) for TiO2 nanoparticles. Generally, the nanoparticles synthesized in the flame showed lower amounts of organic residues than the WetChem nanoparticles.

For the WetChem nanoparticles, washing steps were necessary to remove excess solvents and loosely attached organic residues for successful transfer of the nanoparticles into water. Except for ZrO2, the transfer of WetChem nanoparticles to water resulted in de-agglomerated near-transparent dispersions, even at concentrations >5 mg mL$^{-1}$. The high water dispersibility in those systems might stem from chloride and benzyl group terminated surfaces.54,55 The nanoparticle

![Thermogravimetric analysis (TGA; A, B), hydrodynamic size distributions obtained by DLS (C, D), and surface charge (zeta potential; E, F) in water of WetChem (top) and FSP-synthesized (bottom) metal oxide NPs.](https://doi.org/10.1021/acs.chemmater.0c04565)
number medians were 5 (HfO$_2$) and 11 nm (TiO$_2$), respectively, indicating minor agglomeration (Table 1 and Figure 2C). Despite extensive washing, the agglomerate sizes of ZrO$_2$ in water could not be decreased, and the mean number size (around 145 nm) remained considerably higher compared with the other oxides (Table 1 and Figure 2C). Additional surface modification might be used to reduce agglomeration in polar solvents, as shown by Kockmann et al.$^{56}$ Nanoparticles synthesized by FSP were readily water-dispersible directly after synthesis, and no workup was required. The hydrodynamic sizes ($d_{\text{DLS}}$) of these particles were similar to each other, and their number medians ($D_n(50)$) were near 30 nm, indicating minor agglomeration in water and cell culture medium (Table 1, Figure 2D, and Figures S4 and S5 in the Supporting Information). Metal oxide nanoparticles made in flame reactors are typically hydrophilic as they have a high surface density of hydroxyl groups$^{57-59}$ and hence disperse well in aqueous media. Note that the discrepancy between $d_{\text{TEM}}$ and $d_{\text{DLS}}$ originates from partial agglomeration, the difference between intensity (DLS) and number-based (TEM) distribution as well as overestimation of the average hydrodynamic size of fractal-like nanoparticles by DLS.$^{60}$ Colloidal stability and sedimentation measurements performed using the method described by Spyrogianni et al.$^{61}$ confirm the high colloidal stability of WetChem TiO$_2$ and HfO$_2$. These measurements further indicate that the sedimentation behavior of all FSP nanoparticles is highly similar and comparable to that observed for 50 nm gold nanoparticles (Supporting Information, Figures S6 and S7). These findings are well in line also with agglomerate sizes observed for air-dried nanoparticle suspensions in TEM (Supporting Information, Figure S8). Zeta potential values measured in 2% PBS were consistently negative (range between $\sim$33 and $\sim$37 mV, Figure 2E,F) and minimally affected by the type of oxide or the synthesis route. Taken together, the WetChem-synthesized oxides showed differences in colloidal behavior. HfO$_2$ and TiO$_2$ nanoparticles were highly dispersible and colloidally stable, whereas ZrO$_2$ nanoparticles showed significant agglomeration. The different FSP-synthesized oxide nanoparticles exhibited comparable physicochemical characteristics and high water dispersibility with only minor agglomeration. The above results indicate that although gram-scale batches of high-quality group IV metal oxides are achievable via the benzyl alcohol route,$^{59,51,62}$ continuous flow processing,$^{22,63}$ including flame spray pyrolysis, offers a promising strategy for increasing the production rates (mg or g day$^{-1}$) to pilot-plant scales (kg day$^{-1}$) with uncompromised product quality.

Following physicochemical characterization of the as-prepared nanoparticles, their toxicity (in the absence of radiation) was investigated against different cell types, including dermal fibroblasts (NHDF), fibrosarcoma cells (HT1080), and the widely researched HeLa cells (adenocarcinoma). The HT1080 and HeLa cell lines were selected as well-established cancer cell lines with relatively high radio-resistance.$^{64,65}$ Primary fibroblasts were chosen as representative noncancerous cells. Luminescent ATP quantification (indicating metabolically active cells) and lactate dehydrogenase (LDH) release (indicating membrane damage) were selected as sensitive endpoints to assess the nanoparticle effects on cell viability and to determine a subtoxic nanoparticle dose for radio-enhancement experiments. The results are shown in Figure 3A–D for HT1080 and Figures S9 and S10 for HeLa and NHDF, respectively. The two assays showed excellent agreement and revealed only minor effects on cell viability for nanoparticle concentrations up to 1 mg per mL (equivalent to a total applied dose of 10 ng per seeded cell) (Figure 3A–D). Only the WetChem ZrO$_2$ nanoparticles showed a detectable effect on the cell viability of HT1080 cells.
The effect on HT1080 cell viability might at least partially be explained by the higher hydrodynamic size of WetChem ZrO2 and thus faster sedimentation,\textsuperscript{66} resulting in higher cellular uptake (\textit{vide infra} for results on cellular uptake).\textsuperscript{61} To confirm this hypothesis, nanoparticle sedimentation and diffusion were calculated using the modified distorted grid model.\textsuperscript{67} Considering the average hydrodynamic size of particles in the cell medium, the bottom concentration (lowest 10 μM of well) was estimated to be at least five times higher for WetChem ZrO2 than for the other oxide nanoparticles (Figure 3E,F). The higher tolerance by HeLa and NHDF cells illustrates the varying uptake (Figure 4 and Figure S11 in the Supporting Information) and susceptibility of different cell lines to nanoparticle effects (Figure 3 and Figures S9 and S10 in the Supporting Information). Based on the above cytotoxicity and cell viability studies, two subtoxic administered total doses normalized to cell seeding number, i.e., 1 and 5 ng per seeded cell, were selected for further studies.

After confirming the cytocompatibility of the selected nanoparticle doses, the nanoparticle uptake and intracellular distribution were investigated in HT1080 (Figure 4), HeLa and NHDF (Supporting Information, Figure S11) cells by inductively coupled plasma mass spectroscopy (ICP-MS) and (scanning) transmission electron microscopy. As evident from the scanning transmission micrographs, uptake measurements include intracellular nanoparticles as well as those firmly attached to the outer cellular membrane (Figure 4). For the FSP nanoparticles, mass uptake was comparable for the different oxides, reaching values of approximately 0.1 ng cell\textsuperscript{−1} for the lower administered dose and approximately 0.3 ng cell\textsuperscript{−1} for the higher administered dose (Figure 4A). The nanoparticle mass uptake was also converted into nanoparticle number concentration per cell, with estimated cell uptakes of \(8.1 \times 10^{7}, 7.1 \times 10^{7}\), and \(5.4 \times 10^{7}\) nanoparticles for the TiO2, ZrO2, and HfO2 FSP nanoparticles, respectively. Although the cellular mass uptake was very comparable for the FSP nanoparticles (6% deviation in the high dose), greater variations were observed for the WetChem nanoparticles. Expectedly and well in line with the large hydrodynamic size and the dosimetry calculations (Supporting Information, Figure S5), the highest uptake was observed for the WetChem ZrO2 nanoparticles. Interestingly, elemental analysis showed that compared with all oxides, the citrate-stabilized 5 nm gold nanoparticles showed lower cell uptakes of 0.01 and 0.1 ng cell\textsuperscript{−1} (\(<1%\) of total, Figure 4A), despite the fact that dosimetry calculations show similar mass concentrations at the bottom of the well for gold and metal oxides. Larger gold nanoparticles, namely, 50 and 150 nm, were internalized more readily and to an extent comparable to the FSP metal oxide nanoparticles. The uptake results are in good agreement with previous studies in a similar setting\textsuperscript{68} and in line with literature for other cell lines at comparable nanoparticle administration concentrations (Supporting Information, Table S3). The lower uptake for 5 nm gold nanoparticles was also observed in the scanning
transmission electron micrographs (Figure 4C). From the STEM images, it can also be observed that intracellular nanoparticle agglomerates were formed (Figure 4B, C and Figure S12 in the Supporting Information). The intracellular agglomerate characteristics were quantified and showed an average Feret diameter in the range between 0.4 and 0.5 μm, regardless of the type of metal/metal oxide or synthesis route, which is in good agreement with previous work on gold nanoparticles69 (Figure 4D and Figure S12 in the Supporting Information).

It was also observed that these agglomerates can cluster together to form large nanoparticle assemblies well above the size of 1 μm (Figure 4B, D). The nanoparticle uptake estimated based on STEM image analysis relating the intracellular nanoparticle area to the cell area shows trends in line with the ICP-MS measurements (Supporting Information, Figure S13). Taken together, the similar physicochemical and water dispersibility characteristics of the FSP-synthesized metal oxides led to a comparable mass uptake into cells, which allows direct comparison of their radio-enhancement efficacies. In contrast, the WetChem nanoparticles showed a more variable uptake that scaled with their colloidal size and stability, i.e., low uptake for small and stable (TiO2 and HfO2) nanoparticles and high uptake for agglomerated, rapidly sedimenting (ZrO2) nanoparticles.

Following comprehensive physicochemical characterization of the nanoparticles and the cellular uptake, the radiosensitization effects were assessed in a well-standardized ex vivo setup using a tissue phantom and relatively radio-resistant sarcoma cells (HT1080), cervical adenocarcinoma cells (HeLa), and normal fibroblasts (NHDF). The radiosensitization effects of WetChem- and FSP-synthesized nanoparticles were assessed under comparable conditions and benchmarked against equi-dosed 5 nm Au nanoparticles. We note that 24 h incubation of cells with nanoparticles led to a viability after 7 days (long-term effect) that was comparable to that of nanoparticle-free control cells, indicating no damaging effect of nanoparticles in the absence of radiation (Supporting Information, Figures S14 and S15). Only the high ZrO2 WetChem nanoparticle concentration showed a

Figure 5. HT1080 cell survival fraction as a function of irradiation dose (Gy) of 150 kVp X-rays with or without prior incubation with low or high NP doses (low: 1 ng cell⁻¹; high: 5 ng cell⁻¹) of different metal oxides and 5 nm gold NPs for 24 h. Lines through data show linear quadratic survival curve fits for low (dashed) and high (solid) NP concentrations. Left: WetChem-synthesized NPs. Right: FSP-synthesized NPs. Results shown as mean ± SD (n = 3).

Figure 6. Dose enhancement efficiencies for different NPs. Physical dose enhancement as total energy emitted from a single 20 nm Ti, Zr, or Hf NP and its contributions from secondary electrons (Auger, photo, and Compton electrons) and photons following an ionizing event (Monte Carlo simulation data obtained from McMahon et al.73) (A). Mean dose modifying ratio (N = 2) and linear correlation with uptake of the different group IV oxide NPs (WetChem and FSP TiO2, ZrO2, and HfO2) and 5 nm Au NPs (B); bold dashed lines show linear fit with R² = 0.85 (HfO2), R² = 0.97 (ZrO2), and R² = 0.59 (TiO2); thin dashed lines show best linear fit for lowest and highest TiO2 NP uptakes. Fitted dose enhancement efficiencies per NP, ηNP, irrespective of the synthesis method (C). DMR50% of 5 nm Au NPs could not be computed due to nonlinearity (indicated by an asterisk). Experimentally observed dose enhancement as a function of metal mass per cell (D). Shaded areas in (B) and (D) are visual aids showing the NP effectiveness area.
significantly decreased long-term cell viability and was excluded from further analysis.

With irradiation, the viability of the HT1080 cells expectedly decreased in a dose-dependent linear quadratic fashion (Figure 5). Approximately 80% of control cells (no nanoparticle treatment) survived an irradiation dose of 6 Gy. The $D_{50\%}$ value, indicating the irradiation dose that kills 50% of the cells, was around 9 Gy. With nanoparticles, the $D_{50\%}$ decreased as a function of increasing nanoparticle concentration and increasing atomic number. Experiments showed a clear trend of the $D_{50\%}$ ($\text{TiO}_2 > \text{ZrO}_2 > \text{HfO}_2$) following the inverse sequence of atomic number ($\text{Ti}(Z = 22) < \text{Zr}(Z = 40) < \text{Hf}(Z = 72)$) for both low and high nanoparticle concentrations (Supporting Information, Table S4). The only exception is WetChem ZrO$_2$ nanoparticles, which show a lower $D_{50\%}$ than HfO$_2$ due to their larger hydrodynamic size resulting in higher uptake. Radio-enhancement quantification can be expressed as the dose modifying ratio (DMR) by dividing the irradiation $D_{50\%}$ of the cells without nanoparticles by the value with nanoparticles:

$$\text{DMR}_{50\%} = \frac{D_{50\%, \text{C}}}{D_{50\%, \text{NP}}}.$$ 

Hence, the DMR$_{50\%}$ was following the order of the atomic number ($\text{HfO}_2 > \text{ZrO}_2 > \text{TiO}_2$) for the metal oxides. The 5 nm sized gold nanoparticles performed similarly to 5 nm sized TiO$_2$ nanoparticles in the current setting (Supporting Information, Table S4). This result is likely attributable, at least in part, to the reduced cellular uptake of the gold compared with the group IV metal oxide nanoparticles. For comparison, we performed additional radio-enhancement experiments using 50 and 150 nm gold nanoparticles (Supporting Information, Figure S16). Higher uptake and higher DMR$_{50\%}$ values were observed for 50 and 150 nm than for 5 nm gold nanoparticles; however, dose enhancement effects were very similar to those for 5 nm HfO$_2$ at the same mass uptake.

At comparable uptake, the dose enhancement increases with the nanoparticle atomic number, suggesting that the observed effects are, at least in part caused by the different mass attenuation cross-sections and secondary particle emissions, next to chemical and biological enhancements mechanisms. Figure 6A shows a comparison of the total energy emitted from a nanoparticle following an ionizing event as calculated based on Monte Carlo simulations$^{55}$ for the different types of nanoparticles. Following an ionization event on the surface of a Hf, Zr, Ti, or Au nanoparticle, secondary electrons (such as photo and Auger electrons) and fluorescent photons are created, delivering a high dose locally. This physical dose enhancement (based on the total energy emission from a nanoparticle) suggests that hafnium-based particles could be more effective than zirconium-based particles followed by titanium-based particles. We calculated the biological effectiveness of our nanoparticles in terms of DMR, which is a concept.
similar to the relative biological effectiveness (RBE = \( \frac{D_x}{D_{L}} \), where \( D_x \) is the dose of X-ray radiation and \( D_{L} \) is the dose of densely ionizing radiation leading to the same cell-killing level). From a physical point of view, the RBE for nanoparticles scales linearly with their concentration in the tumor cells.\(^{71,75}\) Correspondingly, our metal oxide nanoparticle DMRs, irrespective of the synthesis method, were analytically described by a linear function: \( \text{DMR}_{NP} = 1 + \eta_{NP}/\eta_{NP}^0 \), where \( \eta_{NP} \) is the nanoparticle dose enhancement efficiency and \( \eta_{NP}^0 \) is the intracellular and the cell membrane-attached number of TiO\(_2\), ZrO\(_2\), or HfO\(_2\) nanoparticles (Figure 6B). From this result, it can be observed that the HfO\(_2\) and ZrO\(_2\) nanoparticles are approximately four and two times more effective than TiO\(_2\) nanoparticles, respectively, mirroring the ratios from the energy emission predictions per nanoparticle (Figure 6C). When DMRs are expressed as a function of metal mass per cell, highest DMRs are observed for HfO\(_2\) and the 50 and 150 nm sized Au nanoparticles (Figure 6D). While the uptake was very similar for all FSP-made nanoparticles, hence allowing direct comparison of the DMR values at comparable uptake, comparison with WetChem and gold nanoparticles at the exact same uptake is more challenging. Nonetheless, since DMR values show a linear dependence on uptake, Figure 6B,D provides important insights on performance for the different nanoparticles at comparable number and mass concentrations, respectively.

Analogous to the HT1080 cells, nanoparticle dose- and atomic number-dependent radio-enhancement effects were also found in HeLa (adenocarcinoma) cells, although with an overall lower effect (Figure 7 and Figure S17 in the Supporting Information). Varying dose modifying ratios between different cell lines for the same nanoparticles are not surprising because radio-sensitization effects have been shown to be strongly cell line-dependent.\(^{74,75}\) While the DMRs correlate linearly with uptake in a certain cell line, the values still vary widely between cell lines. In fibroblasts (NHDF), no significant radio-sensitization effect was found (DMRs near 1). This might be caused by the lower uptake (of the metal oxide nanoparticles, see Figure S11 in the Supporting Information) and/or higher tolerance to ROS\(^{76}\) compared with tumor cells. No long-term effect on cell viability was observed in HeLa and NHDF cells in the absence of radiation, not even for WetChem ZrO\(_2\), indicating that both radio-enhancement properties and cytotoxicity are strongly dependent on cell line (Supporting Information, Figures S14 and S15). A summary of all survival fractions for different cell lines can be found in Figure S18 in the Supporting Information. Overall, in the two cancer cell lines, the DMRs were highest for HfO\(_2\) and Au 50 and 150 nm followed by ZrO\(_2\) and TiO\(_2\) nanoparticles. The FSP-synthesized nanoparticles showed higher DMRs than the WetChem-synthesized nanoparticles, which is in line with the observed higher nanoparticle uptake. The biological effects of the different crystal phases and their influence on cytotoxicity and radio-enhancement properties remain to be investigated using phase pure nanoparticles.

A comparison of the observed effects with the literature is challenging due to the various methodologies reported, which further highlights the need for comparative studies that directly compare different nanomaterials in the same experiment. Youkhana\(^{27}\) et al. found nanoparticle concentration-dependent DMRs between 1.2 and 1.7 for 30 nm amine-functionalized TiO\(_2\) nanoparticles at 80 kVp X-rays. In contrast, for 0.5 mM TiO\(_2\) nanoparticles, DMRs of 1.21 and 1.27 were found for HaCaT and DU145 cells, respectively. Our results show similar DMRs of 1.3 and 1.4 in HT1080 cells using a slightly lower concentration of 0.42 mM for WetChem and FSP TiO\(_2\) nanoparticles, respectively.

For the most researched Au nanoparticles, literature values for these particles in the same cell lines (HT1080 and HeLa) can be found. Joh\(^{77}\) et al. found a DMR of 1.16 for 1 mM 12 nm core pegylated Au nanoparticles in clonogenic HT1080 cell survival assays (150 kVp).\(^{77}\) For HeLa cells, Chithrani\(^{78}\) et al. found a DMR of 1.2 (220 kVp) for 14 nm nanoparticles with an uptake of \(~0.0001 \text{ ng cell}^{-1}\).\(^{78}\) These values are comparable to our findings for 5 nm Au nanoparticles in HeLa (DMR 1.23 with 0.004 ng cell\(^{-1}\)) and HT1080 cells (DMRs 1.28 and 1.37 for 0.01 and 0.1 ng cell\(^{-1}\), Figure 7A,B). Although we used a metabolic assay instead of a clonogenic assay, there is evidence that the conclusions drawn from both assays are concordant.\(^{13,79,78}\) We further confirmed in a small-scale experiment that both assays are in line with each other (Supporting Information, Figure S19).

Nonlinearity has been observed for 5 nm Au nanoparticles (Figure 6C), where a nanoparticle dose exceeding 5 ng cell\(^{-1}\) led to higher uptake (2X) and cytotoxicity without additional dose enhancement (Supporting Information, Figure S16). These findings are in good agreement with Zhang\(^{80}\) et al. reporting higher toxicity for 4.8 nm Au nanoparticles and lower dose enhancement with increasing concentration compared to larger nanoparticles. Similarly, Liu\(^{81}\) et al. reported a nonlinear dependence of the radio-enhancement on the concentration for 15 nm Au nanoparticles in HeLa cells. They proposed a radio-sensitization mechanism based on the production of hydroxyl radicals and showed a decreased ROS production with increasing nanoparticle concentration. For 50 nm sized Au nanoparticles, Chithrani\(^{78}\) et al. found an uptake of \(~0.01 \text{ ng cell}^{-1}\) into HeLa cells with DMRs of 1.43 (220 kVp) and 1.66 (105 kVp). These values are well in line with the DMR of 1.5 (150 kVp) for 50 nm Au nanoparticles in HeLa cells and comparable the ones for HfO\(_2\) (DMR FSP high 1.66 and WetChem high 1.70, Figure 7B). Taken together, FSP-synthesized hafnia nanoparticles outcompeted 5 nm Au nanoparticles in radio-enhancement due to the higher uptake and better cytocompatibility and performed comparably to 50 and 150 nm sized Au nanoparticles, hence rationalizing the promising clinical results found for hafnia. Note that radio-enhancement effects are, in addition to nanomaterial composition, strongly dependent on additional factors. Cell type, cell age, and nanoparticle suspension stability might directly or indirectly (via altered uptake)\(^{82}\) influence radio-enhancement effects, which should therefore always be assessed as a function of nanoparticle uptake.

Importantly, the flame spray pyrolysis production process can be readily scaled up without compromises in product quality. While this study is the first to report the FSP synthesis of HfO\(_2\), large-scale production of FSP-synthesized metal oxides, including TiO\(_2\), ZrO\(_2\), and HfO\(_2\), has been achieved, albeit with larger particle size. Typically, FSP-synthesized particles are produced exhibiting larger primary particle sizes (between 5 and 500 nm) than the ones reported here (size distributions between 2 and 10 nm).\(^{83,84}\) Flame-synthesized TiO\(_2\) is also commercially available (e.g., P25, P90 by Degussa/Evonik). To demonstrate scale-up of the synthesis of ultrasmall group IV metal oxide nanoparticles as an important step in the translation, we produced a large batch (50 g) of the best
performing FSP nanoparticles (HfO2) at a production rate of 15 g h\(^{-1}\) and a yield of >82\%. Particle characteristics are primarily determined by the high-temperature particle residence times, which have been selected here to yield ultrasmall nanoparticles (around 5 nm). While we report the first continuous FSP production of HfO2 similar and even higher production (>100 g h\(^{-1}\)) rates have been achieved in flame spray pyrolysis pilot scale reactors for other oxides and large particle sizes. Production rates could be further increased in a straightforward manner by using multiple flames. Most importantly, we also show that the nanoparticle properties and radio-enhancement performance of the scaled-up particles were no different from those of the small-scale batch (Supporting Information, Figures S20 and S21). This direct demonstration of scalability illustrates the feasibility for large-scale production of ultrasmall group IV metal oxides necessary for future clinical application.

**CONCLUSIONS**

Taken together, we present a route to the scalable and sterile high-temperature production of ultrasmall, near-monodisperse, water-dispersible metal oxide nanoparticles with radio-enhancement activity. Flame spray pyrolysis enables scalable production of high-quality nanoparticle radio-enhancers, hence offering an attractive route to systematic investigations advancing the rationalized design of nanoparticle-radioenhanced radiotherapy agents. We further demonstrate in a direct comparison of morphologically similar nanoparticles with varying atomic number, that the radio-enhancement properties at ortho-voltage energies are dominated by physical effects, strongly depend on atomic number, and linearly depend on nanoparticle uptake. The approach presented here offers a route to rationalized material design and radio-enhancement performance optimization in cellular systems, which allow quantitative evaluation of the radio-enhancement performance under well-controlled conditions. By rationalizing material selection and providing a scalable and sterile route to the manufacturing of these materials, the presented strategy is foreseen to decisively contribute to the reduction of animal experiments in accordance with the 3R principles. More concretely, the direct comparison to gold supplies the rational for further clinical exploration of hafnia nanoparticles, which might be produced in the future via flame pyrolysis as a scalable, sterile, cost-effective, and robust alternative to current synthesis routes. This work provides important insights needed to guide future developments in the field of nanoparticle radioenhancers and, most crucially, provides scientists with a method to produce these materials at clinically relevant qualities and scales.

**EXPERIMENTAL SECTION**

**Wet Chemistry Synthesis.** For synthesis of TiO\(_2\), ZrO\(_2\), and HfO\(_2\) nanoparticles via the wet chemistry route, a surfactant free, solvent-controlled nonhydrolytic sol–gel route was applied. The methods of Buha et al. (HfO\(_2\)), Garnweitner et al. (ZrO\(_2\)), and Niederberger et al. (TiO\(_2\)) were used with minor adaptions (see the Supporting Information for detailed experimental procedures). After synthesis, nanoparticles were dialyzed in ultrapure water for at least 2 days using dialysis membranes (Spectra/Per, Spectrum Labs) with an MWCO of 6–8 kDa.

**FSP Synthesis.** Titania, zirconia, and hafnia nanoparticles were produced by flame spray pyrolysis. Precursor solutions were produced by dissolving titanium isopropoxide (TTIP, >97\%, Alfa Aesar) or zirconyl 2-ethylhexanoate (in mineral spirits, ~6\% Zr, STREM Chemicals) in xylene (>98.5\%, Sigma Aldrich) at a metal concentration of 0.16 M followed by magnetic stirring for 30 min. In the case of hafnia, the precursor hafnium isopropoxide isopropanol adduct (99\%, Alfa Aesar) was first dissolved in 2-ethylhexanoic acid (2-EHA, purity of 99\%, Sigma-Aldrich) at 120 °C under reflux overnight at a metal concentration of 0.96 M. This step was important to achieve a homogeneous nanoparticle size distribution. After cooling, the solution was diluted with five parts xylene to reach a final metal concentration of 0.16 M. The precursor solutions were fed at 3 mL min\(^{-1}\) through a thin capillary and dispersed into fine droplets by 5 L min\(^{-1}\) oxygen (PanGAS, purity >99\%) with a pressure drop of 1.5 bar. The spray flame was sustained by a ring-shaped pilot flame of premixed methane/oxygen fed at a ratio of 1.5/3.0 L min\(^{-1}\). Particles were collected on a glass microfiber filter unit (Whatman GF) connected to a gas pump (Busch Mink MM 1202 AV). After collection from the filter, the nanoparticle powder was sieved (mesh size = 250 μm) to remove the filter residues.

**Preparation of Nanoparticle Suspensions.** Wet chemistry-produced nanoparticles were used after dialysis. The nanoparticle concentration was determined by gravimetric analysis of the suspensions. FSP-synthesized particle suspensions were prepared by the addition of ultrapure water to a weighted amount of powder. All nanoparticle suspensions were vortexed and bath sonicated prior to use.

**Gold Nanoparticles.** Citrate-stabilized gold nanoparticles in water (1 mg mL\(^{-1}\)) with a nominal nanoparticle size of 5 ± 1 nm or 50 ± 4 nm and a purity of 99.99\% ("biopure") were purchased from nanoComposix (San Diego, US). Gold nanoparticles (150 nm) in citrate buffer were purchased from Sigma-Aldrich (product number 742058) and upconcentrated by centrifugation to reach a final concentration of 1 mg mL\(^{-1}\) before use.

**Nanoparticle Characterization.** Nanoparticles were characterized by X-ray diffraction (XRD), transmission electron microscopy (TEM), thermogravimetric analysis (TGA), N\(_2\)-adsorption (Brunauer–Emmett–Teller (BET)), dynamic light scattering (DLS), and zeta potential measurements. Full experimental details can be found in the Supporting Information.

**Cell Culture.** Human fibrosarcoma HT1080 (ATCC CCCL121) and human cervical carcinoma HeLa (ATCC CRMCCCL2) cells were cultured in Minimum Essential Medium (MEM) containing 10% fetal calf serum (FCS); 1% L-glutamine, penicillin–streptomycin–neomycin (PSN), and non-essential amino acids (NEAA); and 1 mM sodium pyruvate. NHDF (PromoCell, Germany) were cultured in Dulbecco’s Modified Eagle Medium (DMEM) with 10% FCS and 1% PSN. All cells were cultured at 37 °C in a humidified atmosphere containing 5% CO\(_2\). The cells were subcultured after growing to 60–80% confluency.

**Cytotoxicity Assay.** To evaluate the cytotoxicity of nanoparticles, nanoparticle stock suspensions were prepared in ultrapure water at 5 and 1 mg mL\(^{-1}\) nanoparticle concentrations. An amount of 10,000 cells was seeded in a sterile black 96-well plate with a transparent bottom in full cell culture medium (80 μL) and allowed to attach overnight. Then, to reach the final particle concentration and 100 μL total volume per well, the corresponding amounts of ultrapure water (vehicle control) and freshly prepared nanoparticle suspensions were added to the cells in quadruplicate (n = 4, technical replicates). The resulting final particle concentrations ranged from 0 to 0.1, 0.25, 0.5, and 1 mg mL\(^{-1}\). The total ultrapure water content per well was 20%. After nanoparticle addition, the cells were incubated for 24 h at 37 °C in a standard incubator. For the cytotoxicity assay, 50 μL of supernatant of each well was transferred to a new 96-well plate, and 50 μL lactate dehydrogenase substrate (LDH, Cytotox 96 Non-Radioactive Cytotoxicity Assay, Promega, G1780) was added. The plates were incubated in the dark for 30 min at room temperature, and the absorbance at 490 nm was measured using a Mithras LB 943 Multimode Plate Reader. To calculate LDH release, reader values were first background subtracted (mean of three background values) and subsequently normalized to the corresponding positive control.

**Cell Viability Assay.** To measure the viability of cells via ATP content, the left-over supernatant in each well was aspirated, and 50
μL of fresh full cell culture medium at room temperature was added to each well. Then, CellTiter-Glo Reagent (CellTiter-Glo Luminescent Cell Viability Assay, Promega, G7571) was added (1:1 volume) and incubated for 10 min at room temperature on a shaker in the dark. After another 20 min of incubation in the dark, the luminescence was recorded with the plate reader. Analysis of the reader values was performed by background subtraction and normalization to the corresponding negative control (100% viable).

Elemental Analysis Using Inductively Coupled Plasma Mass Spectrometry (ICP-MS). Prior to digestion, cell handling steps identical to an irradiation experiment (vide infra) were performed. In short, 2000 HT1080 cells per well were seeded in 290 μL cell medium in 48-well plates. After overnight attachment, 10 μL of a 0 (control), 200, or 1000 ng mL\(^{-1}\) aqueous dispersion of metal oxide or gold nanoparticles was added in triplicate. After 24 h, the nanoparticle-containing supernatants were removed, and the cells were washed 2× with PBS, trypsinized (80 μL), and covered again with culture medium. The cell number (to quantify uptake per cell) was determined by counting the cells from six pooled control wells using a hemocytometer. The remaining cell samples were harvested and stored at −20 °C for further analysis. Prior to ICP-MS analysis, samples were digested using the following procedure in a 50 mL Falcon tube, 150 μL of sample was mixed with aqua regia (3 mL of HCl + 1 mL of HNO\(_3\)) and 1 mL of HF (only added in the case of HNO\(_3\) (HfO\(_2\), ZrO\(_2\), and TiO\(_2\) nanoparticles) or 1% HCl (Au nanoparticles).

Elemental analysis was performed using an Agilent 7900 ICP-MS (Agilent Technologies, Santa Clara, US) instrument. To correct for non-spectral interferences (i.e., physical/matrix effects), an internal standard containing 100 ppb Sc, Ge, In, and Lu was mixed on-line with the samples, using a sample pump at a ratio of 1:10. All elements were measured in He mode. Element concentrations in undiluted samples were determined using matrix-matched calibration standards (i.e., spiked with cell medium matrix at the respective concentration). An external quality control standard (IV100, Inorganic Ventures, Christiansburg, Virginia, US) was used between samples to verify the calibration and monitor measurement stability. Given the mass density differences of the metal oxides and gold (\(\rho_{\text{HfO}_2} = 9.7 \, \text{g cm}^{-3}\), \(\rho_{\text{ZrO}_2} = 5.7 \, \text{g cm}^{-3}\), \(\rho_{\text{TiO}_2} = 9.7 \, \text{g cm}^{-3}\), and \(\rho_{\text{Au}} = 19.3 \, \text{g cm}^{-3}\)), the mass uptake was translated into number of N of 5 nm nanoparticles per cell with \(N = \frac{M_{\text{cell}}}{V_{\text{NP}} \cdot \rho_{\text{NP}} \cdot \rho_{\text{cell}}}\), where \(V_{\text{NP}}\) is the spherical nanoparticle volume and \(r = 2.5 \, \text{nm}, \rho_{\text{NP}}\) is the density of the nanoparticle, and \(M_{\text{cell}}\) is the total nanoparticle mass per cell.

Scanning Transmission Electron Microscopy (STEM) of Cells—Sample Preparation, Imaging, and Analysis. For imaging, 1.4 × 10^4 cells were seeded in 8 mL of culture medium in a T25 cell culture flask. After overnight attachment, 700 μL of the corresponding 1 mg mL\(^{-1}\) nanoparticle suspensions was added. After a 24 h incubation time, the cells were washed with PBS, detached using 1 mL of Accutase, washed, and fixed with 2.5% glutaraldehyde in 0.1 M cacodylate buffer for 1.5 h. The cell pellets were stained with 2% osmium tetroxide and 1.5% potassium ferricyanide for 1 h, gradually dehydrated using an ethanol gradient (50, 60, 70, 80, 90, 100, 100, and 100%), and embedded in epioxy resin (EPON 812 kit, Sigma Aldrich), first together with ethanol (1:2 and 1:1, each for 3 h) and subsequently with pure resin overnight. After another two resin changes, each for 3 h, the resin blocks were cured in an oven at 60 °C for 72 h, trimmed with a razor blade, and sectioned into sections with 100 nm thickness using an ultramicrotome. Sections were imaged using a FEI Helios and FEI NanoSEM 230 scanning electron microscope operated in transmission mode at 20 kV. The FEI Helios instrument was equipped with a high annular dark-field detector. With the FEI NanoSEM 230 instrument, a secondary electron and backscattering electron detector were used. Electron micrographs were analyzed using ImageJ (U.S. National Institutes of Health, Bethesda, Maryland, USA). The intracellular nanoparticle agglomerates were outlined (using thresholding) and analyzed (Feret diameters: longest distance between any two points along the selection boundary; total nanoparticle agglomerate area per cell). Watershedding was used to break the assembled agglomerates.

Irradiation Setup. For irradiation of cells, a PMMA phantom was assembled in-house with a recess in its volume center designed to fit a 48-well plate (TPP, Techno Plastic Products AG, Switzerland). The phantom consisted of two equally sized slabs with dimensions of 4 × 40 × 40 cm\(^2\) each, similar to the one described by Tesei et al.\(^{67}\) From the center recess to one of the sides, an inlet was installed to fit a dosimetry cable with 8 mm diameter. A calibrated ionization chamber (N31003, PTW, Freiburg, Germany) connected to a UNIDOS\(^{68}\) dosimeter (PTW, Freiburg, Germany) was used to assess the dose rate at the location of the cell plate recess before cell irradiation. This item was placed next to the cell plate during irradiation to ensure dose supply (see Figure S22 in the Supporting Information). A 12 mm aluminum filter was placed on top of the phantom. A 450 kV X-ray tube source (Seifei ISOVOLT 450, GE Sensing & Inspection Technologies GmbH, Germany) was placed 50 cm above the bottom phantom slab and used at a voltage of 150 kV and a current of 20 mA. The dose rate at the point of the cell plate was 0.6 Gy min\(^{-1}\).

Cell Irradiation Experiments and Analysis. To study cell survival after irradiation, 2000 cells (HT1080, HeLa or NHDF) in 290 μL of cell medium were seeded in a 48-well plate and allowed to attach overnight. On the next day, 10 μL of a 0.2 or 1 mg mL\(^{-1}\) aqueous nanoparticle suspension or ultrapure water vehicle controls was added to each well in quintuplicates (\(n = 5\), technical replicates) per irradiation condition. For the comparison study of FSP vs WetChem nanoparticles, experiments were performed in triplicate (\(n = 3\)) to fit on one plate. After 24 h, the medium was removed by aspiration, and the wells were washed with PBS (2×) and filled with 500 μL of fresh medium. Thereafter, all plates were placed on ice and transported to the irradiation facilities (45 min). After an equilibration phase of 30 min, the cell plates were irradiated with 0, 2, 4, 6, and 8 Gy, placed back on ice for another 45 min, and placed in the culture incubator. Medium (300 μL) was replaced every 2–4 days. After 7–8 days post-irradiation, the control wells reached confluence, and a CellTiter-Glo assay was performed using 90 μL of medium and 90 μL of CellTiter-Glo reagent, similar to the viability assay described previously. Samples were transferred from a transparent 48-well plate into a white opaque 96-well plate for measurement in a plate reader, avoiding well-to-well crosstalk. The luminescence signals were expressed relative to the non-irradiated cells as

\[
\text{surviving fraction} = \frac{\text{luminescence of irradiated cells} - \text{background}}{\text{luminescence of non-irradiated cells} - \text{background}}\]

The data fit to a linear quadratic model using MATLAB (R2019b, The MathWorks, Inc., Natick, Massachusetts, United States) as

\[
\text{surviving fraction} = e^{-\alpha D - \beta D^2}
\]

where \(D\) is the exposed dose in Gy and \(\alpha\) and \(\beta\) are the parameters describing the cell radio-sensitivity.\(^{69}\) The data from the 0 Gy exposure were used to calculate the long-term viability of 24 h nanoparticle-treated cells compared with untreated cells.

In Vitro Dose Calculations and Size Measurements. For size measurements of nanoparticles in cell medium, aqueous nanoparticle suspensions (1 mg mL\(^{-1}\)) were sonicated for 15 min and diluted in fully supplemented medium to a final concentration of 33 μg mL\(^{-1}\) corresponding to the higher concentration used in irradiation experiments. To calculate the bottom concentration of nanoparticles in a 96-well or 48-well plate, a MATLAB code using the modified distorted grid model supplied by DeLoid et al.\(^{70}\) was used. Model inputs included material densities and effective agglomerate densities, material size distributions (number-weighted) as measured by DLS, media column height (3.0 mm for 100 μL in 96-well plates and 3.4

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mm for 300 μL in 48-well plates), media properties such as temperature (37 °C), density (ρ\text{media} = 1.01 g cm\(^{-3}\)), and dynamic viscosity (0.0008 Pa s), and administered (initial suspension) particle concentration (33 μg mL\(^{-1}\) in the case of 48-well). The agglomerate effective density was calculated with the sterling equation given by DeLoid et al. using a fractal dimension DF = 2.3 and the z-average as hydrodynamic diameter \(d_{H}\). With the density of the media \(\rho_{\text{media}}\) and of the particles \(\rho_{\text{p}}\), the agglomerate effective density was calculated as

\[
\rho_{E} = (1 - \varepsilon_{a})\rho_{\text{p}} + \varepsilon_{a}\rho_{\text{media}}
\]

where \(\varepsilon_{a} = 1 - \left(\frac{d_{H}}{d_{\text{media}}}\right)^{2\cdot3}\) is the agglomerate porosity. For the cytotoxicity dosimetry calculations (96-well), sedimentation calculations were performed using only the number-weighted hydrodynamic diameter as input and was calculated as

\[
d_{N}(N) = \sum_{i} f_{N,i} d_{H,i}
\]

where \(f_{N,i}\) is the number fraction of each diameter \(d_{H,i}\). Dosimetry calculations corresponding to the irradiation experiments (48-well) were performed using the full number-weighted size distribution as an input.

**Monte Carlo Simulations.** The kilovoltage photon interactions with a single nanoparticle and the total energy emission calculations were kindly reported and provided by McMahon et al.\(^{37}\) In short, McMahon et al. modeled the radiation–nanoparticle interactions and the resulting radial dose distributions using Geant4 by placing individual 20 nm diameter nanoparticles within the center of a cube of water with 10 μm sides and allowing interaction with monenergetic keV X-rays (tuned to 20 keV above the K-edge). The resulting total energy per ionizing event from a nanoparticle surface and its contribution from electrons or photons for a Ti, Zr, and Hf nanoparticle were calculated by summing the product of the electron or photon spectra with their energy using MATLAB, reflecting those values reported from the original paper.

**HfO\(_{2}\) Scale-Up.** The large batch of HfO\(_{2}\) nanopowder was produced jointly with Avantama Ltd. by providing them with the precursor recipe. HfO\(_{2}\) was prepared by flame spray synthesis using a precursor solution of hafnium isopropoxide (Alfa Aesar H52288) in 2-ethylhexanoic acid (SAFC Q64930), and the solution was diluted with 30 wt % xylene. The precursor was fed (7 mL min\(^{-1}\); HNP Mikrosysteme 4605, micro annular gear pump) to a spray nozzle, dispersed by oxygen (13 L min\(^{-1}\)), and ignited by a premixed methanol–oxygen flame (CH\(_{4}\): 12.2 L min\(^{-1}\) and O\(_{2}\): 2.2 L min\(^{-1}\), both Messer AG). The off-gas was filtered through a steel mesh filter (20 micron mesh size) using a vacuum pump (Busch Mink MM 1142BV) at approximately 30 m 3 h\(^{-1}\). The obtained dry HfO\(_{2}\) nanopowder was collected from the filter mesh. The characterization, cytotoxicity, and radio-enhancement efficacies were measured according to the aforementioned procedures, with slight adaptations (dose rate of 1.2 Gy min\(^{-1}\) using a 2 mm aluminum filter). To compare the scale-up batch to the lab batch, radio-enhancement efficiencies in HT1080 cells were assessed 4 days post-irradiation based on the above protocols.

**ASSOCIATED CONTENT**

Supporting Information The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.chemmater.0c04565.

- (Table S1) \(d\)-spacings from HRTEM pictures; (Table S2) XRD sizes; (Table S3) average hydrodynamic diameters; (Table S4) comparison of Au NP uptake into cells; (Table S5) \(D_{90}\%\) and \(\text{DMR}_{90}\%\) values for all NPs; (Figure S1) XRD patterns; (Figure S2) Rietveld refinement; (Figure S3) TEM and XRD for ZrO\(_{2}\) as a function of reaction time; (Figure S4) TGA and DTG data; (Figure S5) DLS in medium and dosimetry calculations; (Figure S6) photographs of NP suspensions; (Figure S7) UV-sedimentation data; (Figure S8) TEM micrographs of air-dried NP suspensions; (Figure S9) HeLa toxicity; (Figure S10) NHDF toxicity; (Figure S11) nanoparticle cellular uptake for HeLa and NHDF cell lines; (Figure S12) STEM images of cellular uptake; (Figure S13) intracellular NP area fraction; (Figure S14) long-term toxicity HT1080; (Figure S15) long-term toxicity for all cell lines; (Figure S16) survival fractions and toxicity effect for differently sized gold nanoparticles; (Figure S17) dose enhancement efficiency of nanoparticles in HeLa cells; (Figure S18) survival fraction summary; (Figure S19) comparison between clonogenic and metabolic assay; (Figure S20) physicochemical characteristics of upscaled batch; (Figure S21) survival fraction for lab and upscaled batch; and (Figure S22) irradiation setup (PDF).

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Author Contributions
L.R.H. contributed to the study design, performed experiments, analyzed data, and drafted the manuscript. A.L.N. helped with irradiation experiments and performed the clonogenic assay. P.M.G., K.K., and A.H.C.A. helped with nanoparticle synthesis and characterization. A.G. developed and performed elemental analysis protocols and acquired STEM of cells. L.A. helped with hydrofluoric acid digestion of nanoparticles. S.E.P. and L.P. actively provided input. I.K.H. conceived and supervised the study and edited the manuscript. All authors contributed to the manuscript writing and have given approval to the final version of the manuscript.

Notes
The authors declare no competing financial interest. Parts of the schematics in Figure 1 and the TOC were created using BioRender.com.

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